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# Island Sun

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SANIBEL & CAPTIVA ISLANDS, FLORIDA

MARCH 24, 2017

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## Four Locations Targeted For Prescribed Burns

by Jeff Lysiak

Often when people see a large amount of smoke or flames spreading across a densely vegetated area, their initial reaction may be to panic. Islanders, however, may see some activity during the spring season that is being prescribed in order to reduce the likelihood of catastrophic wildfires and help preserve the natural ecology of the area.

Over the next few months, officials at the JN “Ding” Darling National Wildlife Refuge will be looking to set controlled burns of the Botanical Site – located west of Rabbit Road and east of the Gulf Pines development – on Sanibel. They will be assisted by members of the U.S. Fish & Wildlife Service, the State of Florida Department of Forestry, Sanibel-Captiva Conservation Foundation (SCCF), Sanibel Fire & Rescue District and Sanibel Police Department.

This year’s four individual sites scheduled for burning are:



Approximately 20 acres of the Sanibel Gardens Preserve underwent a prescribed burn last summer in an effort to rid the land of overgrown vegetation photo by Jeff Lysiak

- Botanical Site (JN “Ding” Darling National Wildlife Refuge)
- Frannie’s Preserve/Johnson Tract (SCCF)
- Sanibel Gardens Preserve (City of Sanibel/SCCF)
- North Center Tract (SCCF)

However, given the excessively dry conditions experienced throughout Southwest Florida recently, the burns prescribed for 2017 may never happen. “We’re not going to put any lives or

property in danger just to complete this year’s burns,” said Cass Palmer, U.S. Fish & Wildlife Service fire management officer, who noted that the region has received just two inches of rainfall since November, the driest period since 1958. “There’s no way in hell we’ll do anything unless we have the right conditions.”

On March 16, members of the refuge staff as well as experts in fire management – collectively known as the Sanibel Firewise Task Force – staged an

informational meeting at the refuge’s Visitor & Education Center auditorium to discuss the burn plan and address any questions or concerns.

“Right now, we’re looking to start our prescribed burn plans the week after Easter,” said Greg Suslick of the U.S. Fish & Wildlife Service, who noted that they are also considering a burn of the area around Legion Curve along Sanibel-Captiva Road. “But trying to narrow it down to find one particular day we’ll be burning is a challenge.”

According to Jeremy Conrad, wildlife biologist at the refuge, conducting prescribed burns at dedicated areas of the island where there is evidence of dead trees and overgrowth actually minimizes the threat of a catastrophic wildfire while maintaining public safety.

A secondary benefit of the burn is to wildlife, which will improve the habitat of several native species. These include the gopher tortoise, the eastern indigo snake and the Sanibel rice rat.

Smoke is another concern, therefore, plans call for specific wind conditions to minimize smoke impacts to roads and communities. A prescribed fire will not be conducted if the prescription cannot be met (i.e. if the proper wind conditions and

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## LeBuff Delivers Lecture On Crocodiles

by Jeff Lysiak

On March 15, longtime Sanibel resident and author Charles LeBuff delivered a lecture on the American crocodile, discussing the characteristics, range, biology and behavior of this little known reptile species which – in the case of a crocodile nicknamed Wilma – used to be considered one of Sanibel’s most famous native residents.

Speaking to a crowd at the Sanibel-Captiva Conservation Foundation’s Nature Center, LeBuff shared some of his encounters with both crocodiles and alligators over his years working as a biologist at the JN “Ding” Darling National Wildlife Refuge – which began in 1958 – and as a wildlife technician and researcher for the U.S. Fish & Wildlife Service.

Between 1955 and 1956, LeBuff participated in an alligator study in the Big Cypress Basin, counting more than 2,000 alligators in local waters. Between 1959 and 1971, he estimated that around 500 alligators could be found on Sanibel. He and

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Crocodile expert and author Charles LeBuff hands an autographed copy of his latest book to refuge manager Paul Tritaik last week at the SCCF Nature Center photo by Jeff Lysiak

## Mayor, Vice Mayor Reappointed

by Jeff Lysiak

During Tuesday’s annual Sanibel City Council reorganization meeting, both Mayor Kevin Ruane and Vice Mayor Mick Denham were returned to their appointed positions for another year while newly-elected councilman Jason Maughan was welcomed to the city’s municipal leadership.

Ruane was reappointed mayor by a 3-to-2 vote after being nominated to return to the post by Denham. Maughan nominated fellow councilman Chauncey Goss for the

mayoral position, however, the majority of the five-member panel (Ruane, Denham and Jim Jennings) voted in favor of Ruane to serve his eighth stint as city chief.

Denham’s appointment as vice mayor was unanimous.

The first order of business the council tended to was approving the first reading of two ordinances that will have their public hearings on Tuesday, April 4. The first is an amendment to the Sanibel Code which will prohibit the harvesting and

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Members of the Sanibel City Council for 2017 include, from left, Jim Jennings, Mick Denham, Jason Maughan, Kevin Ruane and Chauncey Goss. On Tuesday, Ruane was re-appointed mayor while Denham returned as vice mayor for another year. photo by Jeff Lysiak



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## Children's Spring Festival Coming April 15

The 23rd annual Children's Education Center of the Islands Spring Festival will be held at Sanibel Community Park, next to the playground on Periwinkle Way, on Saturday, April 15 from 9 to 11 a.m. and all families are invited. The festivities will begin at 9 a.m. with a free Easter egg hunt for children of all ages.

The games, contests and crafts will begin immediately after and will continue until 11 a.m. A \$10 armband will allow each child unlimited fun to participate in all activities. The festival will include pony and unicorn rides, a bounce house, giant slide and other crafts and games. The Easter Bunny will be available at 10:15 a.m. for pictures. The festival will also include a silent auction with over 60 baskets to choose from.

The Children's Education Center of the Islands is a non-profit school run by a parent board. The school relies on the support of the community. Proceeds from the Spring Festival will benefit the center's scholarship fund and capital improvements. For more information, call 472-4538.✱



Youngsters getting ready for this year's Spring Festival photo provided

## Benefits Of Adult Education And Mentoring

submitted by Maggie Goldsmith

FISH of SanCap is proud to announce that a young woman who received an adult education scholarship from FISH and tutoring and mentoring services through their partnership with the Zonta Club of Sanibel-Captiva has completed her nursing courses with a passing grade and graduated earlier this month.

"Many hours were spent preparing, studying, teaching and learning over a seven-month period to get her ready for

graduation," said Janine, a local Zonta member. "I always had confidence in her that she had the strength necessary to make her dreams a reality, in spite of the many challenges she has had to overcome in her life. Thank you to everyone for all your morale boosting, small gifts that made a difference, and being there by just listening when we felt overwhelmed. Her success is ours, and I could not be happier than to have participated in her learning journey. The partnership with FISH and the opportunity to help young women learn and grow is heartwarming."

For additional information on all the programs, services and workshops offered by FISH, call the FISH Walk-In Center at 472-4775.✱

## Scholarship Applications

The Sanibel-Captiva Kiwanis Club is accepting scholarship applications for the 2017-18 school year.

Scholarships of \$3,000 per year, over a period of four years, will be awarded. Several one-year scholarships in varying amounts are also available.

Eligible applicants must be Sanibel or Captiva residents, employed full time on the islands or a family member of such (of any age) attending a college or vocational school.

The club collects the applications and an independent committee makes the selection.

Applications must be submitted by March 31. They can be obtained by directly accessing the Kiwanis website at [www.SanibelKiwanis.org](http://www.SanibelKiwanis.org) or by contacting

any of the following: Loretta Kupper (579-0660 or [loretta@sanibelinsurance.com](mailto:loretta@sanibelinsurance.com)), Bill Traum (561-2900 or [billtraum@me.com](mailto:billtraum@me.com)) or Chris Heidrick (579-0660 or [chris@sanibelinsurance.com](mailto:chris@sanibelinsurance.com)).✱

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# Seahorse Festival This Saturday At Sanibel School

The Sanibel School PTA is hosting its annual fundraiser, the Seahorse Festival, on Saturday, March 25 from 4 to 7 p.m. at The Sanibel School. This year's festival will include inflatable rides, a rock climbing wall, bungee jumping, games, face painting and entertainment from the students of the school. Members of the community are invited to attend.

The students in elementary grade levels made classroom projects with their teachers which will be up for bid in the silent auction. Some of the artistic works include a photograph print, a handmade quilt and woodwork items. "It is exciting to have the students and teachers collaborate on projects to add to the success of the festival," said Melissa Congress, PTA president.

The silent auction items include vacations stays, excursions, gift cards to local restaurants, jewelry, gift baskets, clothing and golf packages. Proceeds benefit students in grades kindergarten through eight with classroom wish lists, new computers and software, reading materials, performing arts supplies and the leadership program by Franklin Covey.

Wristbands are \$15 for children and include all the attractions at the festival. Food and beverage tickets are available for purchase. Food is provided by South Seas Island Resort. Commemorative Seahorse Festival T-shirts will also be on sale.

The Sanibel School is located at 3840 Sanibel-Captiva Road. For more information, call 472-1617.\*



Youngsters taking their best shot at the inflatable basketball challenge at last year's Seahorse Festival, a fundraiser which will return this Saturday, March 25 at The Sanibel School

photo by Jeff Lysick



Bathing Party at Dr. Hicks photo courtesy Captiva Island Historical Society Archives  
Captiva Island Historical Society

## Looking Back: Dr. Hicks And Family

This week's image features Dr. Hicks and his family on the beach in Captiva in the early 1900s.

The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane on Captiva and open during library hours.

Visit the Captiva Island Historical Society website [www.captivaislandhistoricalsociety.org/archives/research](http://www.captivaislandhistoricalsociety.org/archives/research) to view many more images to bring you closer to Captiva.\*



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## Lecture On History Of The Caloosahatchee

Rae Ann Wessel, natural resource policy director at the Sanibel-Captiva Conservation Foundation, will speak during the final Island Voices lecture of the season on Wednesday, April 5 at the Captiva Civic Center, located at 11550 Chapin Lane. Complimentary beverages and hors d'oeuvres will be served from 5:30 to 6 p.m., with the program to follow. All are welcome to attend; limited seating is available.

Wessel will share her extensive knowledge of the Caloosahatchee and its early importance and original purpose: transporting goods and produce to and from the inland communities and the islands.

The Caloosahatchee was once a sinuous, slow moving river with headwaters just east of LaBelle. In a push in the late 19th century, not only to drain land for agriculture but also to improve the water highway system to accommodate steamers, the Caloosahatchee was dredged and straightened. It is no longer the river it was 150 years ago.

Wessel is a limnologist and marine scientist with over 30 years of experience working in the environmental field in South Florida. She began her work in Southwest



Rae Ann Wessel photos provided

Florida defending the mangrove forests of Lee and Collier counties. She started her own consulting business to work within the laws preserving wetland habitats, helping landowners find a niche for their homes and saving the natural resources.

For 21 years, Wessel has guided Oxbow and Riverlore Cruises on the Caloosahatchee, sharing the history, folklore, ecology and current issues related to this historic river.

For more information, contact the Captiva Island Historical Society at 472-2323.\*

## OBITUARY

### BARBARA BEAVEN SPOEHR

With sadness and celebration of a life well lived, abundant with blessings, Barbara Beaven Spoehr, age 91, of 235 Walker Street, Lenox, Massachusetts, formerly of Sanibel Island, Florida, passed away on March 17, 2017. Barbara was born December 10, 1925 to Joseph Carey Beaven and Marjorie Wetmore Beaven. The most formative years of her youth were spent in Kenilworth, Illinois.

Barbara met her high school sweetheart, lifetime love, and husband David Affleck Spoehr of Winnetka, Illinois. She graduated from New Trier High School and obtained her undergraduate degree from Northwestern University. She will be remembered for creating a warm and welcoming home environment. Her creative writing and culinary skills will last in the hearts of those who sat at her table or whose lives she touched.

She was always gracious and resilient in the face of life's challenges. In 2004, following the loss of her husband of 53 years, she began a personal renaissance discovering and developing her artistic talents. Through the medium of watercolors and a palette of earth tones, she produced a small legacy of paintings and compositions. A valentine of sorts, passed down to family and friends. Barbara will always be remembered for her love of community,

church, volunteer activities, family and nurturing many loyal friendships.

She is survived by her children Douglas B. and spouse Nanette C. Spoehr; Steven D. and spouse Leigh Spoehr; Virginia A. (Spoehr) Miller and spouse Robert Miller; by her seven grandchildren David Spoehr, Sarah Spoehr, Erica Buckley, Elisabeth Lamoureux, Gillian Spoehr, Lauren Spoehr and Alec Spoehr; and great grandchildren Teagan Buckley, Colton Buckley, Camden Lamoureux, Alaina Lamoureux and Theodore Alexander Spoehr, Maxwell Isaac Yiu Kwong Spoehr; sister Virginia Pacala and brother Bruce Beaven.

A private memorial service will be conducted at a later date. Contributions are encouraged to the Alzheimer's Association, P.O. Box 96011, Washington, DC 20090 or Kenilworth Union Church, 211 Kenilworth Ave., Kenilworth, IL 60043; the oldest non-denominational church in the United States she dearly loved and whose Carillon Tower is dedicated in the memory of her father, Joseph Beaven. Barbara's life affirmed the stately tower carillons who to this day produce beautiful resonant music throughout the Kenilworth community.

The family wishes to gratefully acknowledge the Kimball Farms Life Enhancement Program (LEP) for their unwavering kindness, compassionate and dignified care. Visit [www.wellingtonfuneralhome.com](http://www.wellingtonfuneralhome.com) to leave condolences for her family. \*



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Members of the Sanibel Firewise Task Force gathered at the Visitor & Education Center at JN "Ding" Darling National Wildlife Refuge last week to discuss this year's prescribed burn plan

photo by Jeff Lysiak



A prescribed burn in progress at the Bailey Tract in July 2014 photo courtesy Toni Westland

From page 1

## Prescribed Burns

relative humidity are not present on the day of the planned burn, the burn will not be conducted).

Purposefully setting and controlling fires can actually help prevent wild fires. This technique, often called a "prescribed fire," will reduce the amount of dried vegetation, or "fuel." When conducting prescribed fires, managers consider environmental conditions such as temperature, relative humidity, recent rainfall, wind speed and direction, soil moisture, fuel conditions and the type of burn that can be conducted. Following a predefined "prescription" allows fire management officers to determine the desired fire behavior (i.e. intensity, flame

length, direction of fire spread and smoke).

"When you burn dry and overgrown spartina, it's kinda like giving it a haircut," said Joel Caouette, conservation officer for the City of Sanibel. "When it grows back, it's nicer and healthier than before."

Supervisory Refuge Ranger Toni Westland explained that during the prescribed burn, residents and visitors are encouraged to close windows and cover pools, move cars and furniture indoors, stay indoors to minimize the impacts from smoke, visit other areas of the island away from the burn site and abide by all signs, road closures, and instructions about closed areas provided by law enforcement and fire personnel.

Information about when the burns will be staged will be distributed via mailbox hangtags for residences and businesses adjacent to burn sites. Local media will be updated and information posted on various websites – including [www.firewise.org](http://www.firewise.org) and the City of Sanibel's own [www.mysanibel.com](http://www.mysanibel.com) – as well as with the use of temporary warning signs positioned on the island. Questions about the controlled burns can be answered by calling the refuge office at 472-1100 ext. 237. Also, a public information booth will be set up either in front of Bailey's General Store or at the Sanibel Recreation Center, with task force members available to answer any questions.

People who may be sensitive to smoke should register with City of Sanibel Conservation Officer Joel Caouette at



# Sanibel Historical Village

## Sanibel Historical Village Announces New Location For Twilight Talk

**Apr. 3:** The new Sanibel Heritage Trail is coming soon. The trail is comprised of new interpretive panels installed along the city's shared-use paths. Members of the Sanibel Historical Preservation Committee will also be on hand to share their personal experiences with the history of the island. Tickets are \$10; call Emilie at 472-4648 or [info@sanibelmuseum.org](mailto:info@sanibelmuseum.org).  
**7 p.m., At The Sanibel Community House**

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RSVP to Emilie Alfino, Sanibel Historical Village, 239-472-4648, or email [info@sanibelmuseum.org](mailto:info@sanibelmuseum.org),  
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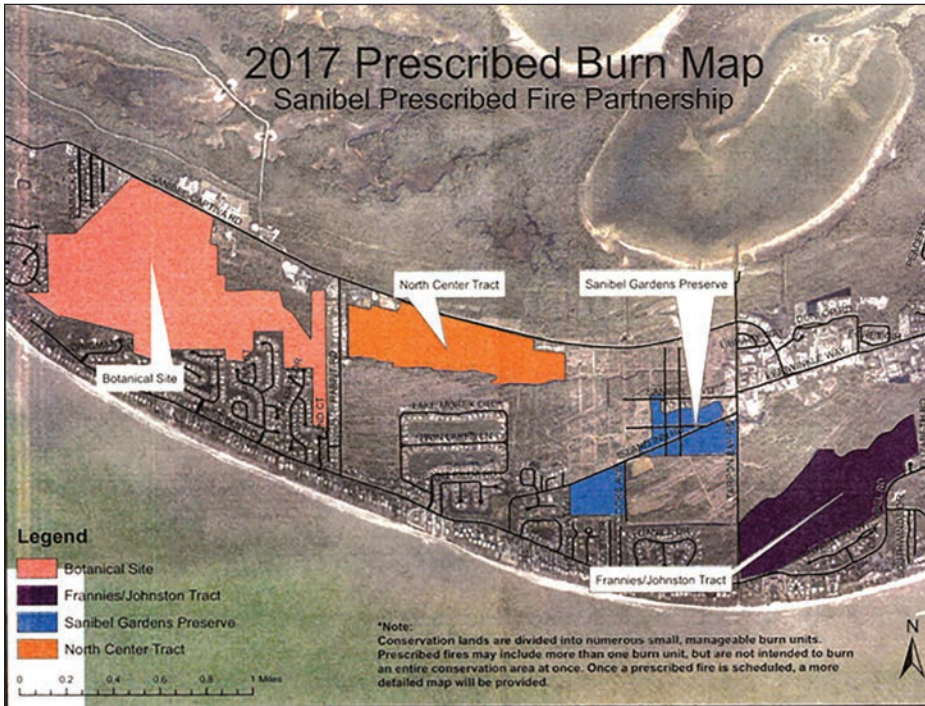


472-3700 or joel.caouette@mysanibel.com.

After the prescribed burn has been completed, there may be occasional smoke or burning embers seen from the burned area for several days. Fire personnel will monitor the burned area and adjacent roads, day and night, taking all precautions and maintaining readiness to minimize fire activity and smoke impacts to the public. People should not be alarmed if they see smoke or burning embers within a burned area.

"Once the burns are done, we'll be here as long as it takes to make sure everything's safe," added Palmer.

For additional information regarding fire and prescribed burning on Sanibel, contact the City of Sanibel Natural Resources Department at 472-3700.\*



Map of the four areas scheduled for prescribed burns this spring and/or summer

image courtesy USFWS

## Keeping An Eye On A Local Senior: A Volunteer's Story

submitted by FISH of SanCap

Ed was a victim of habit. Every morning, without fail, he would take his BMW convertible – "Old Bet," he calls her – with the top down, to Lighthouse Beach for sunrise. Ed loved that car; it was his baby. Afterwards, he would meet "the boys" for coffee, returning home around 11 a.m. for lunch and a nap. Faithfully at 2 p.m., he would walk down his long drive to pick up the mail and chat with neighbors. I so enjoy chatting with Ed. He is a great storyteller, and has many to share. A long-time islander, Ed is turning 93 this year, and he couldn't be happier.

Lately, though, Ed hasn't seemed quite right. He's missed a few sunrises, and has been late for his mail pick up. Ed, being almost militaristic in his routine for all the years I've known him, just wasn't himself. Concerned, I knocked on his door one afternoon and asked if we could visit for a while. Ed, forcing a smile, looked pale and weak. We chatted for a while, and I noticed his movements were much slower than usual, his hands shaking. He said he was slowing down a bit, that he was tired.

Concerned, I asked if I could bring a friend, someone from FISH, to visit with him. Jokingly, Ed said, "Sure! For

as many years as I've been alive, I've never had a visit from a FISH before." We chuckled, he excused himself for a nap, and I called FISH of SanCap.

Being a FISH volunteer, I was familiar with their visitation, home health and reassurance call programs. I also knew they were the island source for all sorts of help, for all sorts of people. I explained my concern for Ed and FISH quickly set up a home health visit with Sandy, one of their retired RN volunteers. A few days later, we both visited Ed. He seemed better that day, and I felt relieved. I couldn't help but wonder, had I overreacted?

Ed began his storytelling, something he was so good at, and said that he wished he could play the guitar like he used to back in the day, but his arthritis was getting the better of him lately. He mentioned even walking was so painful. He also said he could no longer do his morning stretches or open a can of tuna. In Ed's humorous ridicule, he said he thought we should all do some yoga, but if he got down on the floor, he wasn't sure he'd be able to get up again.

Sandy knew all the right questions to ask. She inquired about his health, doctors and medications. Ed told her that for quite a while he had been taking medicine, prescribed by his doctor, for severe arthritis. Over the last few months, though, he had stopped taking it. When asked why, Ed explained that the medicine used to

continued on page 14

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the Sun, the Moon  
and the Stars*

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The newest member of the city council, Jason Maughan, is sworn-in by Sanibel City Clerk Pamela Smith. Also pictured is Maughan's wife, Barbara, and son, Ronan, holding the family Bible.

From page 1

## City Council

possession of live shellfish; the second is to establish a temporary nine-month moratorium on dispensing businesses for medical marijuana.

During the consent agenda, the council passed a number of items including:

- A resolution designating the Sanibel Public Library District's proposed renovation project – "Your Library Reimagined" – as a city exempt project
- Awarding the 2017 Boat Ramp Rehabilitation Project to SteMic Enterprises, Inc. for \$285,532
- Awarding the 2017 Boardwalk and Dune Walkover Project to Bayshore Construction, Inc. for \$165,426
- Awarding the "Living Shoreline" Shoreline Stabilization at Lighthouse Beach Park Project to SteMic Enterprises, Inc. for \$102,551

Council also approved a number of committee appointments, including Nancy Bender, Maggi Feiner, Richard McCurry and Barry Roth to the city's Recreation Financial Assistance Committee; Susan Cassell, Sheila Fortney, Deb Gleason, Yvonne Hill, Jim Pickens, Ty Symroski and Don Adams (emeritus) to the city's Historical Preservation Committee; and Dan Drucker, Phyllis Gresham, Gloria Hannan, Pamela Miller, Anita Poling, Berdenna Thompson, Ruth Brooks (adjunct), Karen Conlon (adjunct), Jonathan Dean (adjunct) and Carol Gestwicki (adjunct) to the city's Vegetation Committee.

In other business, Ruane called for a workshop session to be conducted between members of the city council and architect Henry Woodroffe to discuss the initial planning, design and cost estimates for the Center 4 Life renovation/replacement project. According to City Manager Judie Zimomra, that session has tentatively been scheduled for Tuesday, May 16 at MacKenzie Hall; a time for the meeting has not been determined. Members of the public will be welcome to attend and provide input.\*



Mayor Kevin Ruane, joined by his wife, Doreen, is sworn-in on Tuesday morning by Sanibel City Clerk Pamela Smith



Mick Denham, joined by his wife, Sue, is sworn-in as Sanibel Vice Mayor by Sanibel City Clerk Pamela Smith

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## Fourth Graders Predict What Sanibel Will Look Like In 50 Years



Fourth graders from Julie Wappes' class at The Sanibel School pose for a picture with Ken Burgener, right, who asked the students to write an essay on what Sanibel will look like in the year 2066

photo by Jeff Lysiak

by Jeff Lysiak

An essay assignment which asked a group of fourth grade students at The Sanibel School what they think their island home will look like 50 years from now has resulted in some thoughtful, funny and provocative responses.

Earlier this school year, local students – ages 9 and 10 – were asked, “What do you think Sanibel will look like in 2066?” They were also asked what they will be

doing 50 years from now.

According to Sanibel resident Ken Burgener, who conceived of the idea of having students submit their predictions via an essay, remembered that when he was a youngster, he and his classmates were asked to place personal items into a time capsule. That was some 45 years ago.

“I don’t remember everything that we put into the capsule, but I guess they’ll be opening it in about five years,” Burgener

told Julie Wappes’ fourth grade class last week. He also said that the students’ essays will be placed into a capsule and buried on the grounds of The Community House once the Sanibel Community Association’s board approves a location for the vessel to be hidden.

Wappes recalled that a time capsule was discovered on the grounds of The Sanibel School when it underwent an expansion from an elementary school to a K-8 educational campus in 2003. “They found some letters written by students from the island,” she explained.

Here is a portion of some of the essay responses delivered to Burgener:

“I think Sanibel will have a bunch of new electronics like flying flip-flops, flying surfboards or even giant sand castle makers,” wrote Julia Lemmon, 10. “I mean it’s possible because a long time ago, people thought planes and cars were impossible, but someone made those items and it worked.”

“When people get on the floating island Sanibel, they can ride floating bikes or walk on the floating path,” Landon Williams, 10, predicted. “If someone falls off, a flying robot will come and grab you and put you back on the path. If little kids don’t know how to ride a bike, robots will teach them how to.”

“Fifty years from now, I will have five kids. I would become the first girl president,” wrote Grace Mitchell, 9. “The Sanibel School would have a new principal and have computer teachers. School would only go four hours instead of six. And there would be more lunch time.”

“In 50 years, I think that Sanibel will be the next Atlantis,” Luke Williams, 9, wrote in his essay. “With global warming going on, Sanibel won’t be floating any longer. Hopefully you take this as a real warning, because it is.”

“The music will probably be different and sound like robot sounds because the president will be a kid and kids like weird, crazy music,” Kayce Nette, 10, predicted. “The water here might be better and cleaner because more people will help save the water from getting polluted.”

“People will use transporters instead of cars. Cars will be made into scrap metal and then made into transporters so every family can have one. There will still be boat races for people to enjoy though,” wrote Johnny Clark, 10. “Children won’t have to go to school because they’ll have implants in their heads that tell them everything they need to know.”

“I think that there is going to be only roads that locals can go on,” Lily Lockard, 9, guessed. “That will prevent less traffic.”

“If Sanibel is under water, everything would float away in the current. Here are two ways our homes will not float away: We could build shell mounds like the Calusa did or we could all live in submarines,” wrote Colton Sullivan, 9. “When I’m an adult, I would like Sanibel to be like it is now. I don’t like fancy technology and humongous buildings. I’m an island boy and hopefully it will stay like that forever!”

Other participating students included Tony Underwood, Sonia Otalvaro, Sean Sawicki and Kate Doster.\*



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#### Jungle Book

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\$10 - Adult / \$5 - Child  
in advance  
April 2 at 1 pm & 3pm  
April 6 at 7 pm  
April 7 at 7 pm

### Classes & More

#### Monday

8:30 am Island Yoga & Thursday  
10 am Shell Crafters

#### Tuesday & Thursday

10 am Sanibel Yoga  
11:15 am Sanibel Yoga  
12:30 Duplicate Bridge

#### March 25

9-11:30 am Energy Medicine  
"Pet Pain" \$35

#### March 27

6-9 pm Paint Your Pet  
\$60 Members / \$65 Guests

Visit [www.SanibelCommunityHouse.net](http://www.SanibelCommunityHouse.net)  
for more information



The Community House

SANIBEL COMMUNITY ASSOCIATION

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### OBITUARY



#### SANDRA BUTLER

Sandra Butler, 83, of St. Paul, Minnesota entered eternal rest on March 10, 2017. She is survived by her husband of 58 years, Peter; siblings Suzanne (Robert) Flotten and James (Elizabeth) Kamman; children John (Sara Rottunda), Suzanne (Andrew) LeFevour, Paul (Barbara Thrasher), and Peter.

Sandy was a long-time seasonal resident of Sanibel Island and was an avid bird watcher, shell collector and beach walker. Sandy was active in the local community and a supporter of the island's arts organizations and environmental groups. She often hosted Thanksgiving Dinner for "snowbird" friends and welcomed many friends and family to her Sanibel home.

A funeral service was held on March 18, 2017 in St. Paul, Minnesota.✧

### OBITUARY



#### ROBIN BALL

Robin Armand Ball of Fort Myers passed away unexpectedly on Saturday, March 4, 2017 after a year's battle with Acute Myeloid Leukemia. He was born October 5, 1964 in Saint Paul, Minnesota to Beverly J. (Hodges) and Armand B. Ball, Jr.

The family moved to Bloomington, Indiana in 1974 and Robin completed his high school diploma and married there. He worked in Bloomington until 2002 when he moved to Fort Myers. He had vacationed many years with his parents on Sanibel Island. He was owner of Modern Property Services and Star Computer Services. He was very active in collecting and sending care packages to Iraq for Operation for the Heart.

He is survived by his parents and sisters, Kathy of Fort Myers and Helen Pound (Peter) of Frederick, Colorado. And Robin's greatest pride, his four children: Nicole Sterrett (Kenny),

Indianapolis, Indiana; Stephanie Stephens (Scott), Bloomington, Indiana; Rhyann and Lyndsey of Fort Myers, Florida; as well as his five grandchildren: Selena, Joshua, Paige, Katlynn, Casyse Jo and great granddaughter, Kyleigh. Armand and Beverly Ball were full-time residents on the island from 1988 to 2011.

A Celebration of Life will be held at the Estero Country Club on Saturday, March 25 from 12 to 3 p.m.✧

### MEMORIAL SERVICE



#### SUZIE MARKS

Snowbirds who were friends of Suzie Marks will have a celebration in honor of her memory on Friday, March 31 between 2 and 4 p.m. at the Sanibel Congregational United Church of Christ in Fellowship Hall. All who knew and loved Suzie are welcome. The church is located at 2050 Periwinkle Way. RSVP to 395-9428 or [alizhasl@cs.com](mailto:alizhasl@cs.com).✧



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## Lenten Season Piano Recital

There will be a four-hand piano recital on Wednesday, April 5 at 6 p.m. in the Sanctuary at St. Michael & All Angels Episcopal Church. The recital features duo-pianists Roxane Olevsky and Jan Holly in their second appearance at the church.

The will perform music by Bach, Saint-Saëns, Brahms, Gershwin, Ravel and Irving Berlin on a signature, Italian-made Fazioli grand piano. The piano, provided by Euro Piano of Naples and signed by its maker, Paolo Fazioli, is designated a collector's item. "The Fazioli has a reputation for tonal clarity, but especially so in the bass," Holly said. "This characteristic enhances four-hand music, which distributes themes and figurative passages equally in both high and low registers."

Born into a family of concertizing musicians, Olevsky was surrounded by music from an early age. She began teaching guitar and piano in high school, after which she earned degrees in piano and vocal music education at the University of Massachusetts, Amherst, studying with Swiss pianist Fernande Kaeser. She also studied at Les Écoles d'Art Américaines in Fontainebleau, France with world-famous music theorist Nadia Boulanger and pianist Jean Casadesus, and sang in choirs with such renowned directors as Robert Shaw. Her first love remains



Pianists Jan Holly and Roxane Olevsky

photo provided

in teaching individual and class piano. Olevsky operated a successful piano studio in Massachusetts for over 30 years. As a new resident of Sanibel, she plans to continue teaching on the island.

Holly holds a bachelor's degree, in piano performance and a master's degree and PhD in musicology. She has devoted her professional life to the training of musicians in both college and university settings. For 25 years, she was a collaborative pianist and accompanist for college and community choirs. She currently teaches online music courses in music appreciation,

world music and American popular music. A specialist in piano pedagogy, she operated a piano studio for 30 years, applying the Taubman/Golandsky method to technical challenges facing both children and adult learners.

Holly writes for local publications and is a public relations consultant. She was recently elected to the board of directors of the Committee of the Islands. She serves as summer organist at St. Michael's.

The recital will be followed by a potluck supper in the Parish Hall, where diners share their favorite

seasonal recipes at a buffet. All are welcome. Bring your favorite dish and dinnerware, and get better acquainted with your fellow islanders.

For more information, contact Rector Ellen Sloan at 472- 2173 or visit saintmichaels-sanibel.org. St. Michael & All Angels Episcopal Church is located at 2304 Periwinkle Way.✱

### CARD OF THANKS

The men and women who, with their waving hands and arms, deserve a pat on their collective backs for the hard work and great patience they display every day.

I recently was in the front row of stopped traffic at the junction of Periwinkle and Casa Ybel. The young lady directing traffic was waving to about nine cars waiting to turn onto Periwinkle. Eight of them moved smartly to her directions, but the ninth stopped and – despite her vigorous waving – would not proceed. She patiently walked toward the stopped car, pointed at the driver with one hand and pointed down Periwinkle with the other and... yes, the car finally moved.

I found this so ridiculous I burst out laughing. When she turned to direct me to proceed, she broke into a smile upon seeing my laughter.

Had I been that young lady, well, never mind. I hope we continue to have these very helpful and necessary people. They add some charm to the situation we have brought upon ourselves.

– Herb Hoover✱

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## Osprey Foundation Annual Meeting



An osprey chick is distinguishable from an adult by the white flashing on its wings  
photos provided

The number of osprey chicks fledged on Sanibel in 2016 declined to the lowest levels since 2007. Sanibel ospreys fledged 54 chicks last year, compared with 72 in 2015. On Fort Myers Beach, 32 chicks

fledged, down from 37 in 2015.

Jim Griffith, president of The International Osprey Foundation, will discuss some possible reasons for the decline during the organization's annual meeting on Sunday, March 26 at The Community House.

Kyle Sweet, certified golf course superintendent at The Sanctuary Golf Club on Sanibel, will be the featured speaker. He will talk about maintaining a golf club in a nature preserve on Sanibel. The course, designed by the nationally-acclaimed golf course architect Arthur Hills, was completed in 1992 and is a certified Audubon Cooperative Sanctuary Program for Golf.

Bordering the world-renowned JN "Ding" Darling National Wildlife Refuge, the course weaves and winds around nature preserves and lakes providing panoramic views of Southwest Florida's Pine Island Sound. Golfers often encounter the wide variety of birds and wildlife.

Sweet will describe how he strives to manage high quality habitat and to cooperate with the refuge and will talk about the many creatures golfers encounter and how he accommodates both wildlife and humans.

The meeting starts at 7 p.m. and begins with a short business meeting. All are welcome to attend. A \$3 donation is requested of non-members.

The Community House is located at 2173 Periwinkle Way on Sanibel.\*

## Book Sale

The last Recycled Book Sale of the season at Sanibel Congregational United Church of Christ will be held on Sunday, March 26 from 1 to 3 p.m. Included in the sale will be gently used

books, CDs, DVDs, jewelry and small gift items. Most of the books are priced from 50 cents to \$1, except for newer or special editions. Proceeds will be donated to local nonprofit agencies. The church is located at 2050 Periwinkle Way, across from Periwinkle Place Shopping Center.\*

From page 7

## A Volunteer's Story

cost him around \$45 a month and now it has jumped to over \$175 a month.

"While I'm not poor in the traditional meaning of the word," said Ed, "I do watch my pennies. I rely completely on Social Security and a little bit of remaining retirement money that I'm about to outlive."

We talked further, and Ed revealed that he would alternate between paying for his medication and paying other bills. He said during the months he didn't have his medication, he would lay low, not meeting up with "the boys" or watching the sunrise, because it was simply too painful. Ed looked sad, almost heartbroken. I, too, was sad. I knew how much Ed loved his morning convertible rides with "Old Bet." It was more than a ritual for Ed; it was a reason for getting up in the morning.

With Ed's permission, both Sandy and I reported back to FISH about his circumstances. FISH was quick to

respond, contacting Ed to set him up on reassurance calls and visitation. FISH also described the emergency financial assistance program that may be able to help with his medication expenses, which Ed said he would think about. Then, with a giggle, he said he never knew that a visit from a FISH would bring about so much concern for a wobbly old man.

FISH volunteers continue to call and visit Ed, enjoying each and every moment with him. He has his good days and his not so good days. He's still alternating between medicine and bills, and seems to be managing OK.

"If it ever gets to the point where I can't turn the key on 'Old Bet,' then maybe I'll consider another form of assistance for my medicine. But for now, help someone who has a full life to live, get 'em on their feet, and make sure they live life to the fullest. I sure have."

If you have concern for a friend or neighbor, FISH of SanCap may be able to help. For more information, call 472-4775.\*



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## The Island Water Association

### - NOTICE -

The annual meeting of  
 The Island Water Association, Inc.,  
 will be held at 10:00 a.m.  
 on Monday, April 10, 2017  
 at the offices of the Association  
 located at  
 3651 Sanibel Captiva Road,  
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**James M. Griffith**  
Secretary

All IWA Members are encouraged to attend.

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## Plant Smart

# Trumpet Honeysuckle

by Gerri Reaves

**N**ative trumpet honeysuckle (*Lonicera sempervirens*) is a twining woody vine that is both ornamental and wildlife-friendly.

A nectar source to butterflies, hummingbirds, and pollinators, it also provides food and cover to small mammals and birds.

In the wild, it grows in thickets, hammocks and along roadsides. In South Florida, this vine is evergreen. In fact, the term *sempervirens* means "always green."

It works well as a climbing vine on a fence or trellis, as a groundcover, or in a hanging basket. Once established, it's a fast grower, with the reddish stems reach as long as 20 feet.

The smooth ovate leaves appear in pairs and have dark-green upper sides and paler lower ones.

One distinctive characteristic is the fused pair just below the flowers.

The stunning flowers of about two inches long appear in whorled clusters at the stem ends. Peak blooming occurs spring to fall.

Trumpet-shaped, or tubular, the flowers are orange, pink or scarlet with yellow interiors. The five fused petals have scalloped edges. Another common name is coral honeysuckle.

This resilient, pest-resistant and beautiful species will grow in full to partial sun, but needs full sun for maximum



Native trumpet honeysuckle attracts butterflies, hummingbirds and other pollinators

photo by Gerri Reaves

blooming.

Small shiny red fruit follows the blooms and attracts a variety of native birds.

It is drought tolerant but has low salt tolerance. Although it will grow in sandy or poor soil, give it some organic content for best results.

Propagate it with seeds or cuttings.

Sources: *Florida Gardener's Guide* by Tom MacCubbin and Georgia B. Tasker, *Florida Wild Flowers and Roadside*

*Plants* by Ritchie C. Bell and Bryan J. Taylor, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Right Plants for Dry Places* by Suncoast Native Plant Society, *Wildflowers of Florida* by Jaret C. Daniels and Stan Tekiela, *edis.ifas.ufl.edu*, and *fnps.org*.

*Plant Smart* explores the diverse flora of South Florida.✱

## Osprey Presentation At CROW

**T**he Clinic for the Rehabilitation of Wildlife (CROW) will present *The Story of Ospreys* on Tuesday, March 28 at 4:15 p.m. in the Visitor Education Center, located at 3883 Sanibel-Captiva Road.

Ospreys are large brown and white raptors who breed in Southwest Florida from December through April. Because they build their nests right out in the open, their behavior is easy to observe.

But it is not always easy to understand, so presenter Claudia Burns, who has monitored osprey nests for 25-plus years as an International Osprey Foundation volunteer, uses photos, videos and recorded vocalizations to explain osprey behavior. The presentation is sponsored by the Sanibel-Captiva Rotary Club and dedicated to the late Mark "Bird" Westall, founder of The International Osprey Foundation.

Prior to the presentation, visitors are encouraged to explore the Visitor Education Center, which exhibits CROW's efforts to save wildlife through care, education and collaboration and is located across from The Sanibel School. Registration is required for the presentation, with admission of \$10 for adults, \$5 for teens and free for children under 13.

For more information or to register, call 472-3644 ext. 228 or email [rrainbolt@crowclinic.org](mailto:rrainbolt@crowclinic.org). To learn more, visit [www.crowclinic.org](http://www.crowclinic.org).✱

## Audubon Bird Walk At 'Ding' Darling Refuge

**T**he next bird walk of the Sanibel-Captiva Audubon season will be held on Saturday, March 25 at the "Ding" Darling National Wildlife Refuge. Meet at 8 a.m. in the overflow parking lot to the left as you drive in. These walks are open to the public and all levels of experience. Refuge fees will apply. The Duck Stamp and Federal Senior Pass are accepted. For more information, visit [san-capaudubon.org](http://san-capaudubon.org).✱

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This bumper sticker has a green color to emphasize that almost 70% of Sanibel is in conservation land and a whimsical heart to signify our island lifestyle. The peel off back has information about Sanibel that you may not know.

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# So You Thought Winter Was Over?



by Capt. Matt Mitchell

A mid-March cold front really put the breaks on snook fishing for a few days with our morning lows dipping into the 40s. This was as cold as anything we dealt with all winter long. After having had such mild weather for the last few months, this late season cold front was a real shocker to the fish.

If this sudden blast of crazy cold did not keep you off the water for a few days, then the strong winds certainly did. Weather conditions caused lots of cancelled fishing trips as conditions were just unfishable for a few days. Once the wind speed finally began to relax a little, anglers bundled up and ventured back out to enjoy some outstanding sheepshead fishing. Then gradually as temperatures slowly crept back up, snook fishing began to get back to normal.

Whenever we get such a drastic 10 to 15 degree drop in water temperature, fishing totally changes for a few days. One of the few species that feeds better during these cold temperatures is the sheepshead and, for several days, we targeted and caught lots of keeper sheepshead up to five pounds. Just about any dock close to the passes was loaded with fat roe-filled sheepshead, which are at the end of the annual spawn. This was probably our last chance at some really good sheepshead action until next winter.

For a few days after the cold front passed, everyone struggled to catch shiners. Cooler temperatures and rough conditions push this favorite bait out to the deeper, warmer water from the grass flats. When we did start to catch shiners again, snook would often just chase them as they seemed just too cold and sluggish to catch them. The aggressive snook and trout bite we are use to got a whole lot slower, although it is improving everyday as temperatures gradually warm back up. In many of sheltered shallow dark bottomed bays, I found lots of snook just laid up and soaking in the heat from the sun as they tried to warm up.

When going fishing after a extreme cold front like we just experienced, being able to switch it up and go target sheepshead is often the only choice



Jenna Farmer, visiting Sanibel from Chicago, with a big sheepshead caught while fishing with Capt. Matt Mitchell this week

when you need to catch fish. Luckily this week I had anglers who were just happy to be out on the water and to catch any kind of fish. We changed it up to the ultra-light spinning gear and made the best of this bad weather situation while still managing to keep the rods bent.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).✱

## Send Us Your Fish Tales

We would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to [press@islandsunnews.com](mailto:press@islandsunnews.com) or call 395-0113.

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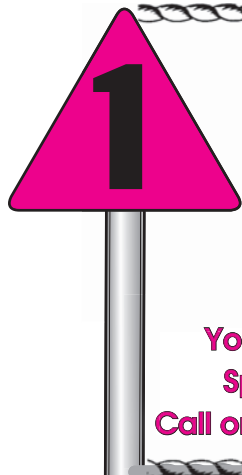
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	<p><b>2 APRIL</b> Stephen Brown Native Plant School: 9-4:15</p>	<p><b>3</b> Guided Trail Walks at 11 a.m.</p>	<p><b>4</b> Stephen Brown Native Plant School: 9-4 Making Land Work tour at Bailey Homestead-10</p>	<p><b>5</b> Shorebirds-2</p>	<p><b>6</b> Tank Talk -10 am</p>
				<p><b>Coming Up:</b> April 21 Earth Day: Pine Island Sound History w/ Captiva Cruises</p>	

**SCCF Programs** — All events are at the Nature Center (or meet at the Nature Center) unless otherwise specified.  
**SCCF Nature Center** — 3333 Sanibel-Captiva Road, 472-2329 [www.sccf.org](http://www.sccf.org)  
**SCCF Native Landscapes & Garden Center/Bailey Homestead Preserve** — 1300 Periwinkle Way, 472-1932

# Gala Guests Welcomed Aboard At Historical Village



From left, Sharon Katen Mark, Edina Lessack, Carol Gertsen, Wanda Malone and Nancy Siegel welcoming guests to the Let's Get Historical fundraising gala on March 15 on the grounds of the Sanibel Historical Museum & Village

photos by Jeff Lysiak



Ada Shissler and Sally Duffy



Museum docent Tracey Tenney



From left, board members Gayle Pence, Steve Greenstein and Jane Holder



From left, board members Alan Lessack, Blair Wyatt Berry and Peter Halliday



From left, John and Judy McBroom with Ty and Jan Symroski



From left, Marty Harrity, Julie O'Neill, Linda Mondelli and Tim O'Neill



From left, Bill Bachman, Jim Drotleff, Pat and Mike Boris

## CROW Case Of The Week:

## Red-shouldered Hawk



by Bob Petcher

The red-shouldered hawk (*Buteo lineatus*) can be found wherever there are tall woods and water. If you are in its vicinity, its distinctive "kee-rah" call can definitely be heard soaring

through the sky, since that sound rises above most any other animal sound. The robust hawk is considered the noisiest of its extended family, especially at this time of year when spring courtship is definitive.

This species of hawk has common markings with a banded red-brown chest and heavy bands on its tail. It is medium-sized with broad wings that fan out when gliding or soaring in flight. When they land, they usually perch on tree branches or telephone wires. If you happen to be walking by, they will stare at you with intimidation. They have been known to be aggressive and do lock talons with other hawks, attacking crows or larger owls due to territorial issues. Humans are not an exception if they are seen as intruding.

The head color of the red-shouldered hawk differs with region. In Florida, their heads tend to be pale and gray. In the northeast, they are a form of brown. In California, the heads are richer in color.

Besides pesticides, the biggest threat to red-shouldered hawks is human development, the continued clearing of their wooded habitat. This breaking up of contiguous forest also has an adverse affect to the more aggressive great horned owl and red-tailed hawk, the latter of which has been called the red-shouldered hawk's closest competitor. Other threats to the red-shouldered hawk include pollution, accidental poisoning and hostility from farmers who believe this species of hawk threatens their chickens.

Red-shouldered hawks do have the ability to adapt to urban environments better than most every other "raptor" in the many regions. Overall, help could come from forest regeneration in recent years to help create new habitat.

The red-shouldered hawk reaches sexual maturity at approximately age 2. The species may live close to 20 years.

A nestling red-shouldered hawk arrived at the clinic on March 15 from Fort Myers. CROW officials were informed that the very young bird was found after falling from a nest. The baby hawk's head was tilted to its right side with possible causes ranging from the nest fall to a viral infection, according to CROW DVM intern Dr. Spencer Kehoe.

"We have not ruled out a viral infection. However, based on how the patient has responded to treatment, our most likely cause is head trauma likely from falling from the nest," Dr. Kehoe said.

The little patient was placed in a neck brace to hold its head in an upright position. "This is a relatively new treatment which we are at the forefront of developing," Dr. Kehoe added. "We have



Patient #17-591 resting at the wildlife clinic

photo by Brian Bohlman

been successful at correcting torticollis (head tilt) previously with this technique."

CROW officials say the bird has improved since its arrival. The patient has been eating well, but it has been fed by CROW staff at regular intervals throughout the day due to its young age.

Once the head tilt issue is resolved, the baby hawk is expected to be released to be back with its parents.

"Once the torticollis has resolved, we will be able to re-nest the young hawk," said Dr. Kehoe. "The parents will be able to provide better care than we can."

After more care and more time in the neck brace, that release time should occur.

The tiny bird of prey appeared to have improved during last weekend.

"The patient's torticollis has improved markedly," said Dr. Kehoe. "It can now hold its head upright with the neck brace and is gaining strength without the brace."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).



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## Shell Of The Week

## Striate Glass-Hair Chiton



by José H. Leal,  
PhD, Bailey-  
Matthews National  
Shell Museum  
Science Director  
and Curator

Chitons belong to a class of mollusks named the Polyplacophora (Greek for “bearers of many plates”). The chiton shell is divided into eight (rarely seven) plates, or valves. The valves are interlocked, and are surrounded by a tissue called the girdle. The Striate Glass-hair Chiton, *Acanthochitona pygmaea* (Pilsbry, 1893), is one of two species of chitons found locally in shallow-water. It may reach a tad more than 0.5 inch in size. The triangular central area of the valves shows longitudinal lines, with the lateral areas sprinkled with minute beads. The valves are partially covered by a very broad girdle. The girdle has two rows of tufts of glass-like bristles, each tuft resembling a minute bottle brush. The color is very variable: valves may be green, red, orange, or with many combinations of these colors. Do not confuse with more the common local chiton species, the similar-sized Eastern Beaded Chiton *Chaetopleura apiculata*,



The Lightning Pitar, *Pitar fulminatus*, from Sanibel Island

photo by José H. Leal

which has a very narrow girdle minimally covering the shell valves. The individual illustrated was found by José H. Leal on Bunche Beach (Fort Myers) on March 11, 2017 crawling on a Sunray Venus shell. Learn more about local mollusks at <http://shellmuseum.org/shells/southwest-florida-shells>.

#### Shell Museum Events

Daily programs are included with paid admission:

Live Tank Talks – Presented by a marine biologist throughout the day.

Mollusk Matinees – Talks presented by staff every Wednesday from 2 to 3 p.m.

Arts & Crafts – 1:30 to 2:30 p.m.

Please check our arrival board in the main lobby for updates to daily schedules.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).

## American Legion Post 123

On Sunday, March 26, barbecued ribs and chicken will be served all day at American Legion Post 123.

Every Monday is the 8-ball pool league tournament at 5 p.m. Stop in and watch some good shooting. On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

The Ladies Auxiliary has cookbooks available.

If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome.

For more information, call 472-9979.✱

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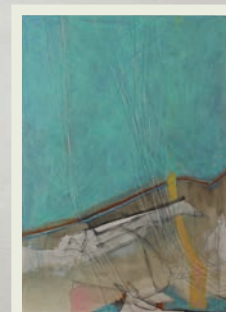
Hollis Jeffcoat, pastels

Akiko Sugiyama, paper constructions

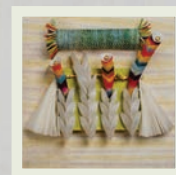
Dan Welden, prints: etching, lithographic



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## Expert On Raptors To Share Insights

Author and bald eagle savior Craig A. Koppie will appear at JN "Ding" Darling National Wildlife Refuge on Friday, April 7 following the release of his latest co-authored book *Mr. President and the First Lady: The DC Eagle Cam Project*.

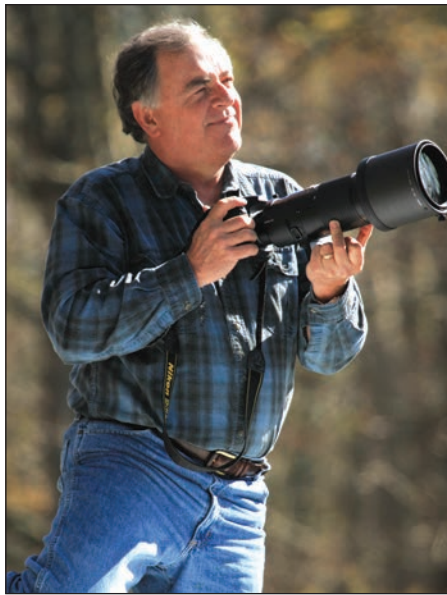
As part of the 2017 "Ding" Darling Lecture Series, Koppie will present two free lectures, at 10 a.m. and 1 p.m., about his longtime fascination with raptor nests, his work restoring decimated bald eagle populations in the late 1970s, and his part in installing the live eagle cam at the United States National Arboretum in Washington, DC in 2015.

A wildlife biologist with the U.S. Fish & Wildlife Service for more than 30 years, Koppie has also written, along with Teena Ruark Gorrow, the award-winning *Inside a Bald Eagle's Nest* and, later, *Inside an Osprey's Nest*. He has been climbing into nests since age 16 to rescue orphaned birds, relocate chicks from Canada to the U.S. as part of the National Wildlife Federation's successful effort to save bald eagles from extinction, and observe the tender and parenting side of the fierce national bird.

Following his presentations – newly slated because of scheduling conflicts with the previously booked Gerrit Vyn lectures – Koppie will be signing copies of his books. They are available for purchase in the Refuge Nature Store, proceeds from which benefit wildlife, research, and education at "Ding" Darling.

HighTower/Thomas & Swartz Wealth Management sponsors the free 12-lecture series with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

Seating for the lectures in the "Ding"



Craig A. Koppie

photo provided

Darling Visitor & Education Center Auditorium is limited and available on a first-come basis. Early arrivals can save one seat each and then may explore the Visitor & Education Center or Indigo Trail before the lecture starts. Saved seats must be filled 15 minutes before lecture time.

As usual, Wildlife Drive closes on Friday, but visitors are welcome to enjoy the center, Indigo Trail, and recreational opportunities at Tarpon Bay Explorers, the refuge's official recreation concession located at its Tarpon Bay Recreation Area.

The final lecture of the season is: April 14 – Author Charles Sobczak, *Alligators, Sharks, & Panthers: Deadly Encounters with Florida's Top Predator – Man*.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff, and board of directors.

For more information, call 472-1100 ext. 241 or log on to [dingdarlingsociety.org/articles/lecture-and-film-series](http://dingdarlingsociety.org/articles/lecture-and-film-series).✧

## Yard Sale Benefits Wildlife Clinic



On March 17 and 18, the Clinic for the Rehabilitation of Wildlife (CROW) hosted a two-day yard sale as a fundraiser for the Sanibel wildlife hospital. Shoppers found furniture, home décor, artwork, books and other gently-used treasures.

photo by Jeff Lysiak



# BAILEY-MATTHEWS NATIONAL SHELL MUSEUM



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(AND DON'T MISS OUR HOURLY TANK TALKS)





3075 Sanibel-Captiva Road  
Sanibel Island, Florida 33957  
(239) 395-2233

Open Daily, 10 a.m.-5 p.m.  
[www.ShellMuseum.org](http://www.ShellMuseum.org)







## MARCH 2017 MUSEUM SPONSOR



of Sanibel & Captiva, Inc.  
[www.SanibelIslandVacations.com](http://www.SanibelIslandVacations.com)

## CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at [rrainbolt@crowclinic.org](mailto:rrainbolt@crowclinic.org) or 472-3644 ext. 229 to register. Hours are Monday through Saturday, 10 a.m. to 4 p.m. CROW is located at 3883 Sanibel-Captiva Road.

**Friday, March 24, 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – Why Animals Come to CROW.

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

**Friday, March 24, 2 p.m.,** adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a “keystone species.” CROW’s presenter explains why they are admitted and how the medical staff treats this species. One of CROW’s animal ambassadors will be present.

**Friday, March 24, 2 to 3:30 p.m.,**

\$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Saturday, March 25, 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – Baby Care at CROW, presented by a CROW volunteer.

Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found “abandoned” might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

**Saturday, March 25, 2 p.m.,** adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101.

After a patient stabilizes in the hospital, CROW’s rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW’s animal ambassadors will be present.

**Monday, March 27, 11 a.m. to 12:30 p.m.,** \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for

children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Monday, March 27, 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW’s rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

**Monday, March 27, 2 p.m.,** adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student.

CROW’s teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW’s animal ambassadors will be present.

**Tuesday, March 28, 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101.

After a patient stabilizes in the hospital, CROW’s rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW’s animal ambassadors will be present.

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Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Tuesday, March 28, 4 to 4:15 p.m.,** adults \$10, teens \$5, 12 and under no charge, advance registration required – Speaker Series Story of Ospreys, presented by Claudia Burns, volunteer for International Osprey Foundation.

Ospreys are large brown and white raptors who breed in Southwest Florida from December through April and can be seen diving for live fish in shallow waters throughout the area. Because they build their nests right out in the open, their behavior is easy to observe, but not always easy to understand. Photos, videos and recorded vocalizations are used to explain osprey behavior.

**Wednesday, March 29, 11 a.m.,** adults \$7, teens \$5, 12 and under no

continued on page 28

# IT'S TIME FOR OCTIFEST ON THE BEACH

**4.8.2017 at 6:30 PM**  
SANIBEL CAUSEWAY ISLAND A



[www.octifest.org](http://www.octifest.org)

What better place to love children and the ocean than in a big top tent on a beach under the stars? Join us for Octifest, Sanibel Sea School's annual celebration.

All proceeds support Sanibel Sea School – providing education and exploration of the shorelines of Southwest Florida for school groups, homeschoolers, kids, adults, families, and other nonprofits. This fundraiser also supports our tradition that no child, group or family is ever turned away from Sanibel Sea School due to lack of funds.

Visit [www.octifest.org](http://www.octifest.org) or call (239) 472-8585 to purchase tickets.

sanibel®  
sea school

Sanibel Sea School is a 501(c)3 nonprofit foundation whose mission is to improve the ocean's future, one person at a time.

# Welcome to Jerry's of Sanibel

Hello Shoppers of Sanibel,

When you shop Jerry's of Sanibel you'll experience much more than just quality grocery shopping and dining at Jerry's Restaurant.

There are just enough shops at Jerry's to turn an ordinary day into an extraordinary day.

Before shopping at Jerry's Foods, you can enjoy the wonderful courtyard to relax with family and friends; it's a little piece of paradise teeming with colorful exotic birds! Stop by and say hello!



Regards,

Jerry's of Sanibel

1700 Periwinkle Way, Sanibel Island, FL 33957

 **NANNY'S**  
**CHILDREN'S SHOPPE**



**10% off**  
**All Non-Sale**  
**Clothing**  
**Items**  
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Unique Children's Clothing  
Sizes Infant - 14 • Books and Gifts.  
**Jerry's Shopping Center**  
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On The Island Since 1982

## seafood delight!

..... Thur., 3.23.2017 - Wed., 3.29.2017

**Pink Shrimp**  
10/15 Count

**19<sup>99</sup> lb.**

save  
4.00 lb.



### NEW! FEATURED ITEMS!

Be sure to look for these great items in our Hot Case!

Field Roast  
Grain  
Sausages  
Selected Varieties  
12.95 oz

**6<sup>99</sup>**



Saverne  
Craft Beer  
Artisanal  
Kraut  
16 oz

**2<sup>99</sup>**



Fresh Baked  
Hot Dog  
Buns  
8 Count

**2<sup>09</sup>**

save  
1.00



Bellettole  
Triple  
Crème  
Brie

**20<sup>99</sup> lb.**

save  
1.00 lb.



Fresh, Seedless  
Green or  
Red Grapes **3<sup>39</sup> lb.**

save  
1.60 lb.



Sanibel  
Wine  
Assorted Varieties  
750 ml

**11<sup>99</sup>**

save  
1.00



Butterfinger  
Candy  
1.9 oz


**60¢**

save  
.49



Fresh  
Cantaloupe  
or Honeydew  
Melon **2<sup>99</sup> ea.**

save  
1.00 ea.

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(239) 472-9300

1700 Periwinkle Way  
Sanibel Island, FL  
Open 6AM - 10PM  
[jerrysfoods.com](http://jerrysfoods.com)

**JERRY'S**  
Foods

At Periwinkle & Casa Ybel

# ISLAND FARE

## BAILEY'S GENERAL STORE

Bailey's General Store has a full deli, bakery, coffee bar, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland. Services include shopping for your groceries and delivering them to your home or vacation destination. If you are on a gluten-free diet, pick up the extensive list of gluten-free products near the entrance to the supermarket. Bailey's has a second location at Sundial Beach Resort & Spa at 1451 Middle Gulf Drive.  
2477 Periwinkle Way, 472-1516

## BEACH PIEZ

Beach Piez New York style pizza offers carry out and delivery on Sanibel and Captiva. Hours are Monday through Wednesday from 11 a.m. to 9 p.m., Thursday, Friday and Saturday from 11 a.m. to 10 p.m., and Sunday from noon to 9 p.m. With fresh ingredients, mouth-watering mozzarella, provolone cheese "secret recipe" dough, homemade pizza sauce and family recipe meatballs, Beach Piez will deliver the best pizza the island has to offer.  
2441 Periwinkle Way, 472-3224

## THE BLUE GIRAFFE

The Blue Giraffe, under new ownership, offers casual island dining for "no wait" breakfast from 7 a.m. to noon daily as well as lunch and dinner seven days a week until 8 p.m. Dine outside in the garden atmosphere of Periwinkle Place or inside at hand-painted tables, inspired by local artists.

The new menu is full of traditional and unique breakfast items, signature burgers, custom sandwiches, fresh and local seafood, salads, steaks, pork and vegetarian options. There is a full liquor bar and various local beers on tap.  
2075 Periwinkle Way (Periwinkle Place), 472-2525

## CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. In Jimmy's memory, Cip's styles itself as a local watering hole. A large mural shows many islanders through the ages – including "Cip" – and if you don't recognize them all, ask to see the "key." Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. Try the homemade potato chips, fried buttermilk chicken with sage gravy and snapper tacos. Choose between the outdoor garden patio and front porch. Indoor seating and full bar are also available. Hours are 11 a.m. to 9:30 p.m. daily, with happy hour from 4 to 6 p.m.  
2055 Periwinkle Way, 472-0223

## DOC FORD'S RUM BAR & GRILLE

Doc Ford's is a well-known local's restaurant, famous for its great food and service with plenty of indoor and outdoor seating boasting "Award winning flavors from the Caribbean Rim." The restaurant is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels. With locations on Sanibel & Captiva Islands and Fort Myers Beach, all locations offer island favorites like Yucatan shrimp and fish tacos along with raw bar selections and fresh local seafood dishes. Premium rums and tropical drinks such as the Island Mojito are a specialty of the house. The combined menu offers both lunch and dinner daily from 11 a.m. to 10 p.m.  
Doc Ford's Sanibel, 2500 Island Inn Road, 472-8311; Doc Ford's Captiva, 5400 South Seas Plantation Road, 312-4275, Doc Ford's Fort Myers Beach, 708 Fishermans Wharf, 765-9660

## DUNES GOLF & TENNIS CLUB

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 3 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular hand-battered coconut shrimp and steak sandwich. Dinner is available only on event nights from 6 to 9 p.m. or for special seasonal dinners.



Executive chef Scott Swamba and general manager Marcus Preece of Il Cielo

photo by Bob Petcher

Featured monthly events include Trivia Night, Karaoke and Themed Dinner Nights. There is a Friday a la carte dinner menu with featured selections each week, such as steak and seafood.

Take in the sunset views while sipping on your favorite drink. Happy hour is every day from 3 to 6 p.m. Enjoy with the famous crab bisque as a starter.  
949 Sand Castle Road, 472-3355

## GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only seaside saloon" where you can dine at the Sanibel Marina in view of luxury yachts and fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of fresh seafood, salads, sandwiches and more. Appropriate dress is required. If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:30 a.m. For dinner, arrive before 8 p.m.  
634 North Yachtsman Drive, 472-8138

## GREEN FLASH

The Green Flash has marvelous waterfront views of Captiva Island's bayside and Pine Island Sound. The Green Flash was built on the site of the historic Timmy's Nook, opened in 1950. Fittingly, seafood dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway. Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner. All seats have a view of the waterfront. Reservations are not accepted.  
15183 Captiva Drive, 472-3337

## IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone. Il Cielo is open Tuesday through Sunday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and

half-priced house wines, domestic beers and well drinks. There is live piano music by Scott McDonald Tuesday through Sunday nights beginning at 7 p.m.  
1244 Periwinkle Way, 472-5555

## ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests... leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on the menu. **Now serving full liquor island cocktails!** Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 9-ish p.m.  
2163 Periwinkle Way, 472-0606

## ISLAND PIZZA

Island Pizza is named so because it does pizza right. The dough is made daily and the ingredients include fresh produce from local vendors. That is why the "family-owned" restaurant has been voted "the best pizza on the island" from 2009 to 2016. Known as quaint and colorful, Island Pizza has more than 9 years of experience while specializing in home-cooked Italian cuisine. Besides pizza and classic Italian entrees, Island Pizza has a large selection of appetizers and salads as well as wings, calzones and seven choices for kids. Boar's Head deli meats are also served on subs.

Open seven days a week from 11 a.m. until late evening. Lunch is served 11 a.m. to 5 p.m. with buy-one-get-one drafts on happy hour from noon to 5 p.m. Eat in, take out or free local delivery.  
1619 Periwinkle Way, 472-1581

## JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week, including live outdoor entertainment from 5 to 7:30 p.m. and 8:30 p.m. to midnight. Expanded happy hour menu and reduced happy hour drink prices from 5 to 7 p.m. and 10 p.m. to midnight. Dinner reservations are suggested.  
1223 Periwinkle Way, 472-1771

## JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out. The restaurant is open for breakfast, lunch and dinner from 7 a.m. to 8:30 p.m.  
1700 Periwinkle Way, 472-9300

## JOEY'S CUSTARD

Joey's Custard is a family owned and operated sandwich, coffee and ice cream shop in Bailey's Center. Owners Joey Almeida and mom Debi Almeida offer fresh-to-order paninis as well as Working Cow ice cream products (custard, yogurt, sorbet, banana splits, sundaes, floats, smoothies, hard and soft serve ice cream) and coffee (five-bean house blend, Tim Horton, espresso, affogato). Try the Beach Box Lunch To Go (add \$2 to any sandwich and get a drink and bag of chips). Ask about BOGO with Island Cinema.

Joey's Custard is open from 10:30 a.m. to 9 p.m. Monday through Thursday; 10:30 to 10 p.m. Friday and Saturday; and noon to 9 p.m. Sunday.  
2467 Periwinkle Way in Bailey's Center, 472-7222

## MATZALUNA ITALIAN KITCHEN

Are you in the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big menu, involving over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available. Matzaluna offers a large selection of Florida craft beer, both on draft and in cans and bottles. Enjoy \$5 apps at the bar from 4:30 to 5:30 p.m. Hours are 4:30 to 9:30 p.m. daily and happy hour is 4:30 to 6 p.m.  
1200 Periwinkle Way, 472-1998

## MUCKY DUCK

Historically known as the neighborhood pub, The Mucky Duck may well be the most famous restaurant on Captiva Island due to its longevity of 40 years in business and quirky name. Then there are the fabulous sunsets. Patrons gladly wait on the beach for tables. This place draws crowds – as customers sip cocktails and beverages until they can take their seats. Reservations are not accepted. The Duck, serving fresh seafood, pub-style food, sandwiches, steaks and other items, is open for lunch from 11:30 a.m. to 3 p.m. and dinner from 5 to 9:30 p.m.  
11546 Andy Rosse Lane, 472-3434

## OVER EASY CAFÉ

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different eggs benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available. Breakfast is served all day. Hours are 7 a.m. to 3 p.m.  
630 Tarpon Bay Road, 472-2625

## PASTURE & PEARL

Sanibel's newest restaurant, Pasture & Pearl is the latest collaboration from the well-traveled husband and wife team Chef Elaine Dammeyer and General Manager Christian Jago. Come as you're comfortable for a modern, fine dining experience. The cuisine celebrates locally, regionally, ethically and sustainably sourced ingredients, and wine selections are curated by resident sommelier Kory Lynn. The intimate atmosphere and attentive service evoke the hospitality of a dinner party. The menu offers seasonal vegetarian preparations, fresh, wild-caught and responsibly farmed seafood, and the finest cuts of freely pastured beef, lamb, chicken, duck and rabbit from White Oak Pastures, a 150-year-old, multigenerational farm in Southwest

Georgia, including a custom cut especially developed for the signature dry aged bone-in ribeye.

The Village Shops, 2340 Periwinkle Way, 810-5514

## PECKING ORDER

The Pecking Order features tender, juicy, fried chicken and all the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating that seals in the juices without allowing the fat to penetrate. Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw, mashed red potatoes and gravy, Harlem special, cheesy grits and veggie chili. Try the Black Betty, a warm, dark chocolate torte filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners' sugar. Take out, delivery and outdoor dining available.

2496 Palm Ridge Road, 472-2534

## ROSIE'S CAFÉ & GRILL

Rosie's repertoire includes crab cakes, grouper and shrimp entrees and steaks with all the trimmings, Southwestern dishes such as burritos and fajitas, soup and sandwich combos and salads. Among the most popular items is Rosie's Famous Cheesesteak made from shaved rib eye, grilled mushrooms, onions and green peppers, Ultimate Cuban and Classic Reuben, homemade muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A children's menu is also available. Carry out, indoor or outdoor seating. Check out the new menu items for breakfast, served from 8 to 11 a.m. Monday through Saturday and 8 a.m. to 2 p.m. Sunday. Happy hour is from 3 to 6 p.m. seven days a week with two-for-one draft beer and wine. The ice cream bar has 20-plus flavors of locally made Royal Scoop Ice Cream.

2330 Palm Ridge Road, 579-0807

## SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free Wi-Fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon. Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare.

2240 Periwinkle Way, 395-1919

## SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to homemade regular choices, along with award-winning New York style pizza and wings, Boar's Head meats, frozen yogurt, New York style bagels and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas. Free Wi-Fi. Eat in or take out as well.

2330 Palm Ridge Road, 472-2555

## SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes. Open seven days from 4 p.m. to midnight with happy hour from 4 to 6 p.m. and 10 p.m. to midnight.

703 Tarpon Bay Road, 472-3128

## SANIBEL SPROUT

The Sanibel Sprout is the island's only 100 percent gluten-free/vegan/organic cafe: an oasis of health where the emphasis is on providing incredibly tasty and creative culinary creations designed to nourish and delight all of your senses. Order one of the fresh salads, Wizard Waffles, classic burger, Mexican plates and indulge in our Indian curry, Vietnamese pho and raw vegan lasagna. Pair your meal with a locally crafted beer, a glass of organic wine or housemade kombucha. The fresh juice bar is brimming with smoothies, herbal elixirs and custom juices, or come and enjoy an espresso or cappuccino with one of the delectable donuts, pies, cupcakes or truffles. The Sanibel Sprout is open for breakfast, lunch & dinner from 10 a.m. to 7 p.m., Monday through Saturday and from noon to 7 p.m. on Sunday.

2463 Periwinkle Way in Bailey's Center, 472-4499

## SUMMERLIN JAKE'S

Summerlin Jake's Seafood and Steaks, a sunset dining water view restaurant in Fort Myers, located near the Sanibel Bridge, offers new American cuisine prepared in the old Florida tradition. Paying tribute to the rich history of Punta Rassa, where Jake Summerlin owned a wharf that he used to ship his cattle to Cuba and the local waters that are famous for being the home to big game fishing, Summerlin Jake's offers freshly caught local seafood, tender, juicy prime steaks, smoked ribs, brisket & chicken and heart-healthy, vegan choices that are locally sourced, hand-selected and artfully prepared. Summerlin Jakes

is open Monday through Friday 11 a.m. to 10 p.m. and Saturday and Sunday 8 a.m. to 10 p.m. (Breakfast served 8 to 11:30 a.m.). Happy Hour is 3 to 6 p.m. daily. Live music on Friday and Saturday 5:30 to 10 p.m.

17501 Harbour Pointe Drive, 466-5377

## SUNDIAL BEACH RESORT & SPA

Voted Best Waterfront Dining in Southwest Florida. Awarded Best New Restaurant 2016, discover an authentic experience at Shima Japanese Steakhouse & Sushi Bar as your meal is artfully prepared right before your eyes. Panoramic Gulf views await you at Sea Breeze Café where the menu celebrates fresh local produce and seafood. Enjoy breakfast, lunch or dinner on the terrace or dining room, or expertly rolled sushi at the bar. Sanibel's favorite tiki bar, Turtle's Pool & Beach Bar, serves up island favorites at the bar or family-friendly patio. Choose from frosty drinks, signature sandwiches and classic favorites. Visit sundialresort.com/eat for menus, hours and reservations.

1451 Middle Gulf Drive, 472-4151

## TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for \$15 daily before 5:30 p.m. plus a large selection of local seafood, such as grilled shrimp, fried grouper, oysters, clams and crab cakes. Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's open at 2 p.m.) Restaurant is open seven days from 5 to 9 p.m.

703 Tarpon Bay Road, 472-3128

## TOTALLY BAKED ON SANIBEL

Totally Baked On Sanibel is the island's #1 source for fresh baked breads, specialty pastries, donuts, cakes, pies, candies and other confections. The unique eatery within Islander Center also offers cof-

ees and breakfast sandwiches. For lunch, daily offerings include off-the-bone, hand-carved meats as well as soups, salads and other specialty items. Wedding cakes are made to order. Open seven days a week 6 a.m. to 5 p.m. Outdoor seating along the bike path. 2407 Periwinkle Way Suite 1, 312-4503

## TRADERS GULF COAST GRILL & GIFTS

Traders Gulf Coast Grill and Gifts is unique in that it combines a bustling restaurant with a large shopping emporium with casual clothing, jewelry, accessories, home decorating and gift items, books and lamps.

The restaurant serves bistro cuisine with island flair, featuring such offerings as black beans and rice, blackened fish and fresh salads from an open kitchen. There's no fryer in the place. The tables are freshly wrapped in white paper for each party, and there's a pot of colored crayons for doodling, whether you're an adult or a child. Lunch is served from 11 a.m. to 2 p.m., happy hour from 3 to 6 p.m. and dinner 5 to 9 p.m. There's live music from 7 to 10 p.m. Tuesdays and Thursdays with Danny Morgan and Wednesdays with Chris Workman.

1551 Periwinkle Way, 472-7242

## TRADITIONS ON THE BEACH

Traditions on the Beach, Sanibel's first dining room, has been delighting its guests since 1895. Offering "Contemporary Cuisine, Sanibel Style," Traditions provides the highest level of service in a relaxed beachfront setting. Both the tapas menu, served in the Sunset Lounge, and the full dining room menu capture the flavors of the gulf, complemented by the unique atmosphere of the historic Island Inn. Award winning Chef Aziz uses only the finest fresh, local ingredients to create vibrant dishes. Drink, dine and dance at Traditions on the Beach, featuring live entertainment. Tapas and cocktails are available in the bar and lounge beginning at 4 p.m. Monday through Friday. Regular dinner menu beginning at 5 p.m. daily. Reservations are suggested.

3111 West Gulf Drive, 472-4559

## LIVE ON THE ISLANDS

**Il Cielo** has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

**Island Cow** on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

**The Jacaranda** has live entertainment Friday and Saturday with DVS. Renata plays on Monday. Tuesday is Karaoke. Wednesday is the Jerry B. Variety Show. Sir Mitch plays on Thursday.

**The Mucky Duck** on Andy Rosse Lane, Captiva features live music by Peter Redpath on Thursday and Sunday. Gary Earle plays Friday. Gene Federico performs on Saturday



and Wednesday. Mark Dupuy plays on Monday. On Tuesday, it's John McLane.

**Sea Breeze Café at Sundial Beach Resort & Spa** has live island style entertainment on Mondays.

**Traditions on the Beach at Island Inn** has live entertainment on Friday with Woody Brubaker and Barbara Dexter. Dusk performs on Saturday. Mike Arnone plays Sunday and Monday. On Tuesday, it's Woody Brubaker. Dusk plays on Wednesday. Woody Brubaker and Barbara Smith play on Thursday.

**Sea Breeze Café at Sundial Beach Resort & Spa** has live island style entertainment on Mondays with Danny Morgan & Friends.



*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to [press@islandsunnews.com](mailto:press@islandsunnews.com) or 395-2299.\**

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## Southern Comfort On Sanibel Returns April 1



Signature Southern Comfort drink  
photo provided

The Clinic for the Rehabilitation of Wildlife (CROW) will host its 3rd annual Southern Comfort on Sanibel on Saturday, April 1 at The Community House. Doors open at 6 p.m. and the last dance ends at 9 p.m. The presenting sponsor is Coral Veterinary Clinic, PA. Register online at [CrowClinic.org](http://CrowClinic.org) or at the Visitor Education Center. Admission is \$65 per person.

Event chair Diane Neitzel said, "Featured are a buffet of mouth-watering southern food and a complimentary Southern Comfort drink. DJ David Flory from Island Ballroom provides the evening's music and dance lessons. The evening will also include games, prizes, a live auction and raffles."

Pool resources with friends and family and be the designated bidder on one of seven live auction experiences. Announced this week is the auction item titled Lunch with Heroes at the Sanibel Fire Rescue Department. The Sanibel Deli caters this pizza party for 10. Included is a fire house tour, a demonstration of how to suit up for the job and a ride on the fire engine. Other items on the auction block are a three-hour tour for four of local microbreweries, a three-night island getaway for two provided by Shalimar, a private showing for 40 at Island Cinema, an in-home dinner party for eight prepared by chef Jarred Harris, dinner for four with a CROW doctor at Il Cielo, and a dining experience at The Sandbar Steak & Seafood with a \$400 gift certificate from Congress Jewelers.

The raffle items to be drawn throughout the evening include a CROW Wildlife Walk package, a gift certificate to Norman Love Confections, a Painting Party for four with Sanibel's Laura Ball, jewelry provided by Congress Jewelers, art by Kim Patmore, a signed and stamped Ikki Matsumoto print, and a Solar Recovery organic skin care regimen featuring Save Your Skin products.✱



Students from the Pine Manor Improvement Association's Teen Program examine a tiny marine worm on a recent outing with Sanibel Sea School  
photo provided

## Octifest On The Beach Supports Ocean Outreach

On Saturday, April 8, Sanibel Sea School will once again host its annual fundraiser – Octifest on the Beach. Octifest will be held bayside, under a big-top tent on the Sanibel Causeway. Guests will be treated to a sustainable dinner, sunset views, stargazing and a variety of opportunities to support the nonprofit organization's mission to improve the ocean's future, one person at a time.

Funds raised at Octifest will help Sanibel Sea School purchase the equipment needed for its field-based ocean education programs, and will provide scholarships for thousands of local underprivileged children to explore the ocean each year. "We call our outreach groups our 'landlocked' kids," said Chrissy Basturk, the school's development director. "They live just a few miles from the coast, but many never visit the beach. If they do, there is not usually an opportunity for formal learning and discovery."

Sanibel Sea School's partner groups include the PACE Center for Girls, the Pine Manor Improvement Association, Lee  
continued on page 36

**Friday, March 24th from 5-7 pm**

## 3RD MONTHLY YAPPY HOUR

**Bring your pup and come sip, sniff & mingle amongst friends.**



Artist Gretchen "KISH" Serrano is recognized as the creator of Paw Palettes Art Collection—honoring both our pets and some of the world's great art masters such as van Gogh, Matisse, Picasso, Klimt and many more. Her Van Grows! Collection of note cards are available at Island Paws.

Join us as she shares her latest collection of contemporary art inspired by the free-flowing painting style of Jackson Pollock. By dripping, splattering and trailing paint across the canvas, a unique pet expression appears completely without the use of brush strokes.

**Beer, Wine & Doggy Treats**



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**On the Over Easy Cafe patio**

From page 24

## CROW Calendar

charge – Wildlife Rescue 101.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

**Wednesday, March 29, 2 p.m.,** adults \$7, teens \$5, 12 and under no charge – Birds of Prey, presented by CROW staff.

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

**Wednesday, March 29, 2 to 3:30 p.m.,** \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Thursday, March 30, 11 a.m. to 12:30 p.m.,** \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Thursday, March 30, 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a "keystone species." CROW's presenter explains why they are admitted and how the medical staff treats this species.

**Thursday, March 30, 2 p.m.,** adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.✱



Photo of the long-time Sanibel crocodile – nicknamed Wilma – taken at the JN “Ding” Darling National Wildlife Refuge in 2006 photo provided

From page 1

## Crocodiles

former conservationist/field guide Mark “Bird” Westall collaborated on an alligator program on the island in 1986.

However, the history of crocodiles in the United States goes back more than 500 years.

“Very little was known about crocodiles when Columbus visited these waters,” said LeBuff, who noted an example of an etching dating back to the mid-1500s depicting a group of native Americans hunting a giant crocodile.

In 1889, the first photographic evidence of an American crocodile surfaced. It wasn’t until 1936 that the

image of a crocodile living on Sanibel was captured.

LeBuff, author of a number of books about wildlife, nature and local lore, recently published *Florida’s Crocodile: Biology and History of a Threatened Species*. The book reveals a great deal of LeBuff’s research as well as anecdotes of his personal interaction with crocodiles. Although the book focuses on crocodiles, there are some comparisons when talking about nesting behaviors, jaw pressures and bites to alligators.

LeBuff’s fascination with crocodiles stemmed from his days working with the species as a youngster at the Everglades Wonder Gardens in Bonita Springs. He was in charge of the crocodile propagation program. Back in those days, the Piper brothers – owners of the legendary tourist attraction – were interested in increasing their crocodile collection, so they recovered eggs that were laid. LeBuff was in charge of feeding the offspring until they could eat on their own.

“They had crocodiles there that ranged in size from a 15-foot adult male down to 10-inch hatchlings,” LeBuff said.

In 1980, LeBuff saw his first crocodile that made Sanibel its permanent home. That crocodile, Wilma, was seen on and around the island for more than 30 years. She laid multiple clutches of eggs, however, they were all infertile and never hatched.

Local wildlife experts estimated the reptile to be between 40 and 60 years old at the time of her death in 2010 following a winter cold snap.

According to LeBuff, Wilma – who measured more than 11 feet long – was the largest American crocodile ever to be recorded and verified.

In 1975, the Endangered Species Act listed the American crocodile as endangered; the species was reclassified in 2007 as threatened, but the state of Florida still considers crocodiles to be endangered.

“The American crocodile is making a comeback, based upon all of the recent sightings of crocs,” LeBuff added. “And their potential to increase in numbers is pretty good.”

Sanibel currently has two crocodiles living on the island: one in The Dunes and another near Sanibel Island Golf Club. Both have been spotted and photographed by local residents in recent months. LeBuff explained that both reptiles were relocated from different areas in Southwest Florida before making their way to Sanibel.

“There is one male crocodile living in Cape Coral right now, so I’m hoping that he comes over here for a visit with our two female crocs,” he added.

According to Paul Tritaik, refuge manager, the crocodile seen recently in The Dunes can be identified with a red tag #10; the other one may also have been tagged, but the ID has yet to be confirmed.✱

## Savor Fresh Island Fare ON THE BEACH



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## SANIBEL Music FESTIVAL

Save March For Music **2017**

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*Opera Theater of Connecticut presents  
excerpts and arias from Fabulous French Composers*



### Opera Theater of Connecticut ~ Fabulous French Composers

Including everything from grand opera to comic opera, OTC will present selections from the rich French opera tradition sung by six professional singers along with witty commentary by Artistic Director Alan Mann.

Excerpts from operas by the Magic of Massenet; the Beauty of Bizet and the Grandeur of Gounod including Manon, Werther, Don Quichotte, Carmen, The Pearl Fishers, Romeo et Juliette, Faust, Guillaume Tell and Lakme.

**Saturday, March 25 • \$45**

Sponsored by the Estate of Christine Johnson & Friends of Opera

Tickets available on-line at  
**www.sanibelmusicfestival.org**

or by phone at **239-344-7025**

or Tickets may also be purchased at Bank of the Islands, 1699 Periwinkle Way  
or Sanibel Captiva Community Bank, 2475 Library Way. *Cash or check only.*

**An Island Tradition.**

Sanibel Music Festival is grateful for the support of Lee County and Southwest Florida Community Foundation.





Seed: The Untold Story examines the perils of genetic modification image provided

## Documentary To Explore The Future Of Food

The award-winning documentary film *Seed: The Untold Story* continues the 5th annual free “Ding” Darling Wednesday Film Series on Wednesday, March 29 at 1 p.m. in the “Ding” Darling Visitor & Education Center auditorium.

Worshiped and treasured since the dawn of humankind, seeds are becoming one more victim of extinction. In the last century, 94 seed varieties have disappeared.

This documentary follows passionate seed keepers who are protecting a 12,000 year-old food legacy. A cadre of 10 agrichemical companies – including Syngenta, Bayer and Monsanto – controls more than two-thirds of the global seed market, reaping unprecedented profits. Farmers and

others battle to defend the future of our food.

Modern media report the impending collapse of the world’s supplies of bananas, oranges, coffee and coconuts – all because of a shortsighted over-reliance on a single, fragile variety. Without seed diversity, crop diseases rise and empires fall. More than a cautionary tale of “man against nature,” *Seed* is an epic good-versus-evil saga playing out in our modern lives.

“Ding” Darling Wildlife Society-Friends of the Refuge hosts the free eight-film, biweekly series with sponsorship from Sanibel-Captiva Beach Resorts. Seating is free, but limited and on a first-come basis.

All showings begin at 1 p.m. For full descriptions of the films, visit [www.dingdarlingsociety.org/articles/lecture-and-film-series](http://www.dingdarlingsociety.org/articles/lecture-and-film-series).

The final film of the season, *The Future of Energy*, will be shown on Wednesday, April 12.✱

## Hysterical Comedy At The Strauss

by Di Saggau

The Broadway Smash Comedy *Nunsense*, playing through April 15 at the BIG ARTS Herb Strauss Theater, is without a doubt one of the funniest shows I’ve ever seen. This production has the perfect cast. Not just my words, they also came out of the mouth of the gal seated behind me on opening night. The crowd roars with laughter as the five nuns from the Little Sisters of Hoboken produce a benefit variety show on the set left over from *Grease*. They need to raise enough money to bury the four nuns that are stashed in the freezer. Unfortunately, 52 of their fellow nuns died after eating a lethal batch of vichyssoise prepared by their cook, Sister Julia, Child of God. Most have been buried, but Mother Superior spent some of the burial money on a new flatscreen TV, so four nuns remain in the freezer.

Mother Superior (Kelly Parker Legarreta) is a former circus performer. The act with her parents was called *Two Tons on a Tightrope*. There is a scene where Mother Superior gets high sniffing a foreign substance, and it is a riot. She contorts her body into multiple positions, each representing a specific situation. This ranges from Shelly Winters swimming in *The Poseidon Adventure* to “Save



Samantha Rotella, Debra Thais Evans, Kelly Parker Legarreta, Lisa Bark and Gina Milo photo provided

the whales.” Believe me, words cannot describe her fantastic comic presentation and one-liners.

Sister Robert Anne (Samantha Rotella) is the liveliest nun, a gal from a tough neighborhood in Brooklyn who loves to crack jokes. Sister Mary Amnesia (Gina Milo) cannot remember her name, or anything else, since a crucifix fell on her head. Sister Mary Hubert (Debra Thais Evans) is second in command, and chafes at the lower position. Sister Mary Leo (Lisa Bark) is a novice who wants to be a ballerina. These five actors sing and dance

continued on page 37

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## EASTER ON THE GULF.

**SUNDAY, APRIL 16 • 9AM, 11AM, 1PM, 3PM**

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1451 MIDDLE GULF DRIVE, SANIBEL ISLAND 239.472.4151 [SUNDIALRESORT.COM](http://SUNDIALRESORT.COM)

## Attention Sanibel/Captiva Gardeners

On Thursday, April 6 at the Sanibel Public Library at 10 a.m., Stephen Brown will present a program titled Landscaping with Florida Native Plants (palms, trees, shrubs, vines and wildflowers): Designs Selections and Pleasures. He will discuss the correct plants for sun or shade, salty or dry conditions or as understory companion plants with superb digital photography.

Brown has been the horticultural program leader for Southwest Florida for 26 years and is unquestionably an expert on native plants. He is a frequent visitor and consultant to Sanibel and Captiva to monitor potential problems and to advise the city's Department of Natural Resources and SCCF. For over 20 years, he was the program leader and coordinator of the Master Gardener program for the University of Florida for Southwest Florida and

graduated over 250 Master Gardeners in Lee County. He is responsible for instruction and certification of all landscape professionals who apply fertilizers, pesticides, herbicides and fungicides in Lee County.

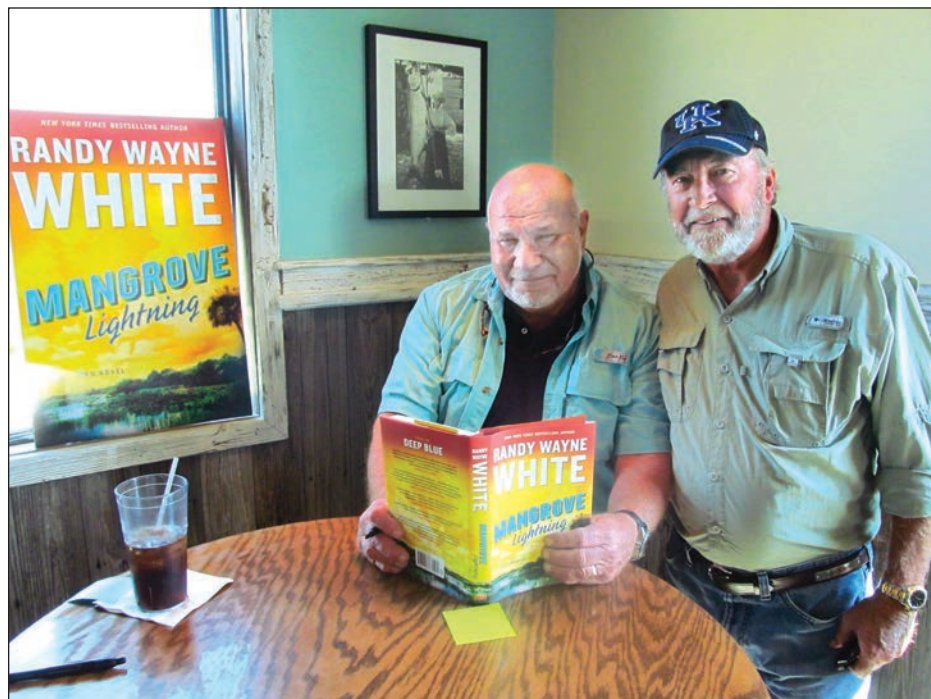
Additionally, Brown is the recognized expert in Southwest Florida on palms, flowering trees and shrubs, and serves as a consultant to many cities, destination resorts, regional parks, preserves and commercial plantations and nurseries.

In his spare time, Brown writes a lively Q&A column in the *News-Press* weekly and a monthly article in *Florida Gardener*. He maintains a free informative website with amazing videos and downloadable fact sheets. His presentations are informative, up to date, lively and always accompanied by excellent photography.

This is your only opportunity to listen and learn and ask questions of a Southwest Florida expert on landscaping with native plants.

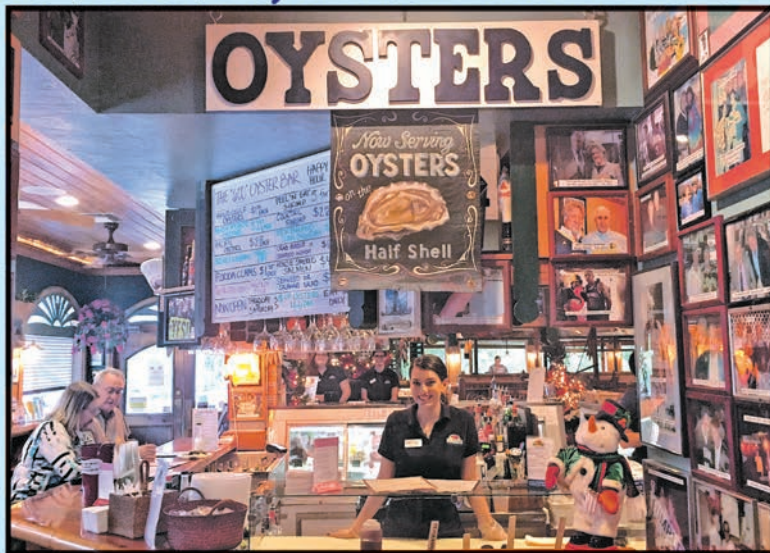
Free and open to the public, seating is limited at the Sanibel Public Library, located at 770 Dunlop Road.\*

## Author Signs New Novel



Larry Wiley of Cynthiana, Kentucky, right, poses with *New York Times* best-selling author Randy Wayne White during a book signing at Doc Ford's Sanibel Rum Bar & Grille on March 20  
photo by Bob Petcher

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From left, Jan-Erik Hustrulid, Gretchen and Mark Banks and Kathryn Kelly photos provided

# Blues By The Bay To Support Heights Students

Blues by the Bay, an evening of live music, food and drinks, will be held Monday, April 3 from 7 to 9:30 p.m. at the Blue Coyote Supper Club at 1100 Par View Drive, on Sanibel. Guests can taste samplings from Sanibel's finest restaurants, sip fine wines, a signature Blue Bay Martini or Champagne. There will be live music by the Juice, a rockin' blues band. Guests can upgrade to VIP

level and receive tickets to the exclusive pre-party and VIP benefits. Participating restaurants include Blue Coyote Supper Club, Sweet Melissa's Cafe, Bleu Rendezvous French Bistro, Summerlin Jake's Seafood and Steaks, Pinocchio's Original Italian Ice Cream and The Timbers Restaurant and Seafood Market. The beverage sponsor is The Lighthouse Resort & Tiki Bar. Live auction items will be offered and all proceeds will benefit the School Success programs for at-risk children in the Harlem Heights neighborhood in Fort Myers. The event is presented by Bank of the Islands. Additional



From left, Rob Lisenbee, Kim Nyberg, Pam Edwards, Willy Ocasio, Allison Goss and Chauncey Goss

sponsors include Chico's FAS, Entech and the Sanibel-Captiva Islander/Island Reporter. Sponsorship opportunities are available. Dress is resort casual. "Our School Success program includes academic tutoring, after school and summer camp programs, scholarship and college access assistance, school supplies and tuition support," said Kathryn Kelly, president and CEO of The Heights Foundation. "Each program is geared to meet the specific needs of children and young adults who seek to further their education." Tickets are now on sale for \$125 each and space is limited. VIP opportunities and sponsorships that include an exclusive pre-party are also available. Purchase tickets at [www.heightsfoundation.org/blues](http://www.heightsfoundation.org/blues) or call Karen Lesza at 482-7706.\*



Susan Smith and Lynn Bode

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From left, Matt Asen, Mary Jo Bogdon, Chef Teh Peng and Chef Galvin

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G. Love &amp; Special Sauce will play at SCCF's Beer in the Bushes

photo courtesy SCCF

## Entertainment Booked For SCCF Benefit

The headliner for this year's Beer in the Bushes fundraiser will be G. Love & Special Sauce. Pioneering their unique Philadelphia hip-hop blues sound, the band's nationwide following enjoys their laid-back music encompassing classic R&B sounds.

"We are thrilled to be presenting G. Love here on Sanibel. His parents

– Gary and Mike Dutton – are SCCF members, so this will be a family affair," said SCCF's event producer Jeff Siwicke. "Many thanks to Jensen's Marina, Doc Ford's and Kingfisher Vacations as the band co-sponsors."

This outdoor rain or shine event is set for Saturday, April 15 from 6 to 10 p.m. Local microbreweries will be offering tastings of their finest craft beers. Sanibel's Catering by Leslie Adams will coordinate local food truck offerings to complement the beer tastings. All tickets include \$10 in TruxBux redeemable for dinner choices

from any of the trucks.

The event takes place at the SCCF Nature Center, located at 3333 Sanibel-Captiva Road on Sanibel.

Proceeds from Beer in the Bushes support SCCF's mission of conserving coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed. Tickets are

\$70 and must be purchased in advance online at [www.sccfbeer.eventbrite](http://www.sccfbeer.eventbrite).

Tickets will sell out, so reserve yours soon. Parking is limited so bike or carpool if possible.

The presenting sponsor for Beer in the Bushes is The Sanibel-Captiva Trust Company.✱

## Colorful Sips Art And Wine Painting Party

Local artist Sissi Janku will be holding her popular Colorful Sips Art and Wine Painting Party at The Community House every two weeks. Her next class is scheduled for Wednesday, April 5 from 7 to 9 p.m. The colorful rooster will be the subject of the class. Janku created her rooster on a red canvas using a variety of tools and bright acrylics to give him texture and life.

The cost for the class is \$45 for members and \$55 for non-members. No experience is necessary. All materials are provided. Bring your favorite wine and a snack. For reservations, call The Community House at 472-2155.

The Community House is located at 2173 Periwinkle Way.✱



Funky Rooster by Sissi Janku

image provided

## "Top 5 Breakfast in Florida" - Southern Living

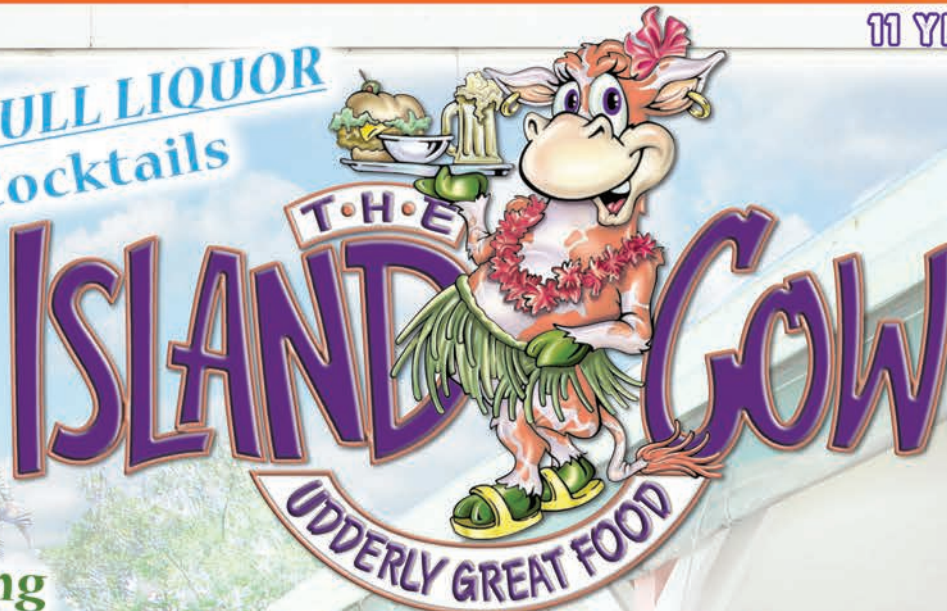
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# Sanibel-Captiva Lions Stage 34th Annual Arts & Crafts Fair



Early shoppers arriving at the Sanibel-Captiva Lions Club's 34th annual Arts & Crafts Fair, held on the grounds of The Community House on March 17 and 18 photos by Jeff Lysiak



Carolyn Tongyai and son, Scottie, from Cub Scout Pack 1740



Roy Kennedy (with Troy) and Helen Arnold (with Nell) from Southeastern Guide Dogs



From left, Lions Rod Hendrickson and Peter Barone selling raffle tickets to Robin Cook



Artist Mike Farley from Venice



Carolyn and Jim Cherbonneau from Pennsylvania with one of their whirligigs



Terry Markwardt demonstrating a barbecue tool made by Wise Guyz Gadgets



Artist Jen Callahan from North Port



Sculptor Admir Borges from Cape Coral



Some members of the Sanibel-Captiva Lions Club



Fabric artist and author Katie Gardenia



Judy Hicks with her famous bromeliads



Kim Crouthamel from Cape Coral with hand-painted stemware

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TO BENEFIT: THE SANIBEL SCHOOL

# Processed Food Subject Of Library Lecture March 29

Sanibel resident Rob Shewfelt will talk about his book, *In Defense of Processed Food: It's Not Nearly as Bad as You Think* at the Sanibel Public Library on Wednesday, March 29 at 2 p.m. His lecture will include free food and admission, plus one signed copy of the book will be given away.

It has become popular to blame the American obesity epidemic and many other health-related problems on processed food. Many of these criticisms are valid for some processed-food items, but many statements are overgeneralizations that unfairly target a wide range products that contribute to your health and well-being.

Many of the proposed dangers allegedly posed by eating processed food are exaggerations based on highly selective views of experimental studies. Shewfelt suggests that we crave simple answers to our questions about food, but the science behind the proclamations of food pundits are not nearly as clear as they would have you believe. The book presents a more nuanced view of the benefits and limitations of food processing and exposes some of the tricks both "Big Food" and



Robert Shewfelt

photo provided

its critics use to manipulate consumers to adopt their point of view.

Food is a source of enjoyment, a part of this cultural heritage, a vital ingredient in maintaining health, and an expression of personal choice. Shewfelt urges people to make those choices based on credible information and not be beguiled by the

sophisticated marketing tools of Big Food nor the ideological appeals and gut feelings of self-appointed food gurus who have little or no background in nutrition.

In his talk, Shewfelt – professor emeritus of food science and technology from the University of Georgia – will claim that more common foods are processed

than most people realize, explore the concerns about too much sugar and salt in your diet, and challenge the assumptions people have about chemicals in food.

Read Shewfelt's blog online at <https://processedfoodsite.com/>.

The Sanibel Public Library is located at 770 Dunlop Road.\*

## Day Trippers, Too

by Claudia Burns

The butcher, the baker, the ice cream cone maker  
They drive to our island to work every day.

The garbage collector, the building inspector

They live off the island and so they can't stay.

The newspaper vendor, your home mortgage lender

The avid canoer, the guys who lay sewer

The photo processor, the damage assessor

Your carpet installer, the painter/drywall;

The wildlife protector, the traffic director

The restaurant headwaiter, your exterminator

The second grade teacher, the assistant preacher

The new house constructor, your tennis instructor.

They don't have the bucks to own property here.

So none of them live here. They just drive to work here.

Sure, some come to play here, but few of them stay here.

For renting a condo would prove far too dear.

The motel groundskeeper, the Playhouse bookkeeper

The gallery owner, the fresh fish deboner

The psychic/palmreader, your Weight Watchers leader

They just make the drive to work nine to five.

And when they're done working, they get in their cars. They belt themselves in, then they gaze toward the stars.

"Should I take the main drag, or go the back way?"

How long will it take me to get home today?"

Your barber/beautician, the TV technician

The magazine writer, the paid fire fighter

The city employees, the cooks and busboys

The UPS shippers – they're all just day-trippers.

So next time you're stuck in slow traffic, don't fuss.

Remember – those drivers came here to serve us.

We locals can choose when to be on our way

But transients who work here risk gridlock each day.\*

From page 28

## Octifest

and Hendry County Schools, the Gladiolus Center for Learning and Development, the Heights Foundation, and hundreds of individual families that request financial support to attend camps and day programs each year. "We never turn anyone away because they are unable to pay for tuition," said Basturk. "We believe that everyone should have equal access to ocean education, and our community is so generous in supporting us to make that happen."

Shari Clark, resident coordinator for the Pine Manor Improvement Association, partners with Sanibel Sea School to bring participants in her teen program to Sanibel about once a month. "These kids wouldn't have the ocean in their lives if it weren't for our connection with Sanibel Sea School," she said. "The field trips we take with Doc Bruce and his team of teachers give my group a new perspective on the vast world that exists beyond our neighborhood. It has helped them realize how much is out there to learn about and explore."

To purchase tickets to Octifest, visit [octifest.org](http://octifest.org) or call 472-8585.\*

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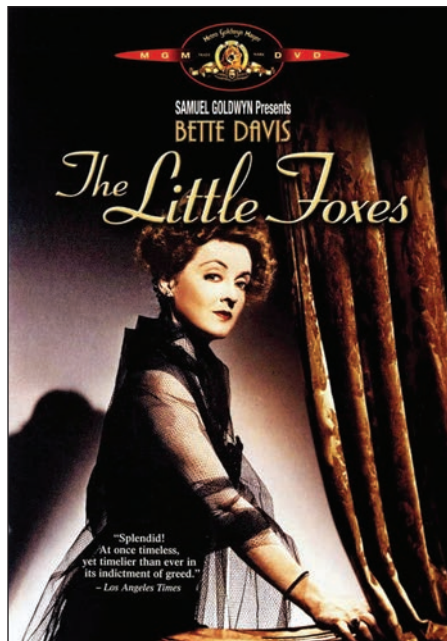
## BIG ARTS Film Director Series

*The Little Foxes*

by Sid Picker

On Wednesday, March 29, at the Island Cinema, BIG ARTS happily revives the Film Director Series, run by yours truly, who screens and discusses four films from a single selected director. The chosen director for this year is three-time Oscar winner William Wyler.

The first film this Wednesday is *The Little Foxes* by Lillian Hellman. It stars Bette Davis and includes evil, greed and avarice. Her character, Regina Giddens, is eager to grab the bulk of the family's rising fortune for herself. The suspense of the film lies in the question of who's going to sink the last figurative knife in



one another. The test of the picture is the effectiveness with which it exposes a family of evil people poisoning

everything they touch, and it's done spectacularly. Davis's performance is abundant with color and mood and other members of the cast are equally as good. *The Little Foxes* will not increase your admiration for mankind. It is cold and cynical, but it is a very exciting picture to watch in an objective way.

In addition to his three Oscar wins, Wyler holds a record 12 Best Director Oscar nominations. Unlike other classic directors known for a specific genre or style, there was almost nothing Wyler could not direct. With equal skill and flair, his range ran from biblical spectacle *Ben-Hur*, to contemporary comedy *Roman Holiday*, from musical *Funny Girl*, to drama *Jezebel*, and just about everything in between.

The second film on Wednesday, April 5 is in sharp contract to the theme of *The Little Foxes*. *Mrs. Miniver*, starring Greer Garson, focuses on virtue, self-sacrifice and loyalty. On Wednesday, April 12, the third film is a

post-war drama titled *The Best Years of Our Lives* with an all-star cast headed by Fredric March, Myrna Loy, Theresa Wright and Dana Andrews, dealing with shades of gray, from good to greedy. On April 19, the series concludes with similar shades of nuanced gray except expressed in technicolor under the guise of a romantic comedy set in Paris. *How To Steal a Million* stars Audrey Hepburn and Peter O'Toole.

The Film Director Series is screened at Island Cinema at 12:30 p.m. Because of its length, *The Best Years of Our Lives* on April 12 begins at noon. Tickets are \$5 for members of BIG ARTS and \$6 for non-members. They are available at BIG ARTS and, the day of the film, at the cinema located in Bailey's Shopping Center. Following the film, a discussion will take place. While all are welcome for any one film of the series, they are best appreciated by seeing all four in order to appreciate Wyler's good-and-evil evolution.✱

From page 30

## Comedy At Strauss

their way into your hearts. The musical numbers are exceptional and so are the outrageous puns and clever word play that playwright Dan Goggin has written.

The actors' banter with the audience throughout the show results in good-humored gentle audience participation. One certainly does not have to be Catholic to enjoy *Nunsense*, but judging from the audience response, having attended a Catholic school adds dimensions to the laughter. The

jokes, puns and songs blend in a very merry experience. Each singer exudes a special quality that makes the songs unique and appealing. The finale song, *I'm Holier Than Thou*, ends with a standing ovation for five thespians who give us a night of unique laughter.

*Nunsense*, directed and choreographed by Victor Legarreta, plays through April 15 at the Strauss Theater, located at 2200 Periwinkle Way on Sanibel. For tickets, call 395-0900 or go online to [www.BIGARTS.org](http://www.BIGARTS.org). Do yourself a favor and order your tickets now. As they say in the show, *Nunsense* is habit-forming.✱

## Upcoming Programs At Sanibel Library

Sanibel Public Library's upcoming programs can be found on the library's website calendar at [www.sanlib.org](http://www.sanlib.org).

Holocaust survivor Irene Skolnick, was born in the southeastern Polish city of Przemyśl to a prominent orthodox Jewish family. She was just 2 years old when Hitler invaded Poland. Skolnick will speak at the library at 2 p.m. on Friday, March 24 about her harrowing tale of surviving Nazi-occupied Europe.

Safeguarding your computer against viruses and malware is only part of internet safety. Learning what not to post, what is safe to look at and how to present yourself while interacting with your internet community could impact your personal safety. This presentation by Lee County Sheriff's Office beginning at 2 p.m. on Monday, March 27 is designed to teach you how to use technology in a manner that protects you and your assets.

At 2 p.m. on March 29, Rob Shewfelt will talk about processed food and why "it's not as bad as you think." Shewfelt is professor emeritus of food science and technology at the University of Georgia. He was part of an interdisciplinary research team that introduced the systems approach to postharvest handling of fruits and vegetables.

Dr. Lynne Wissink-Tressler will be doing a presentation and book signing of her YA book, *Crazy Bones: The Tale of a Waggy Tail* on March 31 at 2 p.m. Told from the point of view of a dog who was rescued after Hurricane Katrina, *Crazy Bones* tells the story of being adopted.

Join poets at Poetry Fest as they read some of their latest works on Monday, April 3 at 3:30 p.m. at the library.

Stop in to see more than 300 beer tap handles, pilsners and brew ephemera on loan from Rick Goodrich.

The public is invited to these programs. There is no registration required and no additional cost to participate. For more information, call 472-2483 or visit [www.sanlib.org](http://www.sanlib.org).✱

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BIG ARTS Monday Night Film Series

The Clan

by Di Saggau



The BIG ARTS Monday Night Movie for March 27 is *The Clan*, a crime drama from Argentina. It's about the troubling account of Argentina's notorious Puccio family in the 1980s. This hard-hitting crime saga illustrates how "disappearances" were permitted even after the dictatorship ended. Opening nearly 20 years after the Puccios' sensational arrest, the film has been an explosive success back home, raising the bar for strongest opening ever for an Argentine film with half a million admissions in four days, before heading to competition at the Venice and Toronto film festivals.

Much of the film's success is the near-total transformation of charismatic local star Guillermo Francella (*The Secret in Their Eyes*) into a stone-cold psychopath, carrying on the corrupt practices of a fallen dictatorship into the early days of a democracy he's convinced won't last.

Kidnapping carries entirely different connotations in Argentina than it does in other countries, having been practiced as a matter of institutional control during the regime of Jorge Rafael Videla, whose fall in 1981 officially ended the state-sanctioned "disappearance" of an estimated 30,000 dissidents. The abductions



didn't stop there, as former state intelligence worker Arquimedes Puccio (Francella) put his training to work in a new capacity, snatching rich targets off the streets and imprisoning them in his own home until their families coughed up the ransom money. The victims never managed to make it back alive. For years, the police turned a blind eye.

While clearly the film's most sensational element, the crimes themselves represent only a fraction

of the film's focus. The fearsome control Puccio wielded over his entire family is also notable. By the time we're forced to watch the Puccio clan abduct their final victim, a 58-year-old businesswoman barely any wealthier than themselves, we don't want to watch the Puccios get away with it any longer. Thankfully, they didn't. The city's Kidnapping Investigations Department finally manages to put the Puccios' crimes to an end. The film runs 110 minutes. Moderators for the evening are Kassie Witte and Rob Randell.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Film Sponsors: June Rosner and Russ Bilgore, Stan and Visnja Gembicki, Hyde Tucker, Penny Wilkinson and the *Island Sun*. BIG ARTS is located at 900 Dunlop Road. Tickets are available at [www.BIGARTS.org](http://www.BIGARTS.org), or at the door or by calling 395-0900.\*

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to [tutsie@centurylink.net](mailto:tutsie@centurylink.net). Each week, individual work will be showcased.

selected by Tanya Hochschild

Florida – Clean, Fresh Water

The following protest poem is a transcript of an email received. The face-off is at hand in Washington and in Tallahassee, to assure clean, fresh water. The answers are known, accepted by science, opposed by commercial interests, paralyzed in politics.\*

College Scholarships

Each year, the Rotary Club of Sanibel-Captiva awards several college scholarships to eligible students. One of the scholarships offered this year is dedicated specifically for further education at FGCU during the 2017-18 school year. Preference is given to students who are

attending a Lee County public or private high school and who reside or work on Sanibel or Captiva. A student living in Lee County whose parent(s) or close relative is employed fulltime on either island may also be given preference for a scholarship awards.

Information and applications can be found online at [www.sanibelrotary.org](http://www.sanibelrotary.org) or by calling Dan Cohn at 470-1342. The deadline is May 1.\*

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## Book Review

# Food Health And Happiness



by Di Saggau

**“R**eal cooking is an art form. A gift to be shared.” So says Oprah Winfrey in her new cookbook *Food Health and Happiness*. This book is a delight to read because it

not only has a fantastic assortment of healthy and tasty recipes, it also contains memories and advice from Oprah that is priceless. It's much more than a cookbook. In her Soup is Love chapter, she shares watching *Lassie* on television and how every episode ended with Timmy's mother serving him a piping hot bowl of Campbell's soup. At her young age, Oprah figured the world would be perfect if a big bowl of the soup was

served to her. She didn't know until many years later that Campbell's sponsored the show. She shares her love of soup with 19 recipes from mushroom soup to artichoke soup and Summer Corn Chowder.

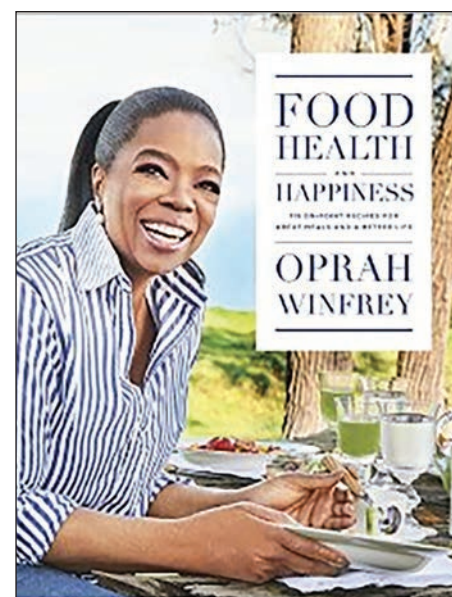
In her What Are You Really Hungry For chapter, Oprah tells us about her early television days and shares recipes that include Maya's Smothered Chicken, Turkey Lasagna and Mashed Cauli-Potatoes. According to Oprah, everyone says that whipped cauliflower tastes just like mashed potatoes when they actually taste just like whipped cauliflower. Her advise is to mix in a potato or two because the cauliflower will take on the flavor of the potato. She says her guests have eaten the cauliflower mashed potato combination and never even realized the cauliflower was there.

The chapter, The Faith of a Mustard Seed, shares Oprah's relationship with Chef Rosie Daley and healthy recipes she suggested. This includes Brined and Roasted Chicken, Tea Smoked Wild Salmon, Miso Glazed Cod and Chakalaka. The latter is a dish the girls from her South African leadership

academy request when visiting.

Her Morning Glories chapter includes a wide assortment of breakfast treats, from Banana Walnut Oatmeal, to Potato Hash and Breakfast Salsa. In other chapters, Oprah shares recipes from around the world, including Chicken Tikka Masala with Brown Basmati Rice, Indian Spiced Apricot Chicken, Peppered Tuna, Thai Red Curry with Shrimp and Pineapple, Velvet Shrimp with Carrot Ginger Puree and Tamarind Onion Caramel and Japanese Brown Rice with Kale, Avocado and Edamame Salad. She even includes a “Sipping Pretty” chapter that features smoothies and delicious cocktails.

Oprah's cookbook is fun to read not just because of the recipes but because of the wonderful stories she tells about her life and what she has learned from others. The recipes are accompanied by intimate reflections, quotes and annotations written in Oprah's own handwriting. It contains 115 recipes for great meals and a better life. The Weight Watchers Smart Points are included with each recipe to help at-home cooks better monitor and manage their own



eating habits. For delicious recipes that are healthy and easy to prepare, along with a unique glimpse into her personal story with food, pick up a copy of *Food Health and Happiness*. I hope you enjoy it as much as I did.✱

## School Smart



by Shelley M. Greggs, NCSP

**D**ear Shelley, Our family may be facing some tough times soon given our financial situation. Is there anything I can do with my kids to help them while we try to

solve our problems?

Lucinda L, Fort Myers Beach

**Lucinda,**

I am sorry to hear of your difficulties, and I applaud your efforts in learning how to help your kids through what may lie ahead for your family. There are some ways to help children learn how to “weather the storm.” Adversity is a natural part of life. At some point, we all face difficulties, such as family problems, serious illness, a personal crisis, or a painful loss. Being resilient is important to dealing with adversities like these. While most parents hope that their children never face extreme adversity, successfully facing tough situations can actually foster growth and give children the skills to be more resilient in the future.

Most people have a natural tendency to adapt and bounce back from adversity. However, parents can help their children learn to face challenges successfully, whether it is the stresses of everyday life, such as academic difficulties or problems with friends, or severe adversity, such as losing a home and being displaced from normal routines for months. Following are five ways to promote resiliency in your children and help protect them from long-term ill affects of difficult experiences.

1. Think positive! Modeling positive attitudes and positive emotions is very important. Children need to hear parents thinking out loud positively and being determined to persist until a goal is

achieved. Using a “can do” problem-solving approach to problems teaches children a sense of power and promise.

2. Express love and gratitude! Emotions such as love and gratitude increase resiliency. Praise should always occur much more often than criticism. Children and adolescents who are cared for, loved and supported learn to express positive emotions to others. Positive emotions buffer kids against depression and other negative reactions to adversity.

3. Express yourself! Resilient people appropriately express all emotions, even negative ones. Parents who help kids become more aware of emotions, label emotions appropriately and help children deal with upsetting events are giving them useful life skills.

4. Get fit! Good physical health prepares the body and mind to be more resilient. Healthy eating habits, regular exercise and adequate sleep protect kids against the stress of tough situations. Regular exercise also decreases negative emotions such as anxiety, anger and depression.

5. Foster competency! Making sure that children and adolescents achieve academically is great protection against adversity. Children who achieve academic success and who develop individual talents, such as playing sports, drawing, making things, playing musical instruments or playing games are much more likely to feel competent and be able to deal with stress positively. Social competency is also important. Having friends and staying connected to friends and loved ones can increase resiliency. Social competency can even be created by helping others.

Protecting our children against all of life's unexpected painful events is not possible. Giving them a sense of competency and the skills to face adverse circumstances can be a valuable legacy of all parents. Resiliency can be built by understanding these important foundations. The more we practice these approaches, the better able our children will be to weather whatever life brings.

The column was adapted from: *Resiliency: Strategies for Parents and Educators*, Virginia Smith Harvey, *Helping Children at Home and School II: Handouts for Families and Educators*, NASP, 2004

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and

education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱



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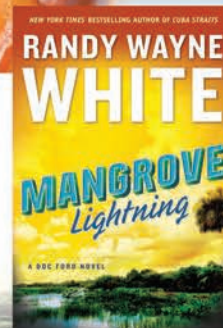


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## SanCap Cares Sponsor Party To Benefit Golisano Children's Hospital



From left, event co-chairs Lisa Heidrick, Valerie Tutor and Diana Day

photos by Carol Orr Hartman

SanCap Cares and Golisano Children's Hospital (GCH) honored a special group of islanders on Sunday evening, March 12 at the Captiva Island Yacht Club. Hospital officials and senior staff celebrated

with over 100 sponsors for the 17th annual SanCap Cares signature event to be held April 9.

This year, SanCap Cares' sponsors have donated a record amount in sponsorship



Drs. Amy and Rob Stanfill, Lee Health

dollars to benefit the hospital. Funds raised this year will go toward the \$700,000 goal for an additional pediatric operating room. The hospital will then provide the other \$700,000 needed to build and equip the new OR, specially sized so that it can even accommodate orthopedic surgeries.

The event co-chairs, Diana Day, Lisa Heidrick and Valerie Tutor, acknowledged this year's honorary chair and SanCap Cares co-founder Amanda Cross. Jim Nathan, CEO, Lee Health; Skip Leonard, chief foundation officer, Lee Health Foundation; and Al Hanser, CEO, The Sanibel Captiva Trust Company (Presenting Sponsor for 14 years) offered their thanks to the Sanibel and Captiva community for their generosity and commitment.

Nathan shared highlights of the upcoming grand opening for the new facility for Golisano Children's Hospital as well as the next steps in the transition of the HealthPark campus. He emphasized the advances at the hospital over the years that have resulted in more kids surviving and thriving from what were previously usually fatal conditions. He also noted fewer kids are being sent far from home for surgery and care.

GCH Pediatric Surgeon Dr. Amy Stanfill expressed her appreciation for the equipment SanCap Cares has purchased in the past; a pediatric OR table with special insert for preemies, purchased in 2012, has been used for many thousands of surgeries and the tiny 2.7mm laparoscopic instruments, (about a tenth of an inch) purchased in 2010, have become vital

continued on page 18B

## Children's Hospital Grand Opening April 1

America's newest children's hospital, Golisano Children's Hospital of Southwest Florida, is opening its doors in Fort Myers and is hosting a grand opening on Saturday, April 1 from 10 a.m. to 1 p.m., which is sponsored by Suncoast Credit Union. This new, child-friendly facility is located next to HealthPark Medical Center on Bass Road. Festivities include a ribbon cutting, tours, children's activities and entertainment by local schools.

"We are so excited to finally open the doors of our new children's hospital to the Southwest Florida community, so they can see the fruits of their labors," said Kathy Bridge-Liles, chief administrative officer of Golisano Children's Hospital of Southwest Florida. "From neighborhood lemonade stand proceeds and, literally, piggybanks, to celebrity golf tournaments and major philanthropic gifts, the community has given selflessly to help build this very special place so children can receive the care they need close to home."

"It's hard to believe that it was just four years ago that we launched the challenge to



One of the colorful statues near the main entrance to America's newest children's hospital

photo by Carol Orr Hartman

communities in Southwest Florida to raise money to build a new state-of-the-art

continued on page 3B



From left, Jim Sprankle, sculptor; Birgie Miller, executive director "Ding" Darling Wildlife Society; and Jim Nathan, CEO, Lee Health

photo by Amanda Hartman

## Auction Of Sprankle Sculpture To Benefit Hospital And Wildlife Society

Jim Sprankle's 2001 sculpture *Ding's Darlings – Two Tri-Colored Herons* will be auctioned Sunday, April 9 at SanCap Cares' 17th annual Island Celebration at The Sanctuary Golf Club. At the request of the donors, proceeds from the sale will be split 50-50 between Golisano Children's Hospital and "Ding" Darling Wildlife Society.

The three-foot-tall sculpture was on display at the SanCap Cares sponsor party. Beginning April 1, it will be on display at The Sanctuary Golf Club, located at 2801

continued on page 2B

# THE TRUMP EFFECT

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**Ding's Darlings – Two Tri-Colored Herons by Jim Sprankle** photo by Skipp Tutor

From page 1B

## Auction

Wulfert Road on Sanibel.

Bids may be placed by phone before and during the event. For details, contact Amanda Cross at 472-2082 or email [SanibelCaptivaCares@gmail.com](mailto:SanibelCaptivaCares@gmail.com)✱

## Local Civic Pioneer Reveals Some Cruel Facts

submitted by Janis Cain

Given the enviable quality of life and high level of civic engagement on Sanibel and Captiva, it's difficult to fathom the conversely negative statistics on the state of Florida as a whole. Research shows that Florida ranks among the lowest in the nation when it comes to issues important to families and communities. "Citizen participation and civic life are hardly the first things that come to mind when most people think about Florida," noted Sanibel resident Stuart Langton, PhD. "If one mentioned political dysfunction, crazy elections, greed, corruption and sheer weirdness, however, it is a pretty good bet that people have heard about that."

Dr. Langton's comments were part of

his recent eye-opening speech before the League of Women Voters of Sanibel. He is the chairman of the coordinating council of The Florida Civic Advance, a network of over 40 Florida organizations committed to addressing Florida's comparatively low level of civic engagement among its citizens. Quoting research statistics, Dr. Langton reminded his listeners that Florida has been dubbed the "corruption capitol of America" because 1,762 public officials have been convicted of corruption in the past 40 years. In addition to Florida having among the highest numbers of prisoners, high school dropouts and violent crime statistics, Florida has the worst statistics among all 50 states when it comes to affordable housing and unemployment insurance. This weak civic life, he said, is a barrier to achieving community stability, citizen engagement, economic prosperity and a desirable quality of life. Will so many negatives inspire positive action among Florida's citizens? While civic engagement flourishes among local

continued on page 24B

From page 1B

## Children's Hospital Grand Opening

children's hospital to serve the children and families in this area with the best care possible close to home," said Tom Golisano. "The new Golisano Children's Hospital is now almost ready to open its doors and welcome those in need of care. I am honored to be able to help make this new critical resource for children in Southwest Florida possible and look forward to being there to celebrate this significant achievement for the community."

Children, and the young-at-heart, will be captivated by the many interactive design features and color-coded theming on the seven-floor facility. The building encompasses nearly 300,000 square feet and consolidates into one location the medical and ancillary specialty services required to treat critically ill or injured children in a five-county region. A total of 128 patient beds will be available at the new hospital, with future expansion capabilities up to 160 beds.

A dedicated pediatric emergency department with its own ambulance entrance will be staffed by pediatric emergency physicians 24 hours a day, seven days a week. Other new features include:

- A classroom where children can continue their studies in an educational environment while in the hospital
- A family room
- Outdoor garden with colorful statues and areas for meditation and respite for families
- Family resource center
- Family laundry facility
- A 64-room Neonatal Intensive Care Unit (NICU)
- Milk lab
- Chapel
- Two new MRI units
- Acute care pediatric rehab area

"The mission of the Suncoast Credit Union Foundation is to promote the education, health and emotional well-being of the children in the communities we serve," said Cindy Helton, executive director of the Suncoast Credit Union Foundation. "We are pleased to be able to fulfill this mission by providing families the opportunity to tour the hospital and participate in the grand opening festivities."

The community is invited to attend the grand opening. To accommodate hospital visitors, guests are asked to park in designated areas on the north side of HealthPark Medical Center. Trolley service will be provided.\*



Front from left, Steve Greenstein, Al Hanser and Chuck Vilardi; second row, Christian Fautz and Barbara Maughan; back row, Rob Lisenbee and Carolyn Tongyai photo provided

## Foundation Donates To School Fund

Al Hanser, chair of the Charitable Foundation of the Islands (CFI), presented a \$5,000 check to Chuck Vilardi, principal of The Sanibel School and Christian Fautz, president of the Sanibel School Fund, to support the foreign language program at the school. Hanser gathered with the CFI board of directors and members of the Sanibel School Fund board for the check

presentation.

"The Charitable Foundation of the Islands supports The Sanibel School and recognizes the importance of helping children," said Hanser.

Money raised by the Sanibel School Fund and PTA provides many resources and enhancements that the shortfalls in the Lee County School System budget cannot, including educational software, classroom computers, the foreign language program, steel drums, a music keyboard lab, supplies for classrooms, and much more. Parent and community support for these programs have helped The Sanibel School earn the Blue Ribbon designation, as well as an "A" rating for the past 15 years.\*

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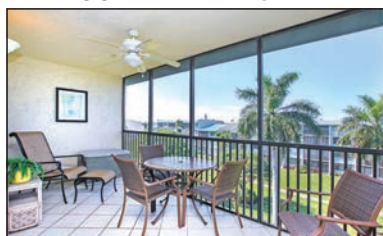
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**\$619,000**

### 3099 Cussell Dr. (Pine Island)



Build on this large corner, canal front lot with sea wall. Direct gulf access in minutes. Room to build 40 ft. dock.

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### 3728 West Gulf Dr.



Only steps to the beach. This Exceptional 5 BR/5 BA home offers many custom features... including a large pool surrounded by professionally landscaped grounds.

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### Commercial on Tamiami Trail



Two parcels, A & B zoned Commercial General. Parcel A is approx. 4.5 acres and Parcel B is approx. 2.0 acres.  
**(A) \$999,500 (B) \$400,000**

### Pointe Santo C36



2 BR, 2 BA with great GULF views...! Silestone counters, new tile, upgraded kitchen/baths. On site Mgmt. AMENITIES! Excellent rental income.

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### Sandalfort 4C3



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### 4155 Dingman Drive



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### 9247 Dimmick Drive



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**18181 OLD PELICAN BAY DR., S. FT. MYERS**  
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**830 SAN CARLOS DR., FT. MYERS BEACH**  
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**6841 LAKEWOOD ISLE DR., FT. MYERS**  
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**6021 SILVER KING BLVD., CAPE CORAL**  
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### BEACHVIEW CC ESTATES



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**1294 PAR VIEW DR., SANIBEL**  
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 Cindy Sitton 239.810.4772

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**OPEN 3/25 & 3/26 1:00PM - 4:00PM**

**11520 ISLE OF PALMS DR., S. FT. MYERS**  
 • Waterfront Sailboat Access  
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 Roger Stening 239.770.4707

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**OPEN 3/26 1:00PM - 4:00PM**

**4237 SW 23RD AVE., CAPE CORAL**  
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 Stoutenburgh Group 239.745.5333

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**OPEN 3/26 1:00PM - 4:00PM**

**7383 HERITAGE PALMS ESTATES DR., FT. MYERS**  
 • Exceptional Barrington Floor Plan  
**\$774,900 MLS 216075652**  
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### TARPON POINT MARINA



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**OPEN 3/26 1:00PM - 4:00PM**

**1803 SE 45TH ST., CAPE CORAL**  
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### MCGREGOR ISLES



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 • Direct Deep Water Access, 1,800' to River  
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**18170 PARKSIDE GREENS DR., FT. MYERS**  
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# Rotary Happenings

submitted by Shirley Jewell

Club business was on the agenda this week with focus on Sanibel-Captiva Rotary Trust Fund's ongoing support of ShelterBox USA



and Rotary International and Rotary District #6960 partnership projects. At the top of the meeting, club president Charlie Emerson presented a \$2,000 check to Ross Spencer of ShelterBox USA. The \$2,000 is being earmarked for emergency supplies in response to a special appeal for relief supplies for Syrian refugees. Paraphrasing an article from *Global Impact*: The Syrian catastrophe is at epic proportions with numbers of people fleeing Syria. Millions are living in makeshift dwellings in neighboring countries where they are offered sanctuary and some refugees still trapped within the Syria borders. ShelterBox has been involved with relief efforts in Syria for the last six years at an estimated cost of five million dollars toward this humanitarian relief effort.

Currently, the only shelter tents allowed in Syria refugee areas are supplied by the U.N. Additional emergency supplies such as tarps, plastic sheeting, water purification equipment, tools and other survival supplies are



Ross Spencer of ShelterBox USA accepts a check from Rotary Club President Charlie Emerson

photo provided

distributed by ShelterBox through partnerships with Hand & Hand Syria and Relief Aid Syria.

Following the check presentation, Chet Sadler, Sanibel-Captiva Rotary International Foundation club representative, presented an impressive report and video on his recent sustainability follow-up inspection of our club's water projects and a report on joining Rev. Israel Suarez of Nations Association and others on a trip to Ecuador for delivery and distribution of donated medical supplies in Ecuador.

**St. Marc, Haiti** – a \$75,000

construction project of bathroom facilities at the St. Marc School, providing safe water, sanitation and hygiene facilities. Construction of bathrooms completed in 2015. Sadler revisited the facilities and commented that facilities were being well-maintained and slight modifications of the building were put in place because of some vandalism problems. Overseer of project in Haiti is St. Marc Rotary Club, Haiti.

**Villard Village, Arbonite Valley, Haiti** – sustainable clean water filtering system built in partnership with Rotary District #7020-England in Arbonite

Valley, Haiti. Working with the Water Mission organization, these solar powered water systems have a capacity of supplying safe, clean water to approximately 6,000 community members. Currently, it is serving 2,500 community members. Each water system is overseen by a local water committee that sets a nominal charge for this clean water. At the Villard system site, the cost is three cents for 10 gallons of chlorinated water. Fees are used to sustain the filtering system and pay a local community member to manage the site. Water pipes can be added for short-range distribution of water to nearby villages and plans to do so are on the drawing board. Sadler told us this water project is working well; additional water system sites are being explored.

### Medical Supplies To Ecuador –

The name of this project could be called, "How the Wheels Turn." An original gift of 10 wheelchairs presented at last year's Rotary District #6960 conference to Rev. Israel Suarez of Nations Association Charities, Fort Myers from Sanibel-Captiva Rotary and the district's Wheelchair Foundation project was a start of something so much bigger. Soon after the announcement of the gift, Rev. Suarez was made aware of the need for medical supplies for victims of a series of earthquakes in Ecuador. He then asked Rotary if he could send the wheelchairs to Ecuador, and Rotary agreed. However, that was not the end of the story, but just the beginning.

When district Rotarians heard about the need in Ecuador, they searched

continued on page 8B

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### STUNNING HOME ON KINZIE ISLAND

Recently updated and situated on the navigable canal, this Bermuda Style home offers a spacious floor plan with 3 bedrooms and 5 full baths, screen enclosed pool and spa, wonderful outdoor living, dock and boat lift. Striking in every detail. Kinzie is a gated community on Sanibel Island, beach access with cabana, association tennis, pickle ball and basketball court.

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## 3728 West Gulf Dr. Sanibel, FL 33957

This very special West Gulf Drive home is only steps to the beach. An exceptional 5 bedroom/ 5 bath with gourmet kitchen, butler's pantry, custom cabinetry, granite counters... opening to the great room, fireplace, stone flooring and vaulted Cypress plank ceilings. The ground floor master suite has french door access to the lanai, a large pool and the professionally landscaped grounds.

This is an exceptional home!

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### ***Gulf-Front at Beachcomber***

This view from guest suite balcony. Everyone sees the gulf in this condo. Great room with expansive glassed balcony & master suite face beach. Small community, just 20 units, on convenient east-end. Parking & storeroom below. \$1,495,000



### ***Investors' Delight at Casa Ybel Resort***

One of just 40 condos at Cottage Colony West. Easy on-site nightly rentals & full amenities. Resort takes care of it all. This unit center tier in center building with private stairs from gulf-side balcony to this beach. Grossing \$80K-\$100K/yr. \$674,000



### ***Build Your Home in Gumbo Limbo***

Looking for privacy? This could be the place for you. Wide parcel on back of Peaceful Dr. ~170' x 155' backing to preserved land. Handy to causeway & mid-island convenient. Should have sunny backyard too, faces west. \$274,000



### ***Well-Priced 3 Bedroom on Bay***

Easy-living spacious 1,700 sq. ft. condo on east-end. Very residential with limited rentals. Easy on- & off-island access. Handy to fishing pier, marina, shopping, & bike path. Just 29 steps to beach. Community clubhouse, pool, & tennis. \$574,000



### ***Known as "Sanibel's Rainbow"***

Delightful top-floor Loggerhead Cay gulf-view 2 bedroom. Community pool, clubhouse, tennis, shuffleboard, & bbqs. Years of rental history & bookings. Grossing up to \$60K/year. Completely turnkey, has new kitchen too. \$598,300



### ***How About This View***

Overlooking Pointe Santo's central lagoon to beach & gulf, this 3rd floor 1 bedroom is a great vacation retreat & income-producer. Has grossed as much as \$45K/year. Clubhouse, pool, hot tub, tennis, bbqs. Convenient town center shopping. \$599,000



### ***Sunsets, Income, & Vacations***

2nd floor 2 bedroom at Sand Pointe on West Gulf Drive. Steps to this beach & sunsets. Updated interior with gulf views. Remodeled "open" kitchen & updated baths. With weekly rentals allowed, has excellent rental history. Community pool. \$724,000



### ***Decorator-Furnished Near-Beach Olde-Florida-Style Home With Amenities***

On large tropical parcel along back of Seagull Estates. Overlooks protected refuge land. Natural views from great & dining rooms, kitchen, master suite, guest room, & porches. Expanded & remodeled with fully-equipped gourmet kitchen & stunning custom furnishings. Now used as 3 bedroom with office. Could easily be 4 bedrooms. Great room has high ceilings, fireplace, bamboo floors. New appliances & chair lift. Close to community clubhouse, pool, tennis, & private beach access path. \$1,099,000

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From left, The Sanibel Captiva Trust Company founder and President Al Hanser and Steven Greenstein, executive vice president with Cindy DeCosta, director of the Children's Education Center of the Islands photo provided

## Trust Company Sponsoring Spring Festival

The Sanibel Captiva Trust Company has signed on as a silver sponsor for the Children's Education Center of the Islands' 23rd annual Spring Festival, which will be held on Saturday, April 15.

"The Sanibel Captiva Trust Company is proud to support and sponsor the Children's Education Center of the Islands Spring Festival,"

said Al Hanser, founder and chairman of the trust company. "We are honored to be able support this event and the Children's Education Center of the Islands Scholarship Fund to ensure that all children can attend a quality preschool regardless of income."

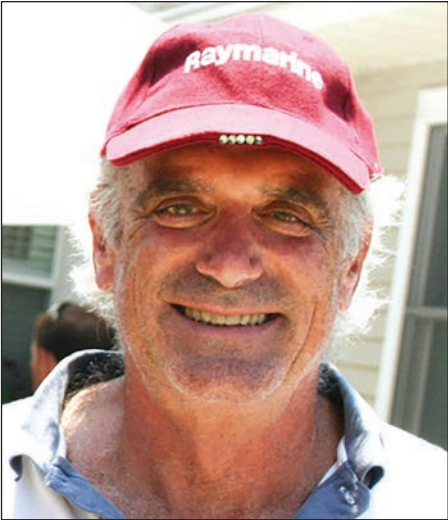
For the past 23 years, the Children's Education Center of the Islands has hosted its annual Spring Festival. Proceeds benefit the scholarship fund and capital improvements.

For information on sponsorships, call Cindy DeCosta at the Children's Education Center of the Islands at 472-4538 or visit [www.childrenseducationcenter.com](http://www.childrenseducationcenter.com).

## New Board Member Named

The Captiva Island Historical Society recently appointed Captiva resident Lee Childers to its board of directors. Childers has always been fascinated with history: how people lived, ate, dressed and supported themselves before modernization. He is especially curious about the early residents of Captiva, who survived the swarms of mosquitoes that blackened their window screens, how they dealt with the heat, unmitigated by air conditioning. He wonders how Captiva morphed from a small agricultural community into a prized warm weather destination for living or vacationing.

Childers, his wife Wendy, and their two children spend part of their time on the Jersey Shore on the barrier island of Normandy Beach. It was there in 1980 that he founded his real



Lee Childers photo provided

estate business. Childers Sotheby's International Realty specializes in seashore properties not unlike Captiva and Sanibel.

From page 6B

## Rotary Happenings

donations from other sources for medical supplies. Lee Health had just purchased some new electric hospital beds and other medical hard-goods for their facilities and decided that the old equipment could be donated for use in Ecuador. The Wheelchair Foundation donated 35 wheelchairs. Rotary donated 180 thousand food packages. Snyderman Shoes in Fort Myers donated hundreds of boxes of shoes for distribution in Ecuador, a much-needed commodity in storm ravaged countries. Nations Association Charities helped with additional supplies. Rotary District #6960 financed the purchase of two Red Cross shipping containers and paid transportation and

shipping fees to bring these supplies down to Ecuador. Nations Charities, friends of this organization, and Rotarians helped pack the supplies but then a hurricane was threatening the shipping port so they had to hold the two containers here in the states until shipping could get under way. Sadler made the journey to Ecuador to be part of the distribution team on the ground including the Rotary Club de Manta, Ecuador.

Sadler is our club's point-man on projects like this. He pays for all his transportation and spends months coordinating these projects. Thanks, Chet.

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.

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From left, Lucas Murphy, Susan Schrijver, Kelly Lowden, owner Fran Peters, Beth Rizzo and Aimee Skolmutch. Not pictured, Crystal Cruz. photo provided

## Island Vacations Earns Designation

Island Vacations of Sanibel & Captiva has been designated a Certified Guest Service Professional property. To qualify for this designation, all the reservationists must attend every CGSP class and pass the test. This course is offered through the Lee County Visitor & Convention Bureau. The course and certification process are monitored and awarded by the American Hotel &

Lodging Association located in Orlando, Florida. The certification is recognized nationwide. "Island Vacations has been honored to win several of 'The Best' designations in recent years," said Fran Peters, owner of Island Vacations. "I am proud of my award-winning staff and how attuned they are to our guests' needs. Having all of my staff, including myself, become designated CGSP is another example of how serious Island Vacations is to providing our guests with the best possible vacation experience."✪

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## Renewable Energy Discussed At Luncheon

Lee County is home to pristine beaches, popular tourist spots and one of the most advanced and integrated solid waste management systems in the country. Sanibel & Captiva Islands Chamber of Commerce members heard about it and its sustainability during the March business luncheon.

Tom Mueller of Covanta Lee presented how trash is turned into energy by two 600 ton-per-day (TPD) waterwall furnaces and one 636 TPD with Martin reverse-reciprocating grates and ash handling system. The Lee County Solid Waste Resource Recovery Facility, operated by Covanta, generates up to 23 megawatts of clean, renewable energy from two condensing steam turbine generators.

"We use reclaimed water from the city-owned waste water treatment plant for all of the process water and (the Resource Recovery Facility) is equipped with both ferrous (steel) and non-ferrous (brass, copper, aluminum) recovery systems to remove metals from the ash residue," said Mueller.

In addition to the county's award-winning integrated resource recovery system, there is a material recovery facility, also known as a recycling center, and a construction and demolition recycling operation, as well as a county-run maintenance facility



Tom Mueller photo provided

all powered by clean renewable energy produced at the facility.

Lunch included a Mediterranean chicken salad and a sticky toffee pudding dessert prepared by Community House resident chef Jared Harris.

The Sanibel-Captiva Rotary Club sponsored the luncheon.

Due to the chamber's annual meeting in April, the next business luncheon will be held on Tuesday, May 9 at 11:30 a.m. at Shell Point Retirement Community. Registration is required and can be completed online at [www.sanibel-captiva.org](http://www.sanibel-captiva.org) or by calling 472-1966.✪

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**PENDING!**



**243 SOUTHWINDS DR  
SANIBEL ISLAND**

It's all about location! This remodeled home, with elevator and screened in pool is just a short stroll to the deeded beach access. 3 bedrooms, 2 and a half baths with an office or den, metal roof and nearly 2,000 sq ft. You'll love the remodeled kitchen! Lushly landscaped double lot. If you love the beaches of Sanibel, you'll love the location of this home. This is truly a must see! **OFFERED AT \$855,000**

**THE DUNES!**



**1426 SAND CASTLE DR  
SANIBEL ISLAND**

Charming 3 bed, 2 bath home located in The Dunes Golf & Tennis Community. Featuring tile floors throughout the living area, a wet bar in the great room & a beautiful, newly remodeled master bathroom. Kitchen has granite counter tops & loads of storage. Enjoy tropical breezes & conservation land views on your spacious, screened lanai. Covered parking & storage. **OFFERED AT \$649,900**

**PENDING!**



**970 SAND CASTLE RD  
SANIBEL ISLAND**

Bright & open floor plan in this Dunes 3 bed, 2 bath home which lends itself to beautiful architectural design. The vaulted ceilings in the living space & decking off all bedrooms & open kitchen add an open airy feel. Close to San Carlos Bay at Bailey Road for fishing, kayaking or sunning. Only a few homes away from the Dunes Club house. **OFFERED AT \$537,000**

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**15598 BEACH PEBBLE WAY  
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# Shareholders Hear Update At Annual Meeting

Sanibel Captiva Holdings, Inc. held its annual shareholders meeting on March 15 at The Sanctuary Golf Club on Sanibel. Al Hanser, founder and chairman, presented the business portion of the meeting to approximately 60 guests, which also included employees and board members, all of whom hold shares in the company.

Hanser reported on annual profits and the holding company's recent distribution of a 4.7 percent dividend to its shareholders. The Sanibel Captiva Trust Company has reached a new milestone of \$1.5 billion of assets under management with 34 employees serving just over 300 client relationships. In addition to the main offices in Sanibel, Naples and Tampa, the company now has three satellite offices, in Marco Island, Winter Haven and Belleair.

Additional business covered the election of a new board member, attorney George Heisler of Sanibel. Three long-time directors were honored who are retiring from the board: Ginny L. Fleming, John W. Burden and John D. Schubert.

Hanser reviewed the firm's mission and vision statements reiterating that The Sanibel Captiva Trust Company and its divisions is a wealth manager, not a money manager. "The company does not sell proprietary products and has a dedicated service-oriented culture," said Hanser. He also emphasized that there are no plans to sell the trust company, but to continue to grow it and increase employees' and board members' opportunities to purchase shares. "We also started our Employee Stock Ownership Plan last year," said Hanser, "and it was with a great sense of pride that we could provide our employees with such a valuable retirement benefit."

Addressing the safety and soundness of the firm, Hanser noted that the trust company is audited by both the State of Florida Office of Financial Regulation and Crow Horwath. He introduced Darryl S. Gordon, CFE as the holding company's



Carol Boyd, president of The Naples Trust Company with the newest board member of Sanibel Captiva Holdings, Inc., George Heisler

photos provided chief compliance officer, who was acquired last year to oversee the trust company's adherence to laws and regulations, and to develop policies and procedures aligned with industry ethics and protecting client assets. Also recognized was attorney John Giordano of Bush Ross Attorneys at Law, whose firm was reaffirmed for 2017 as the company's chief counsel.

Terry Igo, CEO, went over the strategic direction of the company. In addition to the core offices, he detailed the activity of the new satellite markets and the positive growth Marco Island and Belleair have experienced since opening last November. He also highlighted robust strategic marketing activity, designed to grow business while supporting client and company causes throughout the markets. All employee promotions were also recognized.

The final tally of assets under management in 2016 was \$1,413,497,808 and revenues increased year over year at a rate of 10.4 percent. "We have a fully staffed company at this time and have a clear direction of how we want to grow," said Igo. "Expenses are decreasing and net profits are increasing, so our growth projection is healthy for the coming year."

Controller Nancy Hackett, vice president, confirmed the projection in her presentation on the health of the company, followed by Chief Investment Officer Ian N. Breusch, CFA, who detailed the firm's investment strategy and asset allocation.\*



Dick Pyle, center, president of The Sanibel Captiva Trust Company with board member John Brabson, left, and board member emeritus Bill Crowder



From left, directors Jim Lozelle and Bill Crowder with CIO, Ian Breusch, CFA and director Dick Botthof with his wife Pat Botthof



Terry Igo, CEO, left, and Al Hanser, founder and chairman, right, congratulate retiring board members, from left, John Schubert, John Burden and Ginny Fleming

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## STUNNING HOME ON KINZIE ISLAND



**KINZIE ISLAND:** Recently updated and situated on the navigable canal, this Bermuda Style home offers a spacious floor plan with 3 bedrooms and 5 full baths, screen enclosed pool and spa, wonderful outdoor living, dock and boat lift. Striking in every detail. Kinzie is a gated community on Sanibel Island, beach access with cabana, association tennis, pickle ball and basketball court.

Asking price is \$2,350,000

## GORGEOUS COASTAL BEACH HOME



**SANIBEL EAST END:** Spacious home with 3 bedrooms, 2 1/2 baths, screen enclosed heated pool, volume ceilings throughout, chefs kitchen, incredible bonus space with extra storage, 3 car garage and boat dockage. This home is located in the prestigious Kinzie Island, a private, gated community with private beach access on the East End of Sanibel. Association pool, tennis, pickle ball courts and beach access with cabana. An Island dream come true on Sanibel!

Asking price is \$1,395,000

## BEACH DUPLEX CLOSE TO GULF BEACHES



So close to the Gulf you can hear the waves! Adorable duplex 3 lots away from the Gulf of Mexico. Fantastic Opportunity to live in one side and rent out the other. So many options. Tradewinds offers one of the most beautiful stretch of the beach on the Island, and beach access seconds away with parking- Private and remote!

Asking price is \$595,000.

## CANAL-FRONT LOT IN SHELL HARBOR



Here's your chance to build your dream canal front home on East End of Sanibel. This beautiful lot is surrounded by the Gulf of Mexico and Bay offers a seawall canal with dock and boat lift already in place. The private deeded beach access with parking is just moments away. One of the very few remaining canal lots on the Island!

Asking price is \$719,000

## ADORABLE COTTAGE BY THE SEA!



Perfect floor plan for the family. Open kitchen, dining and living room, plus 4 bedrooms and 2 baths. Dreamy cottage style home with wood floors through out, high ceilings on a private, tropical lot. Watch the manatees and wildlife. Wonderful canal views, boating access to the Gulf of Mexico. Beach access close by.

Asking price is \$849,000



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# A Sanibel Celebration Of President Bradshaw's Legacy



Bradshaw, left, shares a serious moment with guests and donors

photos provided

On March 8, friends and supporters of the Center for Environmental and Sustainability Education gathered for an evening to celebrate retiring FGCU President Wilson G. Bradshaw. Sanibel residents Virginia and Ed Stringer, friends and long-time colleagues from Bradshaw's former years as president of Metropolitan State University in Minnesota, hosted the gathering. Center attendees included board members John D. McCabe and June LaCombe. Also present was Susan Stuart, chair of the center host committee, which helps organize community programs such as the Rachel Carson Distinguished Lecture Series.

The Center for Environmental and Sustainability Education works



Mary Beth Gonzales, Sarita Van Vleck and Rusty Farst

toward realizing the dream of a sustainable and peaceful future for Earth through scholarship, education and action. Bradshaw's commitment to environmental sustainability and



President Wilson Bradshaw, second from right, surrounded by hosts and FGCU volunteers



Peter Blaze Corcoran and Virginia Stringer

diversity as pillars of the FGCU mission has helped that dream come closer to reality.

Funds were raised for the center and guests toasted Bradshaw's leadership and the environmental legacy he



Bill Ginn and Jim Pigott

leaves behind. The center relies on the generosity of people like president Bradshaw and local community members who believe in its mission.

As the annual Haffenreffer Challenge reaches its final weeks, the center continues to welcome your contributions. All gifts given at this time will be matched up to a total of \$6,000 thanks to Sanibel residents and long-time supporters Mallory and Peter Haffenreffer and an anonymous donor. Donations go directly to programs.

For more information about the Center for Environmental and Sustainability Education and its programs, visit [www.fgcu.edu/cese](http://www.fgcu.edu/cese) or contact Peter Blaze Corcoran at 590-7166.✪

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Fort Myers Community Concert Association  
Friends Who Care  
Gateway Soccer Association  
Gateway Trinity Lutheran Church

Gulf Coast Humane Society  
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PACE Center for Girls of Lee County  
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Michael R. Dreyer photos provided

Ian N. Breusch

## Presentation On Global Economy

The Sanibel Captiva Trust Company is hosting a special presentation, entitled The Trump Effect – What It Means for Financial Markets, on Tuesday, March 28 at Tween Waters Inn.

Members of the Sanibel Captiva Trust Company's Investment Management Team will address the new administration, how it relates to the global economy, and investment and

tax strategies for 2017. Presenters are Ian N. Breusch, CFA, chief investment officer, and Michael R. Dreyer, CPA, president of the trust company's Tampa office. The program will be held at Tween Waters Inn in The Wakefield Room, located at 15951 Captiva Drive on Captiva. Registration begins at 9:30 a.m. and the presentation will start at 10 a.m. Light refreshments will be served.

Reservations are required. Call Frances Steger at 472-8300 or email [fsteiger@sancaptrustco.com](mailto:fsteiger@sancaptrustco.com).✱

### Superior Interiors

## Creating The Perfect Home Office



by Marcia Feeney

One are the days when you only had the choice of a desk and chair for your home office. Today's home office furnishings options are all but endless. So, first things first! As

with any decorating project, you first need to determine what you want to accomplish in your new home office, and then match those needs with the right furnishings.

While many people purchase a conventional desk, more and more are requiring extra space. If you fall into this category, you might consider a workstation. With an L-shaped configuration, you should find that it provides approximately twice the work space of a traditional desk. Plus, the storage options are virtually endless – cubbyholes, drawers and cabinets are all designed to store office essentials.

Another popular workstation option is the office armoire: two tall doors open to reveal a drop down work surface and plenty of storage space. Available in a multitude of design styles and furniture finishes, these popular pieces can easily fit into any design style.

Chairs, too, have vastly improved in terms of aesthetics as well as comfort. This is one place you can really put

a personal stamp on your home office. Who says you can't work from a traditional wing chair? Or even a country-style Adirondack chair?

Once you've determined you style preference, you next need to give careful consideration to the ergonomics. If you spend a majority of your time working at a computer, you may want to opt for a chair with separate adjustments for lumbar and lower back support, arm width and height, seat back angle and seat height.

Another extremely important consideration in creating the home office of your dreams is storage. Books, files, mail, magazines, and a plethora of other paperwork are essential to any full-fledged office – and as we all know – every piece of paper deserves its own home. Take stock of how many linear feet of open and closed storage you need right now, then multiply that figure by 25 percent to 50 percent to allow for future growth. Once you've come to a comfortable conclusion, consider various storage options – everything from conventional steel files to traditional wood cabinetry.

And finally, don't forget those furnishings that will put the "home" in "home office." Decorative lighting, an ottoman for put-your-feet-up comfort, even a home entertainment unit can add up to an office ready for any job. And of course, those finishing touches – custom window treatments, area rugs, artwork and collectibles will all help to say, "This is my space."

Given the right decorative approach, you'll find it hard to leave work when 5 o'clock rolls around.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at [marcia@coincdecden.com](mailto:marcia@coincdecden.com).✱

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6419 Pine Ave. + 6428 Pine Ave. • \$1,499,000



### STEPS TO BEACH ACCESS

Home offers 3 bedrooms, 2 bathrooms, private fenced in heated pool with southern exposure. Kitchen is light and bright! Conveniently located in Lake Murex subdivision off West Gulf Drive, which is a short walking distance to beach access. Deck overlooking pool and garden view. If relaxation in paradise setting is what you're looking for, this is the home for you.

644 Lake Murex • \$699,000



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5251 Indian Ct., Sanibel, Florida \$789,000



### COLONIAL SHORES - CLOSE TO BEACHES

Rarely available lakefront property on an oversized corner lot in desirable gated community. This 3 bedroom/2 bathroom boasts an open concept living space, 42' kitchen cabinets, diagonal tile floors, crown molding, aluminium accordion hurricane shutters on the openings, and a lovely view of the lake. Colonial Shores is conveniently located to shopping, about 25 minutes from International Airport, 15 minutes from Ft. Myers and Sanibel beaches. Community Pool and Clubhouse.

15875 Cutters Ct., Fort Myers • \$339,000



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Al Hanser, CEO, Presenting Sponsor, The Sanibel Captiva Trust Company, and Jim Nathan, CEO, Lee Health  
photos by Carol Orr Hartman

From page 1B  
**SanCap Cares  
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surgical tools used every day. Dr. Stanfill also summarized the specialized surgical staff hired in anticipation of the opening of the new facility. In the coming years, with the equipment and instruments planned with this year's SanCap Cares funds, they will be able to perform even more complex surgeries at GCH.

SanCap Cares is an island group dedicated to the raising of awareness and funds for Golisano Children's Hospital. The annual fundraiser will be held Sunday, April 9 at The Sanctuary Golf Club.

For more information visit [www.SanCapCares.org](http://www.SanCapCares.org), contact Ali Levine at 984-0381 or [SanibelCaptivaCares@gmail.com](mailto:SanibelCaptivaCares@gmail.com).✪



From left, Anton and Madga Golobic, Marjorie Blumfald, Antonette McDonald and Skipp Tutor



From left, Dr. Emad Salman, medical director, Golisano Children's Hospital; Alissar Salman; Valerie and Skipp Tutor



Helene and Mike Hall



Linda Mondelli and Joe Mondelli, commodore, Captiva Island Yacht Club



From left, Linda Essig; Brenda Harrity; Dr. Larry Antonucci, COO, Lee Health; Marty Harrity; and Dave Essig



Ken Gill and Karen DeWitt



Randy and Charlotte Hockensmith



Jim and Patty Sprankle



From left, Brenda Harrity, Dave and Ellen Raisbeck



From left, Skip Leonard, CFO, Lee Health Foundation; Dr. Steve Brown, board of directors, Lee Health; and Dick Muench



From left, Dorothy Fitzgerald, board member, Lee Health Foundation; Sue Peltzman; and Paula Bentinck-Smith



From left, Manny Fernandez, Doug and Paige Babcock



From left, Friedrich Jaeger, Feyza Allindag, Richard Shipley and Daniela Jaeger



Amanda Cross, honorary chair, and Lisa Heidrick, event co-chair



Liddy Johnson and Jo Fernandez



From left, Ginny Fleming, John Schubert and Chris Heidrick



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**3386 West Gulf Drive**  
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1



2



3

### 4. Ventura Captiva

- 3 BR/3 BA townhome style condo with Bay views
- Conveniently located in Captiva Village
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### 5. Dunes Golf & Tennis Community - Sanibel

- 3 BR/2 BA bright cheery beach retreat with pool
- Recently remodeled open floor plan
- **\$619,000** EUR €578,921

### 6. Mariner Pointe - Bay Views on Sanibel

- 2 BR/2.5 BA townhouse style condo
- Spectacular Bay views, boat dock available
- **\$469,000** EUR €436,538

## NEW LISTING



4



5

## NEW PRICE



6

## NEW PRICE



7



8



9

### 10. Spacious Ground Level Home In Beach View

- 3 BR/2 BA with separate living and family rooms
- Screen enclosed lanai with pool, easy ground floor living
- Views of the Sanibel River, updated kitchen with granite
- **\$789,500** EUR €734,856

### 11. Colony Beach Estates on Sanibel

- 4 BR/4 BA home in gated community
- Private pool and Gulf views
- **\$1,595,000** EUR €1,507,632

### 12. Light House Point Condominium - Sanibel

- 2 BR/2 BA plus den with bay views
- Updated throughout, corner unit
- **\$659,000** EUR €622,902

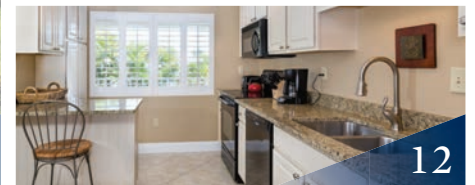
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10



11



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## Will Power

# Does Generation Skip Mean Your Children Aren't Beneficiaries?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

I'm guessing your estate plan eventually leaves all of your hard-earned wealth to your children in one form or another. Unless, of course, you're someone who

drives around with the bumper sticker "I'm out spending all of my children's inheritance!" There's nothing wrong with that of course.

When you leave amounts in continuing trusts for your children, whatever is left in those trusts upon your children's deaths may end up benefiting your grandchildren. In that case, the trusts are usually drafted to consume something known as your "generation-skipping transfer tax exemption." When a trust is generation-skipping transfer tax (GSTT) exempt, it will never be estate-taxed again, even if it grows to enormous sums and continues on for generations.

Note that in my example the children weren't skipped as beneficiaries. The GSTT exemption speaks to a "tax shield" covering the assets in the trust such that as each generation passes away, the federal government

cannot impose an estate tax. Think about the Kennedy family compound in Hyannisport or the Bush family compound in Kennebunkport. Both have been with their respective families for generations and likely have great value. The reason those compounds remain within the families is because they are likely held in generation-skipping tax exempt trusts.

To understand what the generation-skipping tax is, you first have to understand that it is a "transfer tax" like the gift and estate tax. You may be aware of your \$5.49 million federal estate tax exemption. You can leave that large of an estate to anyone of your choosing without the imposition of federal estate tax. That estate tax is a tax on your balance sheet at the time of your death. It is a tax on the net equity that you possess. It has nothing to do with income taxes.

If you make a taxable gift during your lifetime, generally defined as a future interest gift or a present interest gift, in excess of \$14,000 to any beneficiary during a calendar year, then you decrease your total transfer (gift and estate) tax exemption from that \$5.49 million amount. So if I make a taxable gift of \$100,000 during 2017,

then I have \$5.39 million of exemption remaining upon my death.

The generation-skipping transfer tax **is an additional tax imposed on top of the estate tax.** It is imposed on either direct skips or skips in trust that either terminate or distribute to a beneficiary more than one generation below you (grandchildren being the most prominent example). Back in 1976, Congress noticed attorneys leaving amounts in continuing trusts for many generations, so they added the GSTT in an effort to limit the amount of assets that could be placed in continuing trusts without those assets ever being subject to estate tax again.

The GSTT is imposed at the highest estate tax rate (currently 40 percent) after the estate tax has been calculated. The exemption is the same amount as the federal estate tax (currently \$5.49 million).

So, if I have neither estate tax exemption remaining nor any GSTT exemption remaining at my death, and my estate bequeaths \$1 million to my grandchildren, then the first 40 percent (\$400,000) pays the estate tax leaving \$600,000. Since that \$600,000 is designated to my grandchildren, assuming that I have already consumed all of my GSTT exemption, then **another** 40 percent GSTT is applied (\$240,000), leaving my estate with a net amount of \$360,000 of the original \$1 million for my grandchildren. So you can see how the GSTT is extremely punitive in nature.

The concluding thoughts about all of this is that you would generally want to leave amounts in continuing GSTT exempt trusts for your children to the extent possible. Those trusts serve to protect the inheritance from creditors, predators and divorcing spouses. They can even be drafted to give the child control as trustee of his or her own trust share.

If you have an estate large enough that would trigger GSTT, if you left it either in trust or otherwise that would eventually distribute to or for the benefit of that next generation below your children's, then you want to do something to make sure that those non-exempt amounts are included in your children's estate for estate tax purposes. That way no GSTT would be due to the government.

This can be accomplished any number of ways. One is to have an outright distribution to your children of the amounts that would not be exempt from GSTT. The other is to include the trust amounts in your children's estates by giving them something known as a "general power of appointment." There are also "intentionally defective general powers of appointment" that you could use that serve to limit the class of beneficiaries that could end up with the trust funds.

I'll discuss powers of appointment in next week's column.

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# Perils Of North Korea Described At FORUM

submitted by Diane Olsson  
for BIG ARTS

Ambassador Christopher Hill, the final speaker of the 2017 FORUM at BIG ARTS, spoke about North Korea on March 12. He began his talk with the ominous suggestion that nuclear weapons will be an even bigger threat to our way of life than international terrorism. He then described North Korea's nuclear program, emphasizing that in order for the United States to confront the situation, we must work wisely and sympathetically with North Korea's neighbors South Korea, China and Japan.

Ambassador Hill has had an illustrious career as a State Department diplomat. Among his wide ranging positions, he has served as ambassador to Iraq, Korea, Poland and Macedonia, special envoy to Kosovo, assistant secretary of state for East Asian and Pacific Affairs and head of the U.S. delegation to the Six Party Talks on the North Korean nuclear issue. He is currently dean of Josef Korbel School of International Studies at University of Denver. He is also the author of *Outpost: Life on the Frontlines of American Diplomacy: A Memoir*.

Ambassador Hill described the split

between North and South Korea, ripping apart families, as an enormous tragedy for the Koreans. He reminded his audience that the situation came about when the U.S. and the USSR made the 38th parallel the dividing line for their acceptances of the surrender of the Japanese troops. The demilitarized zone that decision created became a permanent border.

Hill explained that to understand South Korean politics, one must realize that, unlike most countries, the left wing is generally more nationalistic than the right. The leftists blame Korea's division on foreigners. They don't recognize America's many efforts to help the country. Still, it remains critical for the U.S. to maintain close cooperation with South Korea, even though many erroneously blame the U.S. for North Korea's nuclear ambitions.

North Korea's ambitions began in the 1960s when the Soviets acceded to its request and gave it a small graphite-moderated nuclear reactor, designated for use only for peaceful purposes. Despite that condition, in the 1960s and 1970s, the North Koreans reverse engineered the reactor and developed their own larger reactor. By the 1980s, it became clear that the North Koreans were reprocessing the spent fuel from their reactor to produce plutonium.

The Six Party Talks, held among North and South Korea, China, Japan, Russia and the U.S., commenced in 2003. The talks were aimed at seeking a peaceful resolution to the North

Korean nuclear weapons program. As noted, Ambassador Hill headed the American team.

Hill told the audience that for The Six Party Talks to achieve success, Chinese involvement was essential. The Chinese have a long and difficult history with North Korea. Perhaps upwards of a million, Chinese were killed during the Korean War. Both countries come from the Marxist-Lenin background. The Chinese feel that essentially they preserved North Korea. The Chinese would view the collapse of North Korea as a defeat for China and its system and a victory for the United States.

Under the negotiations, in September 2005, the North Koreans agreed to give up all their nuclear programs, peaceful or otherwise. However, the U.S. simultaneously impounded \$21 million of North Korea's off-shore bank account in Macao. That ended the nuclear talks for 18 months, and North Korea conducted its first nuclear test.

In summer 2007, North Korea agreed to cease its activities, disable its facilities and allow on-ground inspections of its plutonium reactors. The problem was that North Korea also has highly-enriched uranium reactors, and it refused to talk about them. The negotiators understood this but continued the talks in hopes of reaching the uranium reactors as well. Instead, the talks collapsed in 2008 when North Korea refused to allow unscheduled inspection of the uranium sites. Also, at that point Kim Jung Il, who might have

seen advantages in the talks, was too sick to influence their direction.

The new Obama administration chose a course of "strategic patience" on the issue. As a result, for eight years the U.S. lacked current information on North Korea's nuclear actions. During that time, the North tested increasingly strong weapons; developed solid state fuel, making it much more difficult to detect and disrupt launch plans, and developed a multi-stage missile delivery system. It also appears from their recent tests that they now have their own nuclear weapons design. In short, North Korea's program is ready to go. Furthermore, they have repudiated their agreement to get rid of their nuclear program. At this point, North Korea is not willing to talk about ending its program but only to talk as one nuclear power to another.

Ambassador Hill stated that we now need a serious and wise effort to ratchet up and deal with this problem. China must be involved in any solution, and on the right side. At the same time, we cannot abrogate our treaty relations with South Korea in order to satisfy China, unless the South Koreans want that – which they don't.

A further current difficulty is the unsettled state of South Korea's political scene. They have ousted their right-wing president on corruption charges and must now hold elections within 60 days. This may bring in a more leftist, pro-Chinese president, who could be very tough on the Japanese and less

continued on page 25B



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# New Leadership Brings New Culture To Twins, But Success May Take Time



by Ed Frank

As Major League Spring Training enters its final week, this year, and every year, all 30 teams express optimism and success for the upcoming season. We've reviewed the outlook in recent columns for the defending American League Eastern Division Champion Boston Red Sox, but what about the future for our other local Spring Training team, the Minnesota Twins?

The Twins last year had sunk as low as the elevator could go, finishing not only in last place in the AL Central, but ending the season with the worst record in the Major Leagues, 59-103 (.364). As a result, long-time general manager Terry Ryan was fired, and the front office was revamped under new dual leadership of Derek Falvey as chief baseball officer and Thad Levine as general manager. You need not be a baseball genius to recognize that the lack of solid starting pitching was the number one reason for the Twins 2016 misery. With a team pitching ERA of 5.08 last season, only one team, Arizona, was worse at 5.09. Falvey came to the Twins from the Cleveland Indians where, as assistant general manager, he was recognized for his work in scouting, developing and preparing the Indians pitching staff. Even with the loss of two of the team's top three pitchers due to injury, Cleveland came within one run of a World Series championship last year. It appears logical therefore, that the

Twins, with the first overall pick in the upcoming Major League Draft, will select a pitcher – perhaps Florida's Alex Faedo or Vanderbilt's Kyle Wright, two of several elite college pitchers that will be available. The Twins also have the 35th and 37th picks in the draft, so the team has the opportunity to select three top prospects in the first two rounds. Another lingering issue in the Twins future is the status of Manger Paul Molitor, a popular Hall of Famer. Molitor is entering the final year of his current three-year contract. In a recent interview with MLB.com, Falvey was explicit in saying the team needs to play better this year. "We've talked a little bit internally about (how) at times last year we beat ourselves. It was not a fundamentally sound team." Those words did not appear to be a strong endorsement of Molitor. However, in 2015, his first year, he was third in the AL Manager of the Year voting when the Twins went 83-79, a 13-game improvement from the prior season. Both Falvey and Levine also are changing the culture of the Twins organization by placing greater emphasis on statistical research. The changes that Falvey and Levine are bringing to the Twins are likely to take time before marked improvement becomes evident on the field. Remember the bold changes made by the Chicago Cubs five years before they won the World Series. Cub fans were restless during the first the first few years of that reorganization. And Twins fans might be too. But Falvey and Levine are bright young baseball executives with proven track records. Given time, they should return this proud franchise to the winning tradition it once held.✱

## From page 2B Civic Pioneer

residents, Dr. Langton noted that many Floridians are part-time residents and, therefore, not likely to become pro-active participants in local government and social issues. His hope is that family elders can teach traditional values and convince their children and grandchildren to increase their interest and engagement in these issues. For the larger picture, Dr. Langton said citizen participation is more important than ever in light of divisive politics and the growing distrust of our leaders. Rather than turn our heads in disgust, Dr. Langton suggests that we each volunteer more time and/or treasure into organizations that work to improve our politics and quality of life. Dr. Langton has served on the board of Audubon Florida and continues to serve on the policy committee. He is also a member of the board of directors of the Committee of the Islands (COTI) on Sanibel. As a pioneer of civic issues and action, he has applied his experience and expertise to advance the civic health of Florida and its communities. The complete transcript of Dr. Langton's presentation to the League of Women Voters of Sanibel is available online at [www.LWVsanibel.org](http://www.LWVsanibel.org).✱



From left, Darla Lefourneau, Stuart Langton, PhD and Robyn Cook photo provided

## SPORTS QUIZ

1. In 2015, Josh Donaldson became the second Toronto Blue Jay to win the A.L. MVP Award. Who was the first?
2. Who of these three major-league pitchers had the biggest positive differential between wins and losses in his career: Roger Clemens, Randy Johnson or Greg Maddux?
3. Four Florida Gators football coaches have been named SEC Coach of the Year. Name three of them.
4. In 2015, Atlanta's Kyle Korver became the fourth-oldest player (33) to make the NBA All-Star Game for the first time. Who was older?
5. How many NHL coaches reached 500 career victories before the first U.S.-born one (Columbus' John Tortorella) accomplished it in 2016?
6. In what sport did Fiji win its first Olympic medal in 2016?
7. Which golfer holds the PGA record for most victories in his 30s?

## ANSWERS

1. George Bell, in 1987. 2. Clemens was plus 170, Johnson plus 137 and Maddux plus 128. 3. Ray Graves (1960), Steve Spurrier ('91, '94, '95, '96), Will Muschamp (2012) and Jim McElwain (2015). 4. Nat "Sweetwater" Clifton (34 in 1957), Anthony Mason (34 in 2001) and Sam Cassell (34 in 2004). 5. Twenty-three. 6. Men's rugby sevens, where Fiji won the gold medal. 7. Arnold Palmer, with 44.

## Spring Training Home Schedules

**Minnesota Twins – CenturyLink Sports Complex**  
March 24 – Baltimore; 7:05 p.m.  
March 26 – Boston; 1:05 p.m.  
March 28 – Tampa Bay, 1:05 p.m.  
March 31 – Rochester (Twins Triple A team); 12:05 p.m.  
**Boston Red Sox – JetBlue Park**  
March 23 – Pittsburgh; 1:05 p.m.  
March 25 – Philadelphia; 1:05 p.m. (split squad)  
March 29 – Minnesota; 1:05 p.m.  
March 30 – Washington; 1:05 p.m.✱

## SANIBEL 8-BALL POOL LEAGUE 2016-17 Standings through March 20

Standing	Team Name	Won	Lost
First	Bunt's Ball Busters	325	155
Second	Sandycappers	232	248
Third	Fresh Legion Crew	209	271
Fourth	Sanibel Café	194	286

## March 20 Results

Bunt's Ball Busters	12	Sanibel Café	8
Fresh Legion Crew	12	Sandycappers	8

## Sanibel 8-Ball Pool League Busters Win League Title

Bunt's Ball Busters won the Sanibel 8-Ball Pool League for the sixth time in 10 years. The Ball Busters were victorious in 325 of 480 games they played since October 12, 2016. Last season, the champs won the league with 308 wins. In the season finale, Mike DeWitt led Bunt's Ball Busters with a 4-0 effort against Sanibel Café's Jimbo Gaubatz. Randy Carson turned in a 4-0 against Rich Ennis for the Café team. Becky Skog was top shooter for Fresh Legion Crew with four wins against Kayla McCurry. Kevin Pottorf

went 3-1 against the Legion Crew's Nate Buffam. Fresh Legion Crew garnered third place in the league for the year after gracing the cellar last season. Eighteen players have now paid their \$20 entry fees for the league's annual singles tournament scheduled for Monday, March 27. Entered to date are: Terry Ricotta, Jimbo Gaubatz, Jack Cunningham, Becky Skog, Kevin Pottorf, Pete Mindel, Dave Doane, Kip Buntrock, Matt Hall, Rich McCurry, Karla McCurry, Bob Buntrock, Rich Ennis, John Riegert, John Bates, Randy Carson, Mike DeWitt and Tom Yorgey. Last year's winners were: 1. Mike DeWitt; 2. Rich Ennis; 3. Randy Carson; 4. Kevin Pottorf; 5. and 6. Gator Gates and Jimbo Gaubatz; 7. and 8. Terry Ricotta and Doc Lubinski.✱

## Realtors Honored At Ceremony



VIP Realty Group Managing Partner Jim Hall and Mary Lou Bailey photos provided



Lynda and Kit Traverso

During the recent 2016 recognition ceremony, VIP Realty Group announced that Mary Lou Bailey was the 2016 Associate of the Year for Sanibel and Captiva, and was awarded VIP Realty's most prestigious award for 2016, the All Company Number One Agent out of all the VIP Realty Group offices in Lee and Collier counties.

Karen Bell and The Bell Team were awarded 2016 Sanibel and Captiva's Top Team, and were awarded VIP Realty's



Sherrill Sims, Karen Bell and Holly Peebles of The Bell Team with Jim Hall



Chloe Bowman and Jim Hall

most prestigious award for 2016, the All Company Number One Team out of all the VIP Realty Group offices in Lee and Collier counties.

Chloe Bowman was named Rookie of the Year for the Sanibel-Captiva offices, and the Top Rookie company-wide for all VIP Realty offices.

Kit and Lynda Traverso were honored with the company-wide Marketing Excellence Award. They represented the largest number of sellers and the largest number of buyers and sellers combined for all of VIP Realty Group.

The awards ceremony was held on February 17 at Kelly Greens Country Club in Fort Myers. Realtors from Sanibel, Captiva, Fort Myers and Naples offices were in attendance.✱



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From page 23B

## FORUM

willing to follow the U.S. lead.

The U.S. had been working with the now-ousted conservative president to install THAAD (Terminal High Altitude Area Defense), a high-tech anti-ballistic missile system intended to protect against ballistic missiles from the north. The Chinese are opposed, because they believe it may actually be aimed against them instead. If THAAD is activated, China might retaliate by limiting South Korea's trade with it.

Hill believes the U.S. under President Trump must continue with THAAD, since pulling back would be very emboldening to North Korea and its nuclear program. Trump needs to set priorities with China and not threaten trade wars or question the one-China policy. China's agreement to stop buying North Korean coal was a good and powerful step, but China could do more. It could hurt North Korea substantially by denying access to Chinese financial institutions.

Hill said that the U.S. needs to find better patterns of cooperation with China. We need to understand the historical sensitivities in the area. We don't want South Koreans to start negotiating with the North without us. Nor can we make assurances to the Japanese without informing the South Koreans.

There is no reasonable military solution. We could try to hit a North Korean rocket on the launch pad, but some 20 million South Koreans are living within range of 14,000 North Korean artillery tubes. Under our agreements, South Korea is responsible for counter-battery fire, but stopping the artillery is a huge task. Also, we need to continue our joint exercises with South Korea. These annoy China, but they are essential for our troops to be ready to fulfill our defense agreement with South Korea.

This week, Secretary of State Tillerson travels to the area. According to Hill, he is extremely capable and will know how to handle things, but diplomacy "is a team sport," requiring others to follow up on understandings and situations. There are still too many vacancies in this administration.

In sum, Hill said that we need to get into position with the Chinese and the South Koreans, keep some modicum of goodwill between the South Koreans and the Japanese and keep the door open to negotiations with North Korea, because although they are probably not interested, the South Koreans should understand that we remain concerned.

North Korea will probably not be successful. Kim Jung Un's actions are more a sign of weakness than strength. In contrast, South Korea is an amazing country, one of our strongest partners and political allies. It behooves us to stay together for a good solution.✱

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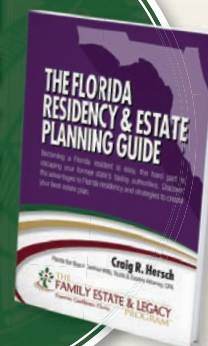
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"Will Power" Columnist, *The Island Sun*



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# Grande Dames Tea Raises Over \$55,000 For PACE Center



From left, Grande Dame Patricia Carroll, Cynthia Fetterhoff representing Grande Dame Lalai Sapp Hamric and Grande Dame Beverly McNew

PACE Center for Girls of Lee County raised \$55,795 at the 9th annual Grande Dames Tea on March 14 at the Broadway Palm Dinner Theatre in Fort Myers. Patricia Carroll of Fort Myers, the late Lalai Sapp Hamric of Fort Myers and Beverly McNew of Fort Myers were honored for their roles in Southwest Florida history and their decades of service and helping others. Michael Jung, The News-Press Media Group president and publisher, served as master of ceremonies. Chair of the event was Nancy Finch with Kathy Toll serving as co-chair. Both are members of the PACE Lee Board of Directors. "These three outstanding women came from varied backgrounds. There was so much insightful advice offered for the audience and the PACE girls," Finch said. The late Lalai Sapp Hamric, who passed away in December, was represented by her daughter, Cynthia Fetterhoff, who detailed what her mother intended to relay to the audience. "Our theme of The Wisdom of Age – Honoring the Female Spirit was so appropriate because each of these women had much to share from their own life's



Grande Dame Kathleen Nealon and Kimberly Nealon



Beverly Gunderson and Grande Dame Betty Anderson



Marcia Goldberg and Grande Dame Rusty Brown

journey," Finch said. A special musical performance by the PACE Girls' Harmony Choir was a highlight of the tea. The agenda for the tea included interaction between the PACE girls and the Grande Dames, in a question-and-answer format. The PACE girls also assisted with the fundraising efforts by creating one-of-a-kind fascinators that were purchased and featured by many event attendees.✱

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Beautifulife:

## Spring Forward



by Kay Casperson

What is your favorite thing about springtime? Is it the fact that summer is just around the corner, or that it is time to plant new things? Maybe it is the time of year that you like to do your

spring-cleaning or packing up the items that you don't need anymore or just need to put away for another year. It might even be a good time for you to freshen up a couple of rooms in your home with a fun spring color or a couple of new throw pillows. Many people get even more serious about their workout programs to get ready for summer, and take off some of the excess weight that accumulated over the winter and holiday time.

This is the time of year that I actually clean out my garage and closets and put things from the holidays and such into storage, and also donate things to my favorite charities. I have some suggestions that might just get you stepping forward into spring.

- Pick your favorite springtime color and paint a room
- Buy something to wear that is different from your normal purchase
- Find a fun place to have a picnic and enjoy the day
- Get a fun look with a new or different hair color
- Visit your local farmers market and buy something you have not tried yet
- Go to an indoor or outdoor concert and enjoy the music
- Explore new ways to style your hair or do your makeup
- Start exploring and planning a fun summer getaway
- Plant something new and watch it grow

There are many simple ways to explore a fresh new outlook and spring forward by getting creative and changing up your routine just a bit. This is the time that ice and snow melt, cold weather goes away and there is something fresh about the air. No matter where you live, one thing is the same – spring is a season that brings good thoughts and feelings about what is ahead, it is what you make of it and how you see it playing out that really make all the difference in your beautiful life today.

My affirmation for you this week is; "I am moving forward into spring with a new fresh outlook on life and all that it brings to me."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva Islands and in Disney. Casperson has lived on Sanibel and Captiva Islands for many years with her husband and two daughters and enjoys her beautifulife everyday. For more information, visit [www.kaycasperson.com](http://www.kaycasperson.com) or follow her on social media @kaycasperson.✪

### ISLAND SUN BUSINESS NEWSMAKERS



Chuck Andrews



Kimberley Andrews

### Top Associates

Chuck and Kimberley Andrews were the most productive sales associates for February at RE/MAX of the Islands.✪

### ISLAND SUN BUSINESS NEWSMAKERS

### Top Agents

The top agents at VIP Realty Group for the month of February were: Rose Dakos, top sales agent; Lynda and Kit Traverso, top listing agents; and Karen Bell and the Bell Team, top producers.✪



Rose Dakos



Lynda and Kit Traverso



The Bell team

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# Discussion On Mental Illness



Joanne Halt photo provided

On Sunday, April 2, Sanibel Congregational United Church of Christ will host a presentation entitled Bridges of Hope and discussion on mental illness starting at 12:15 p.m. Joanne Halt will speak on mental illness, the role of faith communities in supporting families, and the resources that NAMI supplies at a local level. A light lunch will be provided. Halt, MA, is the FaithNet representative for NAMI (National

Alliance on Mental Illness) of Lee, Charlotte and Hendry counties. She networks with faith communities to build bridges of hope for individuals and families experiencing a psychiatric disability. Mental illness affects one out of four families. NAMI is a grassroots organization that started in the 1977 when two women, each with an ill son, met at church and began discussing the stresses of having a loved one with such a disability. If you would like to attend, call the church office at 472-0497, email linda@sanibelucc.org or sign up on the roster in Fellowship Hall at the church. Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way.\*

## Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up. **Page Turners with Louise Fitzgerald and Ann Hartman** – If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center. The featured book for Wednesday, April 12 at 2:30 p.m. is *The Warmth of Other Suns* by Isabel Wilkerson. “Pulitzer Prize-winning author Isabel Wilkerson chronicles one of the great untold stories of American history: the decades long migration of black citizens

who fled the South for northern and western cities, in search of a better life.” – Amazon **Minnesota Twins Spring Training Baseball Tickets** – Sunday, March 26 vs. Boston Red Sox at 1:05 p.m. Ticket cost for members is \$22 and \$27 for non-member guests. Must be a current Island Seniors member to purchase baseball tickets. Ticket sales are for limited time only. All sales are final. Transportation is on your own. **Naples Baker Museum** – Tuesday, April 18. Cost is \$15 for members and \$20 for non-members.

The Baker Museum is the foremost fine arts museum in Southwest Florida. Emphasizing modern and contemporary art, the museum hosts several traveling exhibitions annually to complement installations of works from its permanent collections. Dedicated to stewardship and scholarship, the Baker Museum provides world-class exhibitions and educational opportunities for Southwest Florida’s diverse community. Advance registration is required. Carpool arrangements must be made for transportation. **Keeping up with Technology with Gerard Damiano: Healing and Harmonizing Apps** – Wednesday, March 29, 1 to 4 p.m. Cost is \$50 for members and \$75 for non-members.

There is a wealth of information at the touch of virtual button. Soothing sounds, lunar cycles, star charts and more. Shop consciously and select products that reflect your values. Harmonize with your devices and learn tools that help to promote a healthy lifestyle. Sign up for your free Facebook account prior to class and be prepared to login from your portable computer or device. Register in advance and bring your own device. Be prepared to use your Apple ID and password.

**Games** Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded. **Bridge** – Monday and Wednesday. Register by noon; the game begins at 12:30 p.m. **Mahjongg** – Monday and Thursday at 12:30 p.m. **Hand & Foot** – Thursday at 12:30 p.m. **Hearts** – Friday at 12:30 p.m. **BINGO** – Friday, March 24 at 1 p.m. **Kayaking on Tuesdays and Thursdays** – March 28 and 30 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

**Line Dancing Classes** – Tuesdays, 12:30 p.m. Cost is \$5 for members and \$8 for non-members. The instructor will review dance steps then turn up the music so you can dance. Bring a friend. Call to register. **Fitness Classes** Members cost is \$4 per class, visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must

show their membership card to attend. **Happy Hour Fitness** – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises. Hand weights, stretch cords and body weight are used. Athletic footwear required. Connie DeCicco is the instructor.

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor. **Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor. **Chair Yoga** – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor. For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.\*

## Planned Parenthood Meeting

The Temple Bat Yam Social Action Committee is sponsoring the Planned Parenthood meeting on Thursday, April 6 at 7 p.m. in Fellowship Hall at the Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way. Representatives from Planned Parenthood of Southwest and Central Florida will speak about the medical and education services it has provided to women, men and young people since 1966.

Planned Parenthood began 100 years ago so that women, men and young people had a respected resource to help them stay healthy by making responsible choices about sex and family planning. Planned Parenthood health centers don’t turn patients away because of what they look like, where they are from, who they love or what kind of care they need.

Come learn about the impact of the federal bill to repeal and replace the Affordable Care Act, including defunding Planned Parenthood, on women, men, young people, low-income families and people of color. With the Florida legislature at the beginning of a new session, come learn what is happening specifically in the State of Florida concerning these health issues. Planned Parenthood of Southwest and Central Florida serves 40,000 patients living in 22 Florida counties at 11 health centers.

This meeting is open to the public and will provide answers to your questions as well as guidance on how to help keep the Planned Parenthood centers open in Southwest and Central Florida.\*



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## Strange Reasons For Insomnia



by Suzy Cohen, RPh

**Dear Readers:** I'm cranky if I don't sleep, are you? There's more violence associated with people who have insomnia, which doesn't come as any surprise to me. The start of

Daylight Saving Time (DST) in March is always associated with a small spike in

heart attacks, according to two different studies from the *American Journal of Cardiology* (2013) and the *New England Journal of Medicine* (2008).

Research published in *New England Journal of Medicine* shows an increase in car accidents in those first few days after the time change. Interestingly, a recent 2015 study published in *The Review of Economics and Statistics* estimates a 7 percent decrease in robberies after DST goes into effect, saving \$59 million dollars in social costs. It's fascinating that the burglars are too tired to rob people if they lose sleep.

This research is just so cool, and it got me thinking about the reasons people don't sleep. Here are some other reasons you don't get normal

shut-eye. These are seven common or unexpected causes for insomnia:

**1. Taking Thyroid Medication At Night.** It should be taken first thing in the morning on an empty stomach because that's when you usually produce it. When you pump out thyroid hormones (or take a pill) you naturally feel more energized and refreshed so take the medicine in the morning to mimic your own body's rhythm.

**2. Methylation.** This is a chemical pathway in your body that produces and breaks down neurotransmitters such as epinephrine (which is stimulating) and melatonin (which causes sleep). If your methylation pathway is cramped, it could trigger insomnia as well as seizures, agitation, combativeness, panic attacks and other 'stimulating' issues.

**3. Quinolinic Acid.** This is a neurotoxin that is made in our brains, and we can produce too much of it for a variety of reasons. Ironically, you can do it to yourself by taking certain sleep supplements like tryptophan. Too much quinolinic acid contributes to insomnia, depression and suicidal thoughts and attempts.

**4. Fluoride.** Drinking tap water or taking certain fluoride-containing antidepressants, medications or vitamins can harm your pineal gland. That's bad because your pineal gland makes melatonin, your main sleep hormone. If you think fluoride is impacting your melatonin levels,

which wane as you age, think about a supplement.

**5. Prescription Medications.** Stimulating pharmaceuticals could keep you tossing all night. Among the worst offenders are albuterol, steroid, modafinil, metoclopramide, antidepressants, pseudoephedrine and ciprofloxacin.

**6. Chronic Pain.** Only 36 percent of chronic pain sufferers get regular good sleep, compared to 65 percent of people without pain, according to a 2015 Sleep in America poll conducted by The National Sleep Foundation.

**7. Allergies.** Your environment matters. Itchy eyes, sinus congestion and frequent sneezing from dust or pollen allergies can keep you awake. To improve sleep, keep your bedding and pillows as allergen-free as possible. Get a clean new bed and buy a zippered bed-bug mattress cover immediately. Consider changing from a down comforter to an organic cotton blanket. Close the windows if pollen count is high. Shower before bed. Remember to change daytime clothes before hopping into bed and regularly change sheets and pillowcases. Clean your fan blades of accumulated dust.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).✧*

### Eden Energy Medicine (Part 4)

## Strengthen Your Heart's Energy



by Karen L. Semmelman, Certified EEM, JD, AAML (03-01)

The last three columns were devoted to the boosting heart energy. So far, we have learned:

1. Improving our internal compass to help revitalize.

2. Holding our heart source point to reduce heart disease.

3. Biting down on the little finger to calm the body.

4. Tracing the heart meridian.

5. Learning how to open the horizontal band of energy at the waist (Belt Flow).

Today, you will be introduced to two additional tools. This past week, I received an email from a reader reporting a reduction in her heart arrhythmia after she did these exercises daily for two weeks. She asked what to do next. I suggested three approaches from an energetic perspective.

First, do the DER every day to activate all nine energy systems. Secondly, continue doing the exercises referenced in this column. And third, she should consider an assessment of her energetic systems to determine where other imbalances exist to begin shifting. As we begin working with our body's subtle energies, it is like peeling the layers of an onion; getting to the core issues takes time. After all, we didn't get to our present health state overnight.

The last two exercises to boost and strengthen heart energy are:

• **Heart Neurolymphatics Reflex Point.** Our lymph system has two times as many lymph vessels as blood vessels, but has no pump. Historically, vigorous physical activity released the toxins from the lymph system. With our sedentary lifestyle, there is little opportunity to move the toxins from our bodies without intervention.

There are 90-plus neurolymphatic reflex points on the surface of the body, which are not always located directly over lymph nodes, vessels or lymph tissue. By rubbing the reflex points, toxins will be released

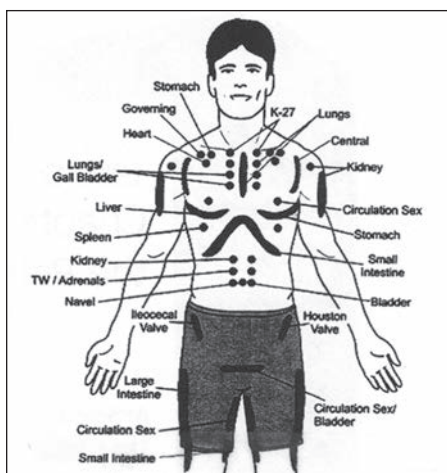


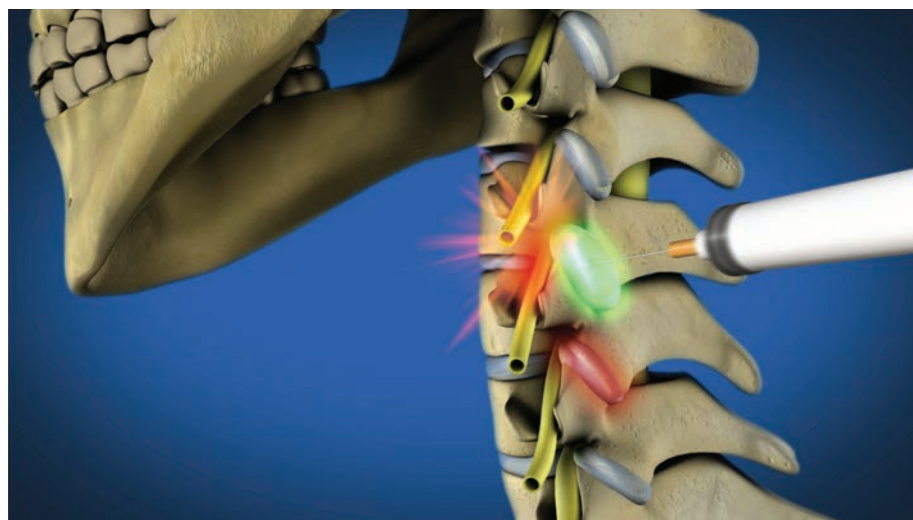
image courtesy Innersource Inc

from the system, clearing stagnant energies (including emotional energy) and leaving you feeling energized. These points are part of the 5-Minute Daily Routine. The Heart Reflex Point is located underneath the collarbone at the far outside edge toward the shoulder. Rub with vigor, not tentatively, and feel that deep breath as the energy connects and boosts heart.

• **Connect heart and sacral chakras.** Chakras are another one of our energy systems. We have seven of these round orbits of whirling energy, each bathing the organs they surround, interfacing with our auric field and boosting our 14 meridians. No surprise we have a heart chakra, located in the middle of our body between the breasts (which connects us to ourselves and the world around us – our love center). By placing one hand on the heart chakra and the other hand over our sacral (sometimes called womb chakra) chakra (located below the navel), a connection is being made between our “two hearts.” Since the sacral chakra is associated with the pure innocence of a child, our creativity and a sense of wonder, by holding these two chakras together we create a strong energetic boundary. Try it, it works.

You now have many tools to boost the heart's energy, our center of love, connection and gratitude.

If you have a question, email Karen at [SemmEnergyCenter@gmail.com](mailto:SemmEnergyCenter@gmail.com) or visit [www.semmelmanenergy.com](http://www.semmelmanenergy.com). EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✧



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## Doctor and Dietician

## Butternut Squash Alfredo Sauce



by Ross Hauser, MD  
and Marion Hauser, MS, RD

This pasta sauce is really healthy and delicious. Just a few ingredients make this a tasty alternative to traditional creamy sauces. It can easily be made fully vegan, too, by omitting the bacon and choosing vegan-friendly milk and butter.

Instead of regular pasta, consider serving on “zoodles” – aka spiraled zucchini noodles. They are gluten-free and are a tasty way to add more vegetables to your diet.

This recipe is especially great for those who are sensitive to dairy and still want to experience creamy pasta! Give it a try!

**Ingredients**

- 3 cups butternut squash, cubed
- 1 clove garlic, minced
- 1 cup onion, chopped
- 1 cup broth (vegetable or chicken)

- 1.5 Tbsp fresh sage, chopped
- 1.5 Tbsp fresh thyme, chopped
- 1 cup milk (try a non-dairy version such as almond or soy)
- 2 Tbsp butter (regular or vegan butter)
- Salt and fresh ground pepper to taste
- 2 pounds of pasta (or zoodles)
- 4 strips bacon, cut into pieces (delicious, but optional)

Additional garnish options: pesto, sliced pecorino cheese, balsamic glaze, fresh herbs

**Directions**

1. Melt butter in large skillet and sauté onion for two minutes.
2. Add garlic, sauté for 30 seconds, stir in squash, broth, sage and thyme. Stir and cover. Cook for about 10 minutes, or until fork tender.
3. Transfer to a blender or food processor along with the milk.
4. Blend until smooth. Add more milk if needed along with salt and pepper.
5. Cook bacon for about four to five minutes.
6. Cook pasta until al dente. Drain. (Steps 5 and 6 can easily be done while the sauce is cooking to save time.)
7. Pour pasta into a large serving dish with the sauce. Stir and serve. Top with bacon.
8. Garnish with desired toppings.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).✱*

## Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

**Dear Mom & Me,**

I am a grandmother with five grandchildren from two families. They are great kids, but have no manners. “Please” and “thank you” are just not part of their vocabulary.

I would like to discuss this with my daughter, but just do not know how to bring it up. What do you think I should do?

Mercedes

**Dear Mercedes,**

Lack of social graces seems to be a common complaint.

They do not know how to say “thank you” for gifts and just expect people to keep on giving with no comment. Some say it is because children spend so

much time under paid supervision that parents do not have the time to teach at the end of the day.

Do your children, the parents of your grandchildren, thank you for their gifts? Children learn by example and maybe their parents just don’t think it is important – and there really isn’t anything you can do.

Lizzie

**Dear Mercedes,**

Well, somewhere in the middle of “please” and “thank you,” these words are not part of their vocabulary. It is difficult for me to believe that your grandchildren have no sense of basic manners. It would be just as difficult for me to believe if you told me they have the social polish of a cultured adult. Now that we are a little closer to what is real, what about modeling appropriate manners while you are with your grandchildren.

Always use “please” and “thank you.” Encourage them to do the same. When they do, tell them how much you appreciate their manners.

You do not always need to have a “discussion.” I can not imagine how it would begin... “Help me understand why your children have no manners” or “Help me understand why you have failed in your parental responsibility of teaching manners to your children.” I cannot think of a positive outcome of the discussion.

You have to choose your battles. Also, modeling appropriate behavior and reinforcing appropriate behavior is, at times, better than bringing attention to negative behavior.

Pryce

Lizzie and Pryce’s email address is [momandmeating@hotmail.com](mailto:momandmeating@hotmail.com).✱



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The Million Mile Movement is part of Healthy Lee’s mission to empower and inspire the people of Lee County to make healthy lifestyle choices through education and action.

For more information, visit [www.HealthyLee.com](http://www.HealthyLee.com)



## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** I know someone who seems full of fear all the time. It mostly seems to be fear of failure. Can I get some suggestions to help her?

**A:** When I work with clients experiencing fears, I let them know that it is human to have fears and we are most capable of transforming fear with courage. We get into negative internal self-talk such as “I know he is going to leave me,” “I’ll never get the promotion I want” or “I can’t afford to take that class.” You get the picture. As you hype up this fear, notice how it feels in your solar plexus, your emotional center and elsewhere in the body. Is your gut tense? Nauseous? Aching, as if it’s been punched? Is your throat constricted?

It’s important to get in touch with the fear and where it feels paralyzing.

Does fear have a color, a texture, a sound, then get in touch with all of your sensations in this area and your entire body. Ask if you can make a courageous decision to shift the fear. The first step is to set a positive intention, such as “I will succeed at getting the job I want” or “I am the very best I can be.” Next, observe your body and how it has shifted. Notice ways courage feels different from fear. Do you have a release of tension?

Is there a hint of excitement? Notice the sensations in your body, heart center. Let yourself explore how the energy of courage as opposed to fear feels. Once you are in touch with these feelings, take a courageous action to shift any remaining fear. Be patient with this process as it may not happen immediately. Remaining optimistic while you shift the fear into courage will shift the energy in the solar plexus into the heart.

Once you notice this energy shift, you will know you are moving to a better more peaceful place.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at [constanceclancyfisher@gmail.com](mailto:constanceclancyfisher@gmail.com).✱



### Herb-Crusted Baked Grouper

4 six-ounce grouper fillets  
2 tablespoons olive oil  
Salt, to taste  
Black pepper, freshly ground, to taste  
1 tablespoon dried oregano  
1 tablespoon dried basil  
1 tablespoon dried thyme  
1 tablespoon dried rosemary  
4 tablespoons butter, melted  
1 small yellow onion, sliced  
Preheat oven to 350 degrees F.

Coat grouper liberally with olive oil. In a flat dish, crumble the herbs and mix well. Roll each filet in herb mixture, lightly coating each side. Season the filets with salt and fresh ground pepper. Place filets in a baking dish with onions; drizzle the melted butter evenly over the herbed filets. Place in oven and cook for 20 minutes until opaque in the center. Remove and serve fillets topped with onions.



Herb-Crusted Baked Grouper

photo courtesy Fresh From Florida

Yields four servings  
Nutritional Value Per Serving  
Calories 211, Calories From Fat

168, Total Fat 19g, Saturated Fat 8g,  
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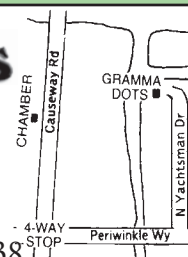


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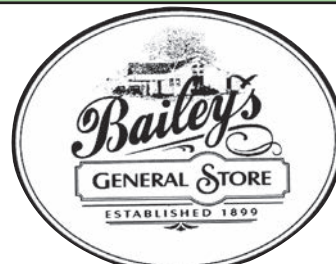
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Building Department .....	472-4555
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Sanibel Community Association .....	472-2155
Center 4 Life - Senior Center .....	472-5743
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BIG ARTS - Barrier Island Group for the Arts .....	395-0900
Broadway Palm Dinner Theatre .....	278-4422
Fort Myers Symphonic Mastersingers .....	288-2535
Gulf Coast Symphony .....	472-6197
Lee County Alliance for the Arts .....	939-2787
Naples Philharmonic .....	597-1111
The Herb Strauss Schoolhouse Theater .....	472-6862
Sanibel Music Festival .....	336-7999
Sanibel-Captiva Art League .....	sancapart.com
SW Florida Symphony .....	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc. ....	565-7872 or 433-7798
American Legion Post 123 .....	472-9979
Angel Flight SE .....	1-877-4AN-ANGEL
Audubon Society .....	472-3744
CHR Community Housing & Resources .....	472-1189
Community Foundation of Sanibel-Captiva .....	274-5900
COTI Committee of the Islands .....	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife .....	472-3644
FISH OF SANCAP Neighbors Helping Neighbors .....	472-4775
FISH. OF SANCAP 24-hr service .....	472-0404
Sanibel Island Fishing Club .....	472-8994
Horticultural Society of the Islands .....	472-6940
Horticulture and Tea Society of Sanibel and Captiva .....	472-8334
Kiwanis Club .....	677-7299
League of Women Voters .....	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald .....	302-521-1158
Master Gardeners of the Islands .....	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie .....	395-9232
Newcomers .....	472-9332
Notre Dame Club of Southwest Florida .....	768-0417
Optimist Club .....	472-0836
PAWS .....	472-4823
Rotary Club .....	472-7257 or 472-0141
Sanibel Bike Club .....	sanibelbicycleclub.org
Sanibel Beautification Inc. ....	470-2866
Sanibel-Captiva Orchid Society .....	472-6940
Sanibel-Captiva Power Squadron .....	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus .....	395-1202
Sanibel-Captiva Shell Club. ....	facebook.com/sancapshellclub 267-7291
Sanibel Youth Soccer .....	www.sanibelsoccer.org 395-2040
United Way of Lee County .....	433-2000
United Way 211 Helpline 24 hour .....	211 or 433-3900
Zonta Club .....	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum .....	395-2233
JN "Ding" Darling National Wildlife Refuge .....	472-1100
Sanibel Historical Museum & Village .....	472-4648
SCCF Sanibel-Captiva Conservation Foundation .....	472-2329

To be listed in calling card email your information to:  
press@islandsunnews.com

# PETS OF THE WEEK

Lee County Domestic Animal Services

## Chloe And Prince Charming

Love was in the air this week at Lee County Domestic Animal Services. Soon-to-be-married couples did engagement photo shoots with our shelter dogs to help to get them adopted. Chloe is an eight-year-old female greyhound mix senior dog with the energy of a teen. She had a blast with engaged couple Ryan Fordiani and Victoria Winn. Her sleek physique and regal stance certainly made for great pictures.

Adoption Fee: \$0  
Staff favorite Prince

Charming is a one-year-old male labrador retriever mix who was named for his charming personality. Just look at those ears? Jessica Bamford and Dirk Purdy could not resist having this handsome face for their photo shoot. Prince has a lot of energy and would be an ideal addition for an active family.

Adoption Fee: \$25  
For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.



Ryan Fordiani and Victoria Winn with  
Chloe ID# 689777



Jessica Bamford and Dirk Purdy with  
Prince Charming ID# 692086

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.\*

Haven on Earth Animal League

## Beauregard And Amber

Hello, my name is Beauregard. I'm a Russian Blue - notice my handsome, sleek, grey fur. I'm about 5 years old, neutered and up-to-date on all vaccines. I was found outdoors with a broken, healed jaw. I was ear tipped, but my rescuers realized that I was too sweet to be left without a home. I have a huge heart and love all cats and people. I'm just waiting for someone to love me back. I prefer soft food. Come see me at the PetSmart, located at Six Mile Cypress and Colonial Boulevard. My adoption fee is \$75. I'm being cared for by Haven on Earth Animal League.



Beauregard



Amber

Hi, my name is Amber. I am a really sweet girl, about 5 years old. I am extremely lovable with dogs, other cats and all people. I am a beautiful black, long-haired kitty and front declawed. I'm up-to-date on all shots and spayed. My adoption fee is \$75. I am currently residing with a foster mom.

To make an appointment to meet either adoptable pet, call Diane at 860-833-4472 or email Haven on Earth Animal League at [haveneearthanimalleague@yahoo.com](mailto:haveneearthanimalleague@yahoo.com).

We are being cared for by Haven on Earth Animal League. For more information, email [haveneearthanimalleague@yahoo.com](mailto:haveneearthanimalleague@yahoo.com).\*

PUZZLES

Answers on page 37B

Super Crossword

45-DEGREE DROP

- ACROSS**

1 Arrange in steps

8 Nova — (Halifax native)

15 Suspect's excuse

20 Sailor lurer

21 Texas city near El Paso

22 Tyke's hauler

23 Totally dumb

24 With 41- and 60-Across, question whose answer is hidden in this puzzle

26 Primatologist Fossey

27 Mister

29 Ending for Nepal

30 Dangerous African fly

31 Baseball exec Bud

33 Kind of navel

35 Gallivant

38 Drinking site

39 — Paulo

41 See 24-Across

45 Tanning lotion spec

48 Kind of navel

50 Drooling hounds
- 51 — Stanley Gardner

53 Grassland

54 Former Saturn SUV

56 Roloids, e.g.

60 See 24-Across

65 Gossipy Barrett

66 Low opera voices

67 Debt slip

68 Trompe — (visual illusion)

71 The Andes, e.g.: Abbr.

72 Flamboyant flamenco entertainer

73 Armada ship

75 Heat's city

77 Resistance unit

78 Not active

80 Oerter and Unser

81 Lung-related prefix

83 First step of progress

85 With 101- and 123-Across, how to find the hidden answer

89 Singer Flack

92 Camping gear retailer

93 OR figures
- 94 Statistician Silver

95 "The Barber of Seville" composer

98 Desert plants

100 The, to Henri

101 See 85-Across

106 Turn — dime

108 Romania's basic currency unit

109 Makes mad

110 Spanish hero of yore

112 Fur king John Jacob —

116 Job follows it

119 With 127-Down, China's — -tung

120 — -tac-toe

122 "You bet, amigo!"

123 See 85-Across

128 Detectives

130 Hollywood's Eastwood

131 — Obispo, California

132 National dish of Korea

133 Boundary bushes

134 University life
- 135 Response to news you already knew about

37 Look on one's face

40 Sole male offspring

42 Cain and —

43 Sitcom cousin

44 Old emperor

45 Vojvodina native

46 Direct a sermon at

47 Seemingly spontaneous public assembly

49 Snare

52 "Frozen" heroine

54 Cello's ancestor

55 Howl in grief

57 Public

58 Private

59 The, to Hans

61 Actress Petty

62 Cow catcher

63 "You win"

64 Sine qua —

69 Paint applied thickly

70 Ding-a- —

73 U. senior's test

74 K-12

76 Time on end

77 Paddle's kin

79 Slate clearer

82 Bullring cries

84 Road's shoulder

86 Wet blanket

87 "Curses!"

88 Kin of Ltd.

90 Get rancid

91 Jeans go-with

96 Social finish?

97 Denials

98 Ozone-depleting compound, for short

99 — bad way

101 1985 Chevy Chase film

102 Fix, as a shoe part

103 Beat at eBay

104 Federation

105 God, in the Hebrew Bible

107 In itself

111 Spine parts

113 Church gift

114 Actor Milo

115 Step part

117 — Kong

118 Kin of -trix

119 Temperate

121 Ad award

124 She-bear, in Spanish

125 Apple buy

126 Viroid stuff

127 See 119-Across

129 British record co.

1	2	3	4	5	6	7		8	9	10	11	12	13	14		15	16	17	18	19	
20								21								22					
23								24								25					
26					27		28		29							30					
31				32		33		34				35	36	37					38		
			39		40		41				42					43	44				
45	46	47		48		49					50										
51			52		53				54	55				56					57	58	59
60				61				62				63	64				65				
66								67				68				69	70		71		
	72							73				74				75	76				
77				78		79				80						81				82	
83			84			85			86				87	88							
89				90	91				92				93				94				
			95					96	97				98				99		100		
101	102	103									104	105				106		107			
108						109					110				111		112		113	114	115
116			117	118						119					120		121		122		
123							124	125	126						127		128		129		
130							131									132					
133							134									135					

King Crossword

- ACROSS**

1 Earth (Lat.)

6 Witnessed

9 — -relief

12 Symbol of slowness

13 Inventor Whitney

14 Genetic abbr.

15 Of punishment

16 Burma's capital, once

18 Astute

20 Took the train

21 Oom follower

23 Thither

24 Xbox enthusiast

25 " — a Kick Out of You"

27 Worked with rattan

29 Circle around the sun

31 Conspiracy of silence

35 Cardiff's people

37 Sunrise

38 200 milligrams

41 Gear tooth

43 Affirmative action?

44 Culture medium

45 Cringes

47 Longtime Klugman
- co-star

Symbol of sorrow

52 Jazz job

53 Accomplished

54 Intact

55 Individual

56 Chances, for short

57 Gummy's horse

1 Recipe meas.

2 Away from WSW

3 Cowboy,
- often

4 Iranian money

5 Dumpster location

6 Venus' sister

7 Winged

8 Victory

9 Witch craft?

10 Battery terminal

11 Less loony

17 Ranked

19 Singer's recording

21 Snapshot

22 Past

24 Jewel
- 26 In the direction of

28 "Forget it!"

30 Trawler need

32 Rifle

33 Pair

34 Moreover

36 Berates

38 Freight

39 Over

40 Kitchen need

42 Outfit

45 Film sample

46 Nevada city

48 Commotion

50 Regret

51 Pigs' digs

MAGIC MAZE ● THINGS WITH A HEAD

M D B X W U M R O L I E B E Y  
V S L Q R O U N K H E B Y C B  
W T G O V E R N M E N T R U E  
O L J G H E D R N B Y W L T E  
U R P N K E I N A G D C B T R  
Z X V S Q R S O I C F M K E I  
G E C A Y E E U L L O W M L U  
S Q P N N V L W O I Y M J B H  
F E C A Y I X G O H A C E A V  
U S Q P N R P M K H J R H T F  
E C B Z Y X V U T R S Q T P O

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Beer

Comet

Cylinder

Drum
- Golf club

Government

Hammer

Household
- Lettuce

Nail

Pin

River
- Shower

Table

Trail



"Let's hope the \_\_\_\_\_ lessons pay off."

answer on page 35B

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Skill        
NATTLE  
Fiend        
TUBER  
Grudge        
TIPES  
Notify        
ALIGNS

TODAY'S WORD

		3		4			5	
	6		9			1		
1					7			6
		8			5	4		
	1			7			8	
2			4					3
9			8					2
		2		5			9	
3	5				1	8		

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 37B

HOCUS-FOCUS

BY HENRY BOLTIKOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Neckline is lower. 2. Rag is missing. 3. Arm and mop are moved. 4. Cabinet is moved. 5. Number is different. 6. Skateboard is missing.

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# My Stars ★★★★★

FOR WEEK OF MARCH 27, 2017

**ARIES** (March 21 to April 19) Be careful about doing someone a favor when you don't know the full story behind the request. Don't rely on someone's unsubstantiated assurances. Insist on all the facts before you act.

**TAURUS** (April 20 to May 20) That workplace problem still needs your attention before you finally can close the book on it. Meanwhile, a long-anticipated reunion gets closer to becoming a happy reality.

**GEMINI** (May 21 to June 20) You might be demanding more from others

than they can give. Best advice: Have a long and frank talk to determine what the facts are. Tensions should abate as the week winds down.

**CANCER** (June 21 to July 22) Aspects are favorable throughout this week for making contacts that could be important to your career plans. Meanwhile, an old friend offers the advice you're seeking.

**LEO** (July 23 to August 22) It's time to stop licking your wounds from past mistakes. Get up and get going toward your future. Loyal friends will be there to help the Lion get back into rip-roaring shape.

**VIRGO** (August 23 to September 22) Take time out to go over what's expected of you before you begin your new project. Otherwise, you run the risk of pushing

yourself harder than you need to.

**LIBRA** (September 23 to October 22) An unusual request could put you in an awkward position. Best advice: Deal with it immediately. The longer you delay, the more difficult it will be to get out of it.

**SCORPIO** (October 23 to November 21) You should feel recharged and ready for whatever your workaday world holds for you. The same positive energy spills over into your personal relationships.

**SAGITTARIUS** (November 22 to December 21) A prospect might be less than it appears to be. Like the Archer in your sign, you always aim for the truth. And this is no time to settle for less than full disclosure.

**CAPRICORN** (December 22 to January 19) Start doing some serious

ISLAND SUN - MARCH 24, 2017 | 35B

thinking about a career move that could entail more than just changing job sites. Some lifestyle changes also might be involved.

**AQUARIUS** (January 20 to February 18) With tensions easing at the workplace, a more positive environment once again encourages the free flow of ideas so typical of the always-innovative Aquarian.

**PISCES** (February 19 to March 20) Show some of that usually hidden steel-strong Piscean backbone, and stand up for yourself if you hope to make a case for that promotion you know you deserve.

**BORN THIS WEEK:** You enjoy doing new things and staying ahead of the crowd. You would make a fine sports coach or military leader.

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## SCRAMBLERS

*solution*

1. Talent; 2. Brute;  
3. Spite; 4. Signal

*Today's Word*

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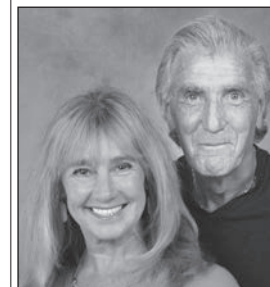


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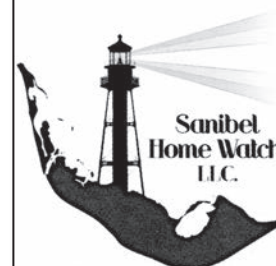
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# PUZZLE ANSWERS

# SUPER CROSSWORD

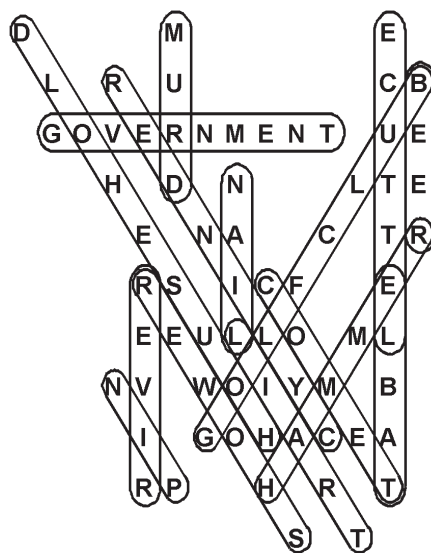
G	R	A	D	A	T	E		S	C	O	T	I	A	N		A	L	I	B	I	
L	R	O	R	E	L	E		S	O	C	O	R	R	O		W	A	G	O	N	
A	S	I	N	I	N	E		W	H	A	T	A	M	U	S	E	M	E	N	T	
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# KING CROSSWORD

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## MAGIC MAZE

## THINGS WITH A HEAD



# SUDOKU

8	2	3	1	4	6	9	5	7
5	6	7	9	3	2	1	4	8
1	4	9	5	8	7	3	2	6
7	3	8	6	2	5	4	1	9
6	1	4	3	7	9	2	8	5
2	9	5	4	1	8	7	6	3
9	7	1	8	6	4	5	3	2
4	8	2	7	5	3	6	9	1
3	5	6	2	9	1	8	7	4

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**8:00 AM - NOON SATURDAYS**

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**EMAIL: [IslandCondo@comcast.net](mailto:IslandCondo@comcast.net)**

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[brightntidy@gmail.com](mailto:brightntidy@gmail.com)  
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- Property Clean up • Landscape Trimming & Pruning
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or  
Landscape  
Project**

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Project**

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Offering Personal, Private, and Professional Real Estate Services on Sanibel and Captiva Islands. 30 Year Resident of Sanibel. Licensed in Florida, New York, Pennsylvania and New Jersey.  
\*RS 4/29 CC TFN

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PROPERTY MANAGEMENT & SALES  
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700 square feet at  
1619 Periwinkle Way Suite 105.  
Immediate Occupancy.  
Call Joe Gil 516-972-2883  
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\*RS 12/23 CC TFN

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Studio or small 1 bedr. wanted by quiet 68 yr. semi-retired property owner & landlord himself, clean & physically fit. Pay rent or exchange for caretaking, lawn care, painting, carpentry, chores, etc.  
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charliereid@tllc.net.  
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Buttonwood Lane  
Darling beach cottage,  
2BR/1BA, pool, 5 lots to the beach,  
fenced yard, pets allowed w/approval.  
Completely renovated/remodeled,  
private and very upscale!  
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Website: baileysbeachcottage.com  
\*NS 1/27 CC TFN

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Renovated luxury 2BR/2BA, sleeps 8,  
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Golf, bike paths, fly fishing, \$3,000/mo, or  
shorter stays, scottcrater@yahoo.com  
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**EAST END**  
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townhome, offers 2 bedrooms/1½ baths,  
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\*NS 3/24 CC 4/14

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Servicing Residential & Commercial Pools!  
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License & Insured  
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Lawn Service, Shrubs and Tree Trimming  
Weeding, Installation of Plants, Trees and  
Mulch (one month free service available)  
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scarnatolawn@aol.com  
\*RS 1/25 BM TFN

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Optimize your health and home  
Utilizing hydrogen peroxide, fresh citrus,  
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Sonya @ 239-246-7007.  
\*RS 12/23 CC TFN

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Call Roger 239-707-7203.  
Aqualink - Motor Controls.  
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\*RS 6/7 CC TFN

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Complete Landscaping Services  
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Mulch Installation, Landscaping Project,  
or Tree Trimming Project.\*  
Call today for a FREE estimate:  
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Residential Cleaning to Satisfaction  
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Sanibel & Captiva Islands.  
Exterior & Interior Cleaning. Tire Dressing.  
I come to your Home, Condo or Hotel.  
Reasonable Rates. Satisfaction  
Guaranteed. 239-284-3639.  
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\*NS 1/13 CC 3/31

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Part Time Evening And Weekend Front  
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energetic, personable, and fun  
individuals, with open availability  
Monday through Sunday.  
If interested call and ask for  
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\*NS 5/6 BM TFN

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**WORK WANTED**  
Two ladies looking for work ,full time on  
Sanibel.Nursing care, shopping, running  
errands, housework provided.  
Have excellent references.  
Please contact 207-350-9410  
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**1961 CORVETTE CONVERTIBLE**  
Roman Red/Wht coves.  
Frame off Restoration.  
Runs great, looks great, driven weekly.  
Very original except motor, a 327 small  
block V8 w/ 4 Speed manual transmission.  
\$69k Call 551/5740282 or  
ramruns@yahoo.com  
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**1963 CHEVROLET CORVETTE SPLIT WINDOW COUPE**  
Original 340hp Motor, 4 speed,  
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863-225-3829  
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**GOLF CART FOR SALE**



Street legal, "gas" powered.  
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\*RS 1/20 BM TFN

BOATS - CANOES - KAYAKS

**DOCKAGE**  
Hourly, Daily, Weekly  
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\*RS 1/4 NC TFN

**2005 PURSUIT 26' CENTER CONSOLE**



Great Fishing Boat.  
One time Sanibel owner.  
2-225 Yamahas - Loaded  
Garmin, Radar, Power Steering, New VHF  
Radio. Very Clean, Excellent Shape.  
New Reduced Price \$54,900.  
Call Conrad Kissell, Walker Marine  
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**SALE**

**GARAGE SALE**  
3 bikes, 2 kids bikes, bookshelves,  
2 sleep&play, kids bed, rugs,  
var.household items, toys and more  
Saturday, March 25 from 8am to 2pm  
1426 Causey Ct., Sanibel-no early birds pls.  
\*NS 3/24 CC 3/24

# Complimentary Screenings By Lions Club

The complimentary Sanibel-Captiva Lions Club diabetes, glaucoma, hearing and blood pressure screenings will be performed from 9:30 a.m. to 12:30 p.m. on Wednesday, March 29 at the Sanibel Recreation Center. The diabetes test uses a tiny drop of blood extracted with an almost painless prick of the finger, which is then read by a blood glucose meter in five seconds. The glaucoma test checks peripheral vision and eye pressure, which can detect existing eye damage and/or provide predictive information. The screeners have been trained and certified by a doctor and use all appropriate methods to ensure antiseptic

conditions and privacy during the screening. Screenings are performed on a first come basis. Finding and treating eye disease early is the best way to limit the effects of glaucoma and diabetic eye disease. If left untreated, they may cause severe vision loss or even blindness. The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call 472-0345 or visit [www.mysanibel.com](http://www.mysanibel.com).✽

## Book Signing

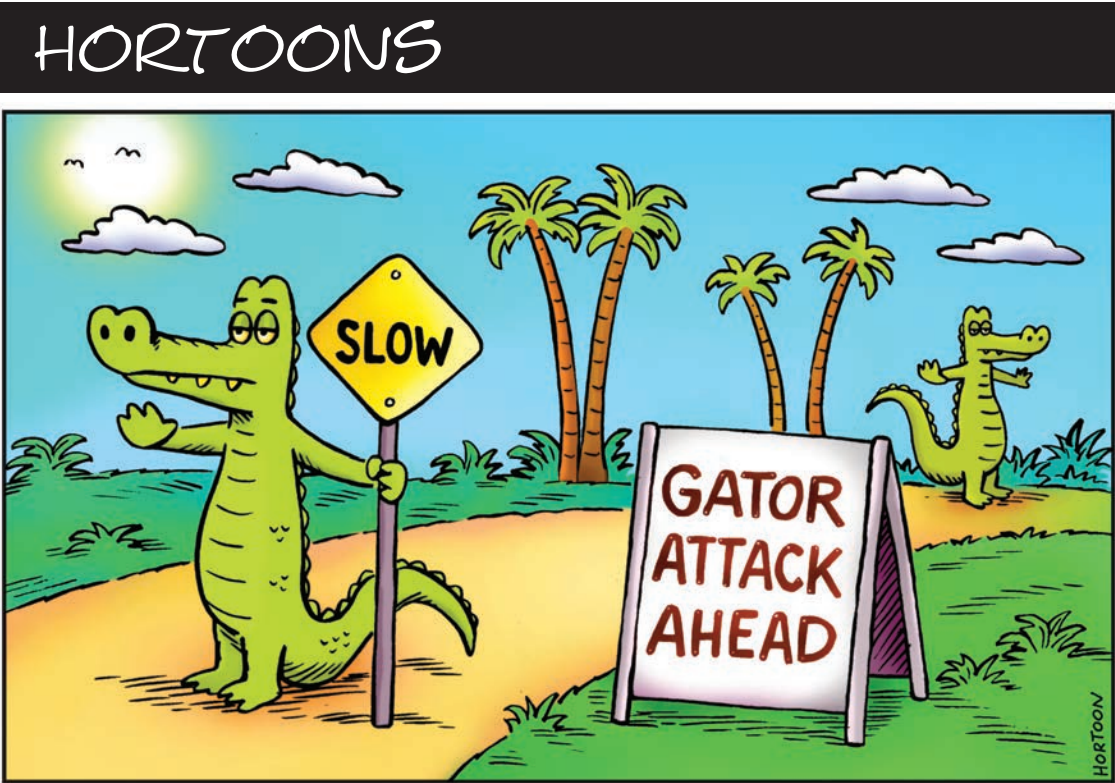
Katharine Britton will be signing her books at MacIntosh Books on Wednesday, March 29 from 11 a.m. to 1 p.m. Britton has a master's degree in creative writing from Dartmouth College. When not at her

desk, she volunteers at "Ding" Darling National Wildlife Refuge and at the Clinic for the Rehabilitation for Wildlife (CROW). Britton's latest novel, *Vanishing Time* (2016) is set in South Carolina's Low Country: A mother's frantic search for her missing son stirs up painful memories that send her reeling back to her childhood and the mysterious car crash that killed her black mother and white father. As the clock ticks down, exhausted, haunted by dreams, and stymied by the police and local community, this young mother enters a world in which she must rely on instinct over fact, and where no one and nothing is what it seems – not even the boundary between the living and the dead. MacIntosh Books is located at 2330 Palm Ridge Road in Palm Ridge Place. For more information, call 472-1447.✽



Katharine Britton photo provided

To advertise in the *Island Sun* call 395-1213





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SANIBEL CAPTIVA CHARTER CHAPTER

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5 - 9 pm**

Sanibel Community House  
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Sanibel, Florida

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For Tickets or Sponsorships  
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## Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bonita Beach	Bonita Springs	2012	5,000	\$5,995,000	\$5,545,000	90
Metes and Bounds	Sanibel	1978	2,960	\$4,500,000	\$4,100,000	111
Metes and Bounds	Captiva	2000	3,798	\$2,495,000	\$2,250,000	20
Watsons C S Add	Fort Myers Beach	2009	2,537	\$2,199,000	\$2,175,000	0
Hills TP	Fort Myers Beach	1989	3,382	\$1,850,000	\$1,690,000	347
Butterknife	Sanibel	2004	4,515	\$1,849,000	\$1,675,000	165
Fort Myers	Fort Myers Beach	1986	2,160	\$1,550,000	\$1,410,000	87
McGregor Isles	Fort Myers	2008	3,403	\$1,299,000	\$1,125,000	25
The Shores	Fort Myers	2013	3,127	\$1,199,000	\$1,165,000	96
Jose's Hideaway	Captiva	1974	2,202	\$1,100,000	\$735,000	0

Courtesy of Royal Shell Real Estate



# OPEN HOUSE

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OR STOP BY VIP REALTY AT: 1560 PERIWINKLE WAY, 2000 PERIWINKLE WAY OR 14970 CAPTIVA DRIVE

## SUNDAY, MARCH 26TH • ALL DAY 9AM - 4PM

- 340 East Gulf Drive - Sanibel Estates**  
Cute near beach cottage on East End. 2BR, 2BA, near shops & restaurants. \$579,000
- 518 N Yachtsman Dr - Yachtsman Cove**  
Fully updated 3BR, 3BA + loft, elevator, enclosed lower level storage, hot tub, direct access boat dock & community pool. \$1,399,000
- 1030 Kings Crown Drive - Shell Harbor**  
Popular East End canal home with Pool. Neat as a pin! Ground level - No stairs. \$929,000
- Sanibel Surfside 225 - 610 Donax Street**  
Immaculate gulfview 2BR, 2BA remodeled condo. Perfect for investment property or personal use. \$774,900
- Island Beach Club 220E - 2265 West Gulf Drive**  
Amazing views! Updated, 2 BR, 2BA - Weekly Rentals - Great Income! \$1,039,000
- 644 Lake Murex Circle - Lake Murex**  
Very near the beach, elevated, updated 3BR, 2BA with a pool. \$699,000
- 4619 Brainard Bayou Road - Sanibel Bayous - North**  
Private 3BR, 2BA updated home with lots of natural vegetation and serene path leading back to small lagoon. \$549,900
- 16464 Captiva Drive, Captiva Island**  
150 ft of Prime Beach Frontage - Walls of Glass Overlooking the Gulf, 3BD, + Office 4BA Main House - 4 BD, 4.5 BA Guest House - Pool \$6,245,000

## 9AM - NOON

- 1862 Farm Trail Road - Island Woods**  
Nestled among nature - 3BR/2BA Island home with open floor plan, high ceilings, large lanais and fireplace. \$675,000
- 5105 Sanibel Captiva Road**  
Remodeled 4BR/3BA + In-Law Suite - Private Pool - Ground Level, 5 minutes to beach - Near Ding Darling, School & Rec Center. \$649,000

## 1PM - 4PM

- 15602 Caloosa Creek Cir - Caloosa Creek**  
Perfect 3BR, 2BA +Den home with wonderful outdoor spaces. New appliances, AC, hot water heater, shutters, and more! \$485,000
- 15777 Caloosa Creek Cir - Caloosa Creek**  
Large 3BR, 2.5BA home in sought after Caloosa Creek, large backyard for privacy, short walk to the community pool and tennis courts. \$545,000
- 15795 Caloosa Creek Cir - Caloosa Creek**  
Gorgeous 3BR/3BA home in sought after Caloosa Creek, large backyard for privacy near the community pool & tennis. \$490,000
- 16171 Bentwood Palms - Coconut Creek**  
Spacious 3BR, 3BA PLUS Office PLUS Workshop/Bonus Room, LR, DR, FR, Chef's Kitchen, 2-Car Garage & Pool. \$549,000
- 12645 Coconut Creek Ct - Coconut Creek**  
Lakefront 3BR/2BA + Den or 4th Bedroom, open floorplan, professionally landscaped, shows like a model. \$455,000
- Mariner Pointe 1412 - 760 Sextant Drive**  
Great investment! 1BR/1BA, glass-enclosed lanai, and covered deck. Bayfront complex with boat slips, fishing pier, pools, tennis courts, shuffleboard, & more. \$344,900
- 900 Almas Ct - Eastwood Landing**  
East end canal access directly across from the Beach! Spacious, 3,100 sq living, 3BD + Den & 3.5BA, pool, dock, elevator - Community Tennis \$1,289,000
- 755 Pen Shell Drive - Shell Harbor**  
Large corner lot, spacious 3BR/2BA home w/ many upgrades. Eat-in kitchen, lg family room, formal living room, screened pool, boat dock & seawall canal, perfect ground level home! \$879,000
- 1447 Albatross Road - The Dunes**  
Enjoy the Dunes and sanctuary views in this elevated 3BR, 2BA pool home. \$579,000
- 1478 Albatross Road - The Dunes**  
Remodeled 3BR, 2BA, den/media room, heated pool, tile throughout, vaulted ceilings, updates galore! \$649,000
- 1525 San Carlos Bay Drive - Sanibel Harbor**  
Remodeled 4BR, 2BA pool home overlooking 175' of canal frontage w/ 2 boat lifts, wood & tile floors, wet bar, 2-car garage. Seconds from the Bay. \$1,895,000
- 1029 Dixie Beach Blvd - Gumbo Limbo**  
Best value on Sanibel - 2BR, 2BA elevated home on an oversized lot adjoining conservation lands. \$450,000
- 1602 Serenity Lane - Gumbo Limbo**  
Lakefront 4BR, ground level home with spacious living areas and 2-car garage. \$479,999
- High Tide A102 - 2659 West Gulf Drive**  
Direct gulf front luxury condo. 3BR/2.5BA, high impact windows, beautifully decorated. \$1,649,000
- High Tide C101 - 2659 West Gulf Drive**  
Condo feels like a home! Occupies entire first floor - no side neighbors. 2 BR + Den/2BA - 2600 sq ft. \$1,145,000
- 2074 Wild Lime Drive - Sanibel Bayous - The Ridge**  
Ground level 3BR, 2BA pool home nestled in nature. Pool fountain, hurricane shutters, 2-car garage and more! \$579,000
- 4239 Gulf Pines Drive - Gulf Pines**  
Charming 3BR/2BA home in Gulf Pines offering wide lake and sanctuary views. \$549,000
- 5313 Punta Caloosa Court - Caloosa Shores**  
Bring your boat! 4BR/3BA pool home on canal, updated kitchen and bath. Lovely. \$998,000

## MONDAY, MARCH 27TH • ALL DAY 9AM - 4PM

- 340 East Gulf Drive - Sanibel Estates**  
Cute near beach cottage on East End. 2BR, 2BA, near shops & restaurants. \$579,000
- 1030 Kings Crown Drive - Shell Harbor**  
Popular East End canal home with Pool. Neat as a pin! Ground level - No stairs. \$929,000
- Sanibel Surfside 225 - 610 Donax Street**  
Immaculate gulfview 2BR, 2BA remodeled condo. Perfect for investment property or personal use. \$774,900
- 958 Sand Castle Rd - The Dunes**  
3BR, 2BA, fireplace, heated pool & spa - Great outdoor space. \$679,000
- 1862 Farm Trail Road - Island Woods**  
Nestled among nature - 3BR/2BA Island home with open floor plan, high ceilings, large lanais and fireplace. \$675,000
- 2030 Sunrise Circle - Periwinkle Properties**  
Spacious 3BR/3BA lakefront family home. Soaring ceilings, ground level workshop/studio/storage areas, elevator, screened pool. Split floor plan. \$679,000
- Island Beach Club 220E - 2265 West Gulf Drive**  
Amazing views ! Updated, 2 BR, 2BA - Weekly Rentals - Great Income! \$1,039,000
- 3021 Singing Wind Drive**  
Beach cottage w/ 3BR/2BA on quiet lane with beach access. Wood & tile throughout, screened lanai, 2-car garage. Furnished. \$529,000
- 644 Lake Murex Circle - Lake Murex**  
Very near the beach, elevated, updated 3BR, 2BA with a pool. \$699,000
- 5105 Sanibel Captiva Road**  
Remodeled 4BR/3BA + In-Law Suite - Private Pool - Ground Level, 5 minutes to beach - Near Ding Darling, School & Rec Center. \$649,000
- 16464 Captiva Drive, Captiva Island**  
150 ft of Prime Beach Frontage - Walls of Glass Overlooking the Gulf, 3BD, + Office 4BA Main House - 4 BD, 4.5 BA Guest House - Pool \$6,245,000

## 9AM - NOON

- 518 N Yachtsman Dr - Yachtsman Cove**  
Fully updated 3BR, 3BA + loft, elevator, enclosed lower level storage, hot tub, direct access boat dock & community pool. \$1,399,000
- 1525 San Carlos Bay Drive - Sanibel Harbor**  
Remodeled 4BR, 2BA pool home overlooking 175' of canal frontage w/ 2 boat lifts, wood & tile floors, wet bar, 2-car garage. Seconds from the Bay. \$1,895,000
- 1295 Par View - Beachview Estates**  
Lakefront 3 BR, 2 BA, caged and elevated pool. Living room family room, spacious floor plan, fenced yard and lake and golf course views. \$699,000
- 1809 Bowmans Beach Rd**  
Freshly remodeled near beach home, 3 BR, 2BA, heated pool, large lanai, turnkey furnished. \$799,900
- 1020 White Ibis Drive - Gulf Shores**  
Enjoy long lake views and the easy walk to the beach from this ground level 3 BR, 3BA home. \$739,000

## 1PM - 4PM

- 755 Pen Shell Drive - Shell Harbor**  
Large corner lot, spacious 3BR/2BA home w/ many upgrades. Eat-in kitchen, lg family room, formal living room, screened pool, boat dock & seawall canal, perfect ground level home! \$879,000
- 1602 Serenity Lane - Gumbo Limbo**  
Lakefront 4BR, ground level home with spacious living areas and 2-car garage. \$479,999
- 545 Piedmont Road - Sanibel Highlands**  
3BR, 2BA elevated home featuring updated kitchen, bamboo & tile floors, 3-car garage, lush landscaping & great location. \$649,000
- 4239 Gulf Pines Drive - Gulf Pines**  
Charming 3BR/2BA home in Gulf Pines offering wide lake and sanctuary views. \$549,000
- 5299 Umbrella Pool Road - Sanibel Bayous - The Ridge**  
West end 3BR, 2.5BA near beach home near Bowman's Beach. \$595,000
- 5305 Umbrella Pool Road - Sanibel Bayous - The Ridge**  
Near beach split plan 3BR/2BA with Community Pool & Tennis. Value priced & furnished. \$599,995
- 5657 Sanibel Captiva Road**  
Clam bayou home. 3BR/2BA built in 2013. Heated pool, elevator, waterfront. \$995,000

For a Map, scan this:

